# Prospective Longitudinal Study Using Functional MRI and Met-PET Imaging for Treatment Evaluation in Glioblastoma Patients

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This study aims to establish the diagnostic accuracy of functional MRI techniques and MET-PET individually and combined in treatment evaluation of glioblastoma.

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Nervous system neoplasms malignant and unspecified NEC

**Study type** Observational invasive

# **Summary**

#### ID

NL-OMON46687

#### Source

ToetsingOnline

#### **Brief title**

MRI and MET-PET treatment evaluation in glioblastoma

#### **Condition**

- Nervous system neoplasms malignant and unspecified NEC
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#### Synonym

Glioblastoma; Brain tumor

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen

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Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

Keyword: Glioblastoma, MRI, PET, Treatment evaluation

#### **Outcome measures**

#### **Primary outcome**

The diagnostic accuracy for differentiating between tumour recurrence and treatment effects will be compared for each imaging sequence independently and for the combinations. Longitudinal quantitative data will be extracted for each imaging technique.

#### **Secondary outcome**

not applicable

# **Study description**

#### **Background summary**

Glioblastomas (GBM) are the most malignant brain tumours with low survival rates. Treatment failure causes this tumour to inevitably recur, making close monitoring of GBM patients essential. The gold standard for follow-up is anatomical MR imaging based on contrast enhancement. However, this imaging method is hindered by pseudo-progression which can resemble true tumour progression, but is in fact due to treatment effects.

Functional imaging methods have been employed to overcome the limitations of anatomical MRI by measuring biological aspects of the tumour. Cellular density, tumour neovascularisation and tumour metabolites can be visualised by diffusion MRI, perfusion MRI and MR spectroscopy, respectively. Increased metabolism associated with tumour tissue is detectable with methionine PET (MET-PET). Although these functional imaging techniques individually showed promising results in differentiating pseudo-progression from true tumour progression, a large prospective study comparing all techniques directly in the same patients is lacking.

#### Study objective

This study aims to establish the diagnostic accuracy of functional MRI techniques and MET-PET individually and combined in treatment evaluation of glioblastoma.

#### Study design

In this prospective longitudinal cohort study 40 primary glioblastoma patients will undergo multimodal MRI and MET-PET within 72 hours after surgery to acquire a baseline scan. Follow-up scans will be acquired 10 weeks after concomitant chemoradiotherapy (CCRT) and then with 3 months intervals until anatomical follow-up MRI is suggestive of tumour recurrence. The final diagnosis will be made radioclinically or histologically.

#### Study burden and risks

MRI and PET scanning is a routine and very safe procedure in clinical practice. Participation in this study will result in a prolongation of 10 minutes in MRI scanning. The extra PET scan has an additional scanning time of 25 minutes. As all glioblastoma patients will receive radiotherapy to the brain, irradiation from the PET is negligible.

## **Contacts**

#### **Public**

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# **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- Adult patients with a new primary glioblastoma.
- Scheduled to undergo standard treatment consisting of surgical resection followed by concomitant chemoradiation and adjuvant chemotherapy according to the Stupp protocol.
- Informed consent must be obtained
- No exclusion criteria

#### **Exclusion criteria**

- Patients with a recurrent or secondary glioblastoma
- Patients with a other intracranial tumour
- Patients with infratentorial glioblastoma
- Prior brain surgery or irradiation of the head
- Patients not scheduled for standard therapy (e.g. who will receive a biopsy without further resection)
- Minors (<18 years of age)

# Study design

## **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 17-10-2017

Enrollment: 40

Type: Actual

## **Ethics review**

Approved WMO

Date: 06-03-2018

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 23945 Source: NTR

Title:

## In other registers

Register ID

CCMO NL63082.042.17