# Strain-area loop in drug-induced (Selexipag (Uptravi(®))) afterload reduction of the right ventricular in pulmonary arterial hypertension

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Ethical review Approved WMO

**Status** Recruitment stopped

**Health condition type** Heart failures

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON46728

#### **Source**

**ToetsingOnline** 

**Brief title** 

**SALDIAPAH** 

#### **Condition**

- Heart failures
- Vascular hypertensive disorders

#### **Synonym**

pulmonary arterial hypertension, raised blood pressure in the pulmonary artery

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Radboud Universitair Medisch Centrum

Source(s) of monetary or material Support: ACTELION; farmaceutische industrie

#### Intervention

**Keyword:** Pulmonary arterial hypertension, Selexipag, Strain-area loop, Strain-volume loop

#### **Outcome measures**

#### **Primary outcome**

Primary endpoints are characteristics of the strain-area loop; slope systolic deformation (Sslope), slope diastolic deformation (Dslope).

#### **Secondary outcome**

Secondary endpoints

- occurrence of cardiovascular events and hospital admissions in the first two

years after starting selexipag

- characteristics of strain-area loop; intersection with the X-axis (RVEDA),

intersection with the Y-axis (peakstrain)

# **Study description**

#### **Background summary**

Pulmonary arterial hypertension (PAH) is a rare, progressive disease with a rather poor prognosis. In PAH patients, there is an increased resistance in the pulmonary artery, forcing the right ventricle to produce increased pressure to circulate the same amount of blood. This influence the right ventricle hemodynamics. Due to the increased pressure, the right ventricle become hypertrophic, thereafter dilated and finally results in right heart failure. Drug therapy in PAH aims to reduce the pulmonary resistance. Current methods to determine the vascular resistance reliable are invasive and therefore not practical to evaluate therapeutic success.

The introduction of Specke tracking echocardiography provides the opportunity to measure wall deformation (so called strain). By combining concomitant

temporal echocardiographic measures of strain and area of the ventricles a strain-area loop can be constructed. With this strain-area loop it is possible to measure hemodynamical changes in the heart. Previous studies showed that the strain-area loop characteristics changes as the invasive measured pulmonary artery pressure raises.

To explore the usability of this new non-invasive technique, we will examine whether drug-induces afterload reduction with Selexipag, a prostaglandin receptor antagonist, will influence the characteristics of the strain-area loop in PAH patients. In the future, this could be useful to follow-up PAH patients. Besides this, we will examine whether or not changes in characteristics of the strain-area loop have prognostic value.

#### Study objective

Our primary objective is to determine whether drug-induced reduction in pulmonary afterload causes a change in strain-area loop after 17 weeks of use of selexipag (maximum tolerable dose 2dd 1600 micrograms / day). Secondary objective is to investigate whether the drug-induced changes of the strain-area loop have prognostic value regarding the occurrence of cardiovascular events (death, hospitalization due to exacerbation of PAH) and disease progression based on NYHA classification and a 6MWD test within two years.

#### Study design

Explorative prospective study in which 25 PAH patients (WHO 1, NYHA II-III) will undergo a non-invasive echocardiogram before and 17 weeks after the start of selexipag to obtain strain-area loops. The occurrence of clinical cardiovascular events, hospital admissions and disease progression based on functional NYHA classification and the 6 MWD test will be reported for two years.

#### Study burden and risks

Test subjects will be treated with Selexipag on clinical grounds according to international guidelines and on the advice of the multidisciplinary pulmonary hypertension team of the Radboudumc Expertise center for pulmonary hypertension. Previous studies have shown that PAH patients benefit from this drug, which results of a reduction in mortality and from complications related to PAH. This study also shows that Selexipag is safe whereby the chance of serious adverse events is not increased. A few adverse events, mostly gastrointestinal side effects, occurred more frequently. These complaints outweigh the possible positive effects on health.

Subjects will undergo several echocardiograms. This measurement is non-invasive and does not involve any degree of risk.

This study provides not only more insight into PAH and the effects of drug

treatment, but may also indicate the application of a simple, non-invasive measurement that can be used during the follow-up of PAH patients to determine the effectiveness of the drug. These are potentially important benefits.

## **Contacts**

#### **Public**

Radboud Universitair Medisch Centrum

Geert Grooteplein Zuid 30 Nijmegen 6525 GA NL

#### Scientific

Radboud Universitair Medisch Centrum

Geert Grooteplein Zuid 30 Nijmegen 6525 GA NL

## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- men and female patiënts, aged betweent 18 and 75 years old
- PAH WHO group 1
- NYHA II-III
- decision to start with Selexipag/Uptravi(®) has already been taken
- legally capable, informed consent

#### **Exclusion criteria**

- pulmonary hypertension WHO group 2-5
- other prostacyclin usage < 1 month before inclusion
- moderate or severe obstructive lung disease
- severe restrictive lung disease
- moderate to severe liver function failure
- severe kidney failure
- -BMI < 18.5
- receiving another study product <1 month before or during study
- life expectancy less than 12 months
- pregnancy during study time
- known sensitivity to study medication

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 19-09-2018

Enrollment: 25

Type: Actual

## **Ethics review**

Approved WMO

Date: 24-05-2018

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL64665.091.18