# The DIPAK Observational Cohort Study: a multi-center, longitudinal, observational study to investigate renal disease progression and association of disease biomarkers with renal disease progression and ADPKD-related outcomes.

Published: 24-05-2013 Last updated: 07-09-2024

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**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Renal and urinary tract disorders congenital

**Study type** Observational invasive

# **Summary**

#### ID

NL-OMON47875

#### Source

ToetsingOnline

#### **Brief title**

The DIPAK Observational Cohort Study

## **Condition**

- Renal and urinary tract disorders congenital
- Nephropathies

## **Synonym**

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Autosomal Dominant Polycystic Kidney Disease, or polycystic kidney disease

## **Research involving**

Human

# **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen **Source(s) of monetary or material Support:** de Nierstichting

## Intervention

Keyword: ADPKD, observational, prevention, renal disease progression

#### **Outcome measures**

## **Primary outcome**

To investigate disease progression factors and association of disease biomarkers with the onset and severity of ADPKD-related outcomes like hypertension, renal function, renal pain renal, albuminuria, renal urine concentrating ability, hematuria, cyst infection, nephrolithiasis and others.

#### **Secondary outcome**

To summarize the levels of self-estimated health status, pain, QoL,

ADPKD-related health burden, health care resource use.

# **Study description**

## **Background summary**

Autosomal dominant polycystic kidney disease (ADPKD) is characterized by progressive cyst formation in both kidneys, leading to end stage renal disease. It is the most common hereditary disease, with a prevalence rate of 1 in 400 to 1 in 1,000 persons. ADPKD is an important cause of renal failure. Unfortunately, there are not many marketed proven effective therapies to halt disease progression yet. At the moment, one drug has been proven to be effective and a number of other drugs are being evaluated. Now efficacy of one drug has been established, and in the future probably others, pivotal questions are whom to treat and when to initiate such treatment. Given that ADPKD is a

progressive condition, it seems most appropriate to initiate intervention as early in life as possible to delay or prevent long-term consequences, including renal failure and cardiovascular and liver complications. On the other hand, ESRD occurs in only approximately 70% of affected subjects and not all affected subjects will experience disease related adverse health outcomes. It will therefore not be appropriate to expose all subjects to life long medical treatment that may cause adverse events. Therefore, the present studie is designed large scale observational cohort with sufficient duration of follow-up to investigate new biomarkers and determinants to predict and monitor renal function decline.

## Study objective

Overall aim: Given the aforementioned rationale it is therefore important to know the natural course of the disease and stage specific morbidity and mortality factors in a longitudinal observational study, to evaluate the levels of and associations between the impacts of patients reported disease outcome (quality of life (QoL), pain, self-estimated health status, health burden) and to develop markers that alone, or in combination, predict prognosis in ADPKD.

Primary Objective: To investigate renal disease progression and association of disease biomarkers with renal disease progression, and with the onset and severity of ADPKD-related outcomes.

Secondary objectives: 1. To investigate liver disease progression and association of disease biomarkers with liver disease progression, and with the onset and severity of ADPKD-related outcomes. 2. To evaluate and establish the level of the renal and liver disease impact on patient reported outcomes. 3. To explore and identify additional parameters of disease progression.

# Study design

Multicenter, longitudinal, observational investigator driven cohort study to investigate renal disease progression and association of disease biomarkers with renal disease progression in subjects with based on the Ravine criteria (with number of cysts known from a previous ultrasound or magnetic resonance imaging [MRI]) over a period of at least 6 years.

## Study burden and risks

When compared to routine clinical care the burden and risk associated with participation are:

• In general ADPKD patients, depending on their renal function will visit an out-patient department once every 3 to 12 months routinely. Therefore this study imposes 0 extra visits to an outpatient department when compared to routine care, since the observationele visits are every 12 months.

- In general ADPKD patients when visiting an out-patient department collect 24hr urine and blood is drawn for routine clinical chemistry. During the every visit extra blood will be drawn for biobanking.
- 4 times a MRI of liver and kidneys (without contrast)
- 4 times a questionnaire

The subjects have no potential benefit.

# **Contacts**

#### **Public**

Universitair Medisch Centrum Groningen

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### Scientific

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# **Trial sites**

# **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

# Inclusion criteria

- 1. Diagnosis of ADPKD, based upon the modified Ravine criteria or documented by treating nephrologist or internist.
- - 4 The DIPAK Observational Cohort Study: a multi-center, longitudinal, observationa ... 3-05-2025

- 2. Age 18 years and older.
- 3. Providing informed consent.

## **Exclusion criteria**

- Patients, who are unlikely to adequately comply with the trial\*s procedures (due for instance to medical condition likely to require an extended interruption or discontinuation)
- Patients taking medications or having concomitant illnesses that are likely to influence the natural course of ADPKD (e.g. nephrotoxic medications such as chronic NSAID, cyclosporine, lithium and immunosuppressant use, and e.g. diabetes mellitus and patients with proteinuria > 1~g/24hr).
- Patients, who receive renal function replacement therapy
- Pregnancy at moment of inclusion
- Patients with a life expectancy less than 1 year at moment of inclusion

# Study design

# **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 04-06-2013

Enrollment: 750

Type: Actual

# **Ethics review**

Approved WMO

Date: 24-05-2013

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 17-03-2014

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 20-09-2016

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 18-10-2017

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 23-01-2019

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 04-12-2019

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 31-08-2022

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 28-08-2024

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL43496.042.13