# Visualizing beta cells in patients with a history of gestational diabetes

Published: 25-08-2016 Last updated: 30-01-2025

This study has been transitioned to CTIS with ID 2024-520392-27-00 check the CTIS register for the current data. The primary objective is to evaluate the difference in 68Ga-exendin tracer accumulation in the pancreas of women with and without a...

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Glucose metabolism disorders (incl diabetes mellitus)

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON47071

#### Source

**ToetsingOnline** 

#### **Brief title**

**GLP-1-gestational** 

#### **Condition**

Glucose metabolism disorders (incl diabetes mellitus)

#### **Synonym**

Gestational diabetes, pregnancy diabetes

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Nucleaire geneeskunde en radiologie

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

Keyword: Beta cells, exendin, gestational diabetes, PET

#### **Outcome measures**

#### **Primary outcome**

The main study parameter is the difference between the uptake of 68Ga-NODAGA-exendin-4 (measured by quantification/quantitative analysis of PET images) in the pancreas of women with and without a history of gestational diabetes mellitus as a measure for beta cell mass.

#### **Secondary outcome**

The secondary endpoint is to the correlation between 68Ga-exendin tracer accumulation and beta cell function of the subjects.

# **Study description**

#### **Background summary**

In order to evaluate the difference in beta cell mass in women with and without a history of gestational diabetes mellitus (GDM) we aim to compare quantitative PET imaging of the pancreas between these groups.

#### Study objective

This study has been transitioned to CTIS with ID 2024-520392-27-00 check the CTIS register for the current data.

The primary objective is to evaluate the difference in 68Ga-exendin tracer accumulation in the pancreas of women with and without a history of GDM by quantitative analysis of PET images.

#### Study design

Women with a history of GDM and women without a history of GDM as a control group will be recruited at the Radboudumc and by advertisement. After recruitment of the participating individuals, all women will undergo an

2 - Visualizing beta cells in patients with a history of gestational diabetes 24-05-2025

enrolment check at the Department of Radiology and Nuclear Medicine at the Radboudumc consisting of a medical interview and a physical examination performed by a qualified physician. Blood samples will be taken for laboratory checks (glucose, HbA1c, C-peptide, creatinine, ALAT, ASAT). On the same day an oral glucose tolerance test will be performed.

At the second visit, a PET/CT scan will be performed at the Radboudumc. 68Ga-NODAGA-exendin-4 will be administered to all participants. 1 hour after injection a PET/CT scan will be performed.

#### Study burden and risks

Injection of the radiopharmaceutical may theoretically result in nausea and headache as has been reported for (much higher doses) of Byetta® in therapy studies, although this has not been observed in imaging studies so far. In addition, single cases of low blood pressure and low blood glucose levels have been described after application of therapeutic or higher doses of Byetta®. Although low blood glucose levels only occurred after accidental heavy overdosing of Byetta®, patients will be closely monitored. However, in a previous study (CPOP-EX), we did not observe any side or adverse effects after 111In-DTPA-[K40]-Exendin 4 injection for all 20 patients included. Furthermore, in a study of Christ et al. no side effects were observed in 30 patients with endogenous hyperinsulinemic hypoglycemia after injection of 111In-DTPA-exendin-4. The expected radiation exposure will not exceed 5 mSv and is therefore considered minimal to little. However, sensitive and specific visualization and quantification of beta cell mass with this technique would be highly relevant for further understanding of the pathophysiology of type 2 diabetes and the development of new treatment options.

## **Contacts**

#### **Public**

Selecteer

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**Scientific** 

Selecteer

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Inclusion criteria (women with history of GDM);- Pregnancy with diagnosis of GDM, within the last 5 years;- No other previous pregnancies;- Complete resolution of GDM after delivery (HbA1c in normal range, fasting glucose < 100 mg/dl for at least 1 year in the absence of active pharmacologic therapy or ongoing procedures);- Signed informed consent;Inclusion criteria (women without history of GDM);- Pregnancy without problems in glucose homeostasis, within the last 5 years;- No other previous pregnancies;- No evidence of T2D at time of inclusion (HbA1c in normal range, fasting glucose < 100 mg/dl for at least 1 year in the absence of active pharmacologic therapy);- Insulin secretion-sensitivity index-2 (ISSI-2) >= 800 on oral glucose tolerance test;- Signed informed consent

#### **Exclusion criteria**

Exclusion criteria;- Previous treatment (within 6 months) with synthetic Exendin (Exenatide, Byetta®) or Dipeptidyl-Peptidase IV inhibitors;- Breast feeding;- Current pregnancy or the wish to become pregnant within 6 months;- Renal dysfunction (Calculated creatinine clearance below 40ml/min);- Liver disease defined as aspartate aminotransferase or alanine aminotransferase level of more than three times the upper limit of normal range ;- Age < 18 years;- Incapacitated;- No signed informed consent

# Study design

## **Design**

Study phase:

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 31-03-2017

Enrollment: 24

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: 68Ga-NODAGA-exendin-4

Generic name: 68Ga-NODAGA-exendin-4

# **Ethics review**

Approved WMO

Date: 25-08-2016

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO

Date: 30-08-2016

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO

Date: 16-04-2018

Application type: Amendment

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
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EU-CTR CTIS2024-520392-27-00 EudraCT EUCTR2016-000794-20-NL

CCMO NL56938.091.16