

# Serial biomarker AssesMent in adults after percutaneous cLOSure of the Atrial septal defect

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Primary Objective: Identification of patient characteristics, echocardiographic measurements and biomarkers that can contribute to a better selection of patients that benefit from percutaneous ASD closure at adult age. Secondary Objectives:-...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Congenital cardiac disorders
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON47308

### Source

ToetsingOnline

### Brief title

SAMOSa

### Condition

- Congenital cardiac disorders
- Cardiac and vascular disorders congenital

### Synonym

Atrial septal defect

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Adults, Atrial septal defect, Biomarkers, Congenital heart disease

## Outcome measures

### Primary outcome

Non-responders after percutaneous ASD closure will be defined as:

- Sustained echocardiographic RV dysfunction after one year (eyeballing, right ventricular fractional area change <35%, TAPSE <17 mm);
- Sustained high RV pressures after one year (measured by tricuspid regurgitation maximal velocity >2.8 m/s).

### Secondary outcome

The serial evolution of several variables will be investigated, in order to gain more insight in the pathophysiological consequences of volume-load reduction on the right heart:

- Biomarkers: NT-proBNP and other biomarkers that may arise to be potentially important during the execution of this study.
- Conventional echocardiography: RV dimensions, RV systolic function, LV dimensions, LV systolic and diastolic function;
- Speckle tracking echocardiography: global and segmental longitudinal strain of the RV and LV.

## Study description

### Background summary

The atrial septal defect (ASD) is a common congenital cardiac anomaly, accounting for approximately 10% of congenital cardiac anomalies.(1) Increased

pulmonary flow caused by left-to-right shunting can lead to pulmonary arterial hypertension in a subset of patients.(2) Left untreated, the consequent increase in pulmonary vascular resistance may cause progressive deterioration of right ventricular (RV) function and eventually death.(3,4) Therefore, ASD closure is performed in patients with significant shunts causing RV volume overload, unless specific contra-indications are present.(5)

As ASDs are usually detected and closed in childhood, less is known about the effects of ASD closure in adult patients. Previous studies have already shown that the adult heart continues to hold an ability to reverse remodel after removing the volume-overload, as right atrial and ventricular volumes were significantly smaller after ASD closure.(6) Presumably, these reverse remodelling processes are accompanied by subtle molecular changes in the heart. It remains unknown which biomarkers can best reflect these processes and to what extent biomarkers can contribute to the selection of patients that may benefit from ASD closure at adult age.

This observational, longitudinal cohort study aims to perform serial biomarker measurements in adult patients before, short-term after and long-term after percutaneous ASD closure. This will gain more insight in the pathophysiological consequences of volume-load reduction on the right heart. Moreover, this might contribute to a better selection of patients that actually benefit from ASD closure at adult age.

## **Study objective**

### Primary Objective:

Identification of patient characteristics, echocardiographic measurements and biomarkers that can contribute to a better selection of patients that benefit from percutaneous ASD closure at adult age.

### Secondary Objectives:

- Identification of biomarkers that reflect reverse or adverse cardiac remodelling processes after percutaneous ASD closure in adult patients.
- Detect echocardiographic changes after percutaneous ASD closure in adult patients.

## **Study design**

This is a prospective, observational cohort study with invasive measurements (drawing of blood samples). All adult patients who are scheduled to undergo percutaneous ASD closure in our center will be approached. Study inclusion implies that blood samples will be drawn during or right before the procedure, 1 day after the procedure, 3 months and 1 year after the procedure. During the 3 months and 1-year follow-up, patients already visit the outpatient cardiology clinic for a regular follow-up visit. Drawing of blood samples will be combined

with these outpatient follow-up visits. ECG and echocardiography measurements, performed as part of routine clinical care during these outpatient visits, will be additionally collected in our database. For each study subject the total study duration will be one year.

### **Study burden and risks**

For this study, blood samples (7 tubes, 44 mL blood) will be obtained at four different time points. All other investigations in this study are part of routine clinical care. Therefore, risks for the patients can be considered negligible.

## **Contacts**

### **Public**

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### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)  
Elderly (65 years and older)

## Inclusion criteria

- Scheduled to undergo percutaneous ASD closure in the Erasmus MC;
- Capable of understanding and signing informed consent.

## Exclusion criteria

- Patients living abroad or who are not Dutch speaking;
- Age <18 years;
- Renal impairment (serum creatinine >200  $\mu\text{mol/L}$ );
- Failure of percutaneous ASD closure due to procedural problems.

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 31-07-2015

Enrollment: 50

Type: Actual

## Ethics review

Approved WMO

Date: 17-07-2015

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO	
Date:	27-07-2016
Application type:	Amendment
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)
Approved WMO	
Date:	18-10-2018
Application type:	Amendment
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL53428.078.15