# Comparative study on the Inflammatory Response after Endovascular Aortic aneurysm Repair and Endovascular Aneurysm Sealing

Published: 22-11-2018 Last updated: 10-04-2024

Primary objectiveTo establish whether EVAS results in a reduced post-operative inflammatory response, reflected by a lower incidence of the post-implant syndrome, during the first year after surgery, compared to EVAR as assessed by trends in...

**Ethical review** Approved WMO **Status** Will not start

**Health condition type** Aneurysms and artery dissections

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON46674

#### **Source**

**ToetsingOnline** 

#### **Brief title**

**INSPIRE** study

#### **Condition**

Aneurysms and artery dissections

#### Synonym

Inflammatory response

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Rijnstate Ziekenhuis

1 - Comparative study on the Inflammatory Response after Endovascular Aortic aneurys ... 10-05-2025

Source(s) of monetary or material Support: Endologix

Intervention

**Keyword:** Aortic aneurysm, EVAR, EVAS, Post Implant Syndrome

**Outcome measures** 

**Primary outcome** 

The difference in early post-operative and long term inflammatory response between EVAS and EVAR, measured by the incidence of the post-implant syndrome, the rise in WBC and circulating cytokines (TNF-\*, Interleukin (IL)-1, 1RA, 6, 10, 18, CRP), Troponin I, NT-pro-BNP, at specified time points up to 12 months

**Secondary outcome** 

after surgery.

1. The change in aortic thrombus volume and its relationship with the inflammatory response, measured by cytokines\* concentrations.

2. Post-operative pyrexia, measured at 24 and 48 hours.

3. 30-day and 1-year morbidity, cardiac complications (including measures of troponin I, NT-proBNP, and (all-cause and cardiac) mortality, their relationship with the type of graft used and the inflammatory response, measured by cytokines\* concentrations.

# **Study description**

#### **Background summary**

Endovascular sealing of abdominal aortic aneurysms (EVAS) is a new technique to treat infrarenal abdominal aortic aneurysms (AAA), which can be performed more expeditiously than endovascular aneurysm repair (EVAR). The difference with EVAR is that fixation and seal are provided from polymer filled endobags that

are placed in the aneurysmal sac. The post-implantation syndrome (PIS) is the clinical and biochemical expression of an inflammatory response following endovascular repair of an aortic aneurysm. More specifically, the presence of fever (body temperature >38 C for \*1 day) and leukocytosis (WBC >12.000/mL) with negative blood cultures and is occurring in over 30% cases after EVAR. It is related to prolonged hospital stay and elevated CRP levels, that in turn increase the risk on major adverse cardiac events. The presence of PIS is an independent predictor of an adverse event during the first 30 days. Sartipy et all (2015) showed that the magnitude of the post-operative inflammatory response depends on the type of endoprosthesis used for EVAR. Anecdotal reports suggest that EVAS causes a dampened inflammatory response compared to EVAR. Berg et all (2017) recently showed that EVAS is related to a lower postoperative CRP level, lower white blood counts and a lower temperature, compared to standard EVAR. In addition, less cardiac complications were seen. This difference may be due to many factors, including the avoidance of fresh luminal thrombosis after EVAS (as the endobags completely fill the aneurysm flow lumen) and/or the different physical properties of the endograft. If confirmed, this may result in improved clinical outcome, as the magnitude of the post-operative inflammatory response has been correlated with the occurrence of complications. The one-year data of the EVAS-FORWARD Global showed a higher than expected freedom from all-cause mortality rate (95%), mainly driven by a 98% freedom from cardiovascular death. The current study was designed to compare the occurrence of the post-implantation syndrome after EVAR and EVAS of people aged 50 years and older since aneurysms that occur at young age are mostly inflammatory. This study was also designed to unravel the cytokines which are involved in the post-implantation syndrome after EVAR and EVAS.

#### Study objective

#### Primary objective

To establish whether EVAS results in a reduced post-operative inflammatory response, reflected by a lower incidence of the post-implant syndrome, during the first year after surgery, compared to EVAR as assessed by trends in circulating inflammatory cytokine concentration.

#### Secondary objectives

- 1. To establish if there is a difference in the incidence of the Post Implant Syndrome between EVAR and EVAS.
- 2. To establish whether the post-operative inflammatory response after EVAR/EVAS is proportional to changes in aortic intra-luminal thrombus.
- 3. To investigate the relationship between the measured post-implant inflammatory response and cardiac damage as measured by troponin and Pro-BNP and cardiac adverse events.

#### Study design

A prospective observational comparative study.

#### Study burden and risks

Abdominal Aortic Aneurysm is a life threatening condition. Although treatment of these aneurysms with endovascular devices is generally safe, intra-operative and post-operative complications can and do occur. In this observational study all surgical or medical procedures will performed per standard of care at each participating Institute. The study protocol itself does not therefore introduce any additional risk for the patient.

Patients treated with endovascular devices are generally monitored on an annual basis to detect device related complications or disease expansion, with a more intense surveillance during the first year. This study protocol will collect routine clinical data at specified time points and will not require additional patient visits or investigations, except for the blood sampling which is mandatory.

There are no direct harms or benefits to an individual patient associated with participation in this study. However, collectively the data generated by this study will benefit the medical and surgical communities\* understanding of the performance of the studied devices.

### **Contacts**

#### **Public**

Rijnstate Ziekenhuis

Wagnerlaan 55 Arnhem 6800TA NL

#### **Scientific**

Rijnstate Ziekenhuis

Wagnerlaan 55 Arnhem 6800TA NL

## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- Elective EVAR/EVAS
- Ability and willingness to provide written informed consent
- Age \*50 years

#### **Exclusion criteria**

- Complex EVAR or EVAS, including iliac branched and supra-renal repairs (pre-planned visceral chimneys, fenestrations or branches)
- Ruptured or symptomatic AAA
- Planned internal iliac artery embolization
- Acute or chronic inflammatory illness (i.e. upper respiratory tract infection)
- Active rheumatoid arthritis
- Inflammatory bowel disease
- Inflammatory and mycotic aneurysms
- Planned associated surgical procedure (i.e. iliac conduit, femoral endarterectomy, etc.)
- Previous aortic surgery (open or endovascular)
- Untreated malignancy
- Major surgery six weeks before EVAR/EVAS
- Ongoing or recent immunosuppressive treatment, including corticosteroid use

# Study design

## **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Will not start

Enrollment: 30

Type: Anticipated

# **Ethics review**

Approved WMO

Date: 22-11-2018

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL64578.091.18