# Diagnostic accuracy of spectral computed tomography for detection of flow limiting coronary stenosis using fractional flow reserve as the standard of reference

Published: 29-06-2016 Last updated: 17-04-2024

The overall objective of this project is to assess the accuracy of SDCT for the detection of flow limiting stenosis in the coronary arteries using invasive FFR as the standard of reference. Whereby different subaims (e.g. improvement of FFRCT) are...

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Coronary artery disorders
Study type	Observational invasive

# Summary

#### ID

NL-OMON47021

**Source** ToetsingOnline

Brief title CLARITY study

# Condition

- Coronary artery disorders
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

#### Synonym

coronary stenosis

#### **Research involving**

Human

1 - Diagnostic accuracy of spectral computed tomography for detection of flow limiti ... 5-05-2025

### **Sponsors and support**

Primary sponsor: Universitair Medisch Centrum Utrecht Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** Coronary artery disease, Coronary stenosis, Fractional Flow Reserve, Myocardial, Spectral computed tomography

#### **Outcome measures**

#### **Primary outcome**

The main study parameters are SDCT and invasively measured FFR. The main

endpoints is sensitivity and specificity of SDCT for the detection of

hemodynamically significant coronary artery stenosis defined as FFR <0.8. To

determine the main endpoints, our study is divided in different aims. For each

aim, different factors, whether or not combined together, are used to assess

(improvement of) the main study endpoints. These factors are:

- Improved definition of coronary anatomy by reducing blooming of calcifications
- FFRCT
- Myocardial iodine distribution
- Dynamic mycocardial perfusion

#### Secondary outcome

Secondary study parameters and endpoints are degree of calcium blooming and beam-hardening artifacts. A third parameter and endpoint is myocardial blood volume quantification.

# **Study description**

#### **Background summary**

Cardiovascular disease remains the leading cause of morbidity and mortality worldwide. Coronary computed tomography angiography (CCTA) and, if indicated, invasively measured fractional flow reserve (FFR) is currently used for ruling out significant coronary artery disease. FFRCT is a novel non-invasive technique in which FFR is derived from CT images, however this method is currently, just like CCTA, lacking specificity. Spectral Detector CT (SDCT) is a novel technique whereby a spectrum of monoenergetic images at different keV values (40 to 140keV) can be reconstructed. By using these monoenergetic images, tissue decomposition is possible and a decrease in blooming and beam-hardening artifacts could be achieved. In addition, SDCT offers the opportunity to assess myocardial iodine distribution and guantification. When combining these factors, we hypothesize more accurate information will be available about the coronary anatomy, degree of stenosis and FFRCT and thereby contribute to a more accurate way for the detection of hemodynamic significant stenosis. Therefore the aim of this study is to assess the accuracy of SDCT as a non-invasive way for the detection of hemodynamically significant coronary artery stenosis.

#### **Study objective**

The overall objective of this project is to assess the accuracy of SDCT for the detection of flow limiting stenosis in the coronary arteries using invasive FFR as the standard of reference. Whereby different subaims (e.g. improvement of FFRCT) are made to answer the overall objective. The second objective is to determine the decrease of blooming of calcifications and beam-hardening artifacts and the improvement of myocardial blood volume quantification on SDCT in comparison with conventional CT.

#### Study design

Prospective observational diagnostic mono-center study.

#### Study burden and risks

The patient will not benefit from participating in this study and will receive routine care and an additional SDCT scan for research purposes. This study aims to contribute to a non-invasive way of measuring hemodynamic significance in coronary artery stenosis in future patients. The risks of this study are low. The procedures performed are safe, with a small risk for side effects and/or allergic reaction to adenisone, beta blockers, nitroglycerin and contrast agent. The estimated extra radiation dose is below 10 mSv. Combined with the clinically performed FFR measurement it is estimated to be 9-18 mSv. The (long term) side effects of this amount of extra radiation are thought to be small. This study has been assessed by the radiation safety committee. The burden for the subjects is little: a few scans in one session, which will take <=30 min.

# Contacts

#### Public

Universitair Medisch Centrum Utrecht

Heidelberglaan 100 Utrecht 3584CX NL **Scientific** Universitair Medisch Centrum Utrecht

Heidelberglaan 100 Utrecht 3584CX NL

# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### **Inclusion criteria**

- >=18 years old;

- Suspected or known stable angina with pre-test likelihood of 50-85% using the method recommended by the European Society of Cardiology 2013 Guidelines on the management of stable coronary artery disease (Eur Heart J 2013);

- Referred for invasive testing with fractional flow reserve;

- Willing and able to give informed consent.

# **Exclusion criteria**

- Subjects with suspected or known stable angina with pre-test likelihood of 0-50% using the method recommended by the European Society of Cardiology 2013 Guidelines on the management of stable coronary artery disease (Eur Heart J 2013);

- Subjects who because of age, general medical or psychiatric condition, or physiologic status cannot give valid informed consent or tolerate the coronary CTA examination;

- Subjects with (severe) renal insufficiency, indicated as glomerular filtration rate (GFR) <60 ml/min;

- Subjects with unknown GFR or obtained >3 months before the planned scan;

- Contraindication or allergy to intravenous contrast agent(s);

- Subjects who participate in an other study with radiation which is estimated to be in risk category III (ICRP 62);

- Subjects who are pregnant;

- Subjects with contraindications to cardiac CT and/or step and shoot protocol, betablockers, adenosine or nitroglycerine.

# Study design

### Design

Study type: Observational invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Diagnostic	

# Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	29-03-2017
Enrollment:	75
Туре:	Actual

# **Ethics review**

Approved WMO Date:

29-06-2016

Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)
Approved WMO Date:	04-10-2016
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)
Approved WMO	
Date:	12-06-2018
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Utrecht (Utrecht)

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

#### In other registers

Register CCMO **ID** NL55917.041.16