# A Randomized, Double-Blind, Placebo-Controlled, Crossover On-Road Driving Study Assessing the Effect of JZP-110 on Driving Performance in Subjects with Excessive Sleepiness Due to Narcolepsy

Published: 18-01-2016 Last updated: 20-04-2024

Primary objective:- To evaluate the effect of JZP-110 on driving performanceSecondary objectives:- To evaluate the safety and tolerability of JZP-110- To explore SAFTE (Sleep, Activity, Fatigue, and Task Effectiveness) modeling using driving,...

**Ethical review** Approved WMO

**Status** Recruitment stopped

**Health condition type** Sleep disturbances (incl subtypes)

Study type Interventional

# **Summary**

#### ID

NL-OMON47913

#### Source

**ToetsingOnline** 

#### **Brief title**

Effect of JZP-110 on driving performance in subjects with narcolepsy

#### Condition

Sleep disturbances (incl subtypes)

### **Synonym**

Narcolepsy; sleep disease

### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** JAZZ Pharmaceuticals Inc.

Source(s) of monetary or material Support: JAZZ Pharmaceuticals

### Intervention

**Keyword:** driving performance, JZP-110, narcolepsy

### **Outcome measures**

### **Primary outcome**

Standard deviation of lateral position (SDLP) at 2 hours post-dose

(approximately at Tmax)

### **Secondary outcome**

- \* SDLP at 6 hr post-dose
- \* Proportion of subjects with improved or impaired driving on JZP-110 compared

to placebo

- \* Standard deviation of Speed (SDS)
- \* Driving lapses
- \* PVT measures
- \* Inverse reaction time (1/RT)
- \* Lapses (RT>500 ms)
- \* Mean reaction time (RT)
- \* Errors of commission
- \* Toronto Hospital Alertness Test (THAT)

# **Study description**

### **Background summary**

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JZP-110 is a phenylalanine derivative that is currently being investigated as a potential treatment for excessive sleepiness in narcolepsy and obstructive sleep apnea (OSA).

Patients with narcolepsy are known to have impaired driving performance due to drowsiness. This study is designed to assess effects of JZP-110 on driving performance in patients with narcolepsy. In addition, it is also of interest to assess the effects of JZP-110 on measures of attention, response time, and risk-taking or impulsivity. In this study, the psychomotor vigilance test (PVT) will be used to assess psychomotor performance, with errors of commission on the PVT as a measure of impulsivity.

### Study objective

Primary objective:

- To evaluate the effect of JZP-110 on driving performance

Secondary objectives:

- To evaluate the safety and tolerability of JZP-110
- To explore SAFTE (Sleep, Activity, Fatigue, and Task Effectiveness) modeling using driving, Psychomotor Vigilance Test (PVT) and sleep data

### Study design

This trial is a randomized, double-blind, placebo-controlled, crossover study. Subjects will be recruited at sleep clinics or Clinical Sites. Eligibility will be determined through screening procedures including careful confirmation of narcolepsy diagnosis at the Clinical Sites and after a practice driving test at the Driving Test Site. Eligible subjects will be randomized to receive either JZP-110 (150 mg/day for 3 days, followed by 300 mg/day for 4 days) or the matching placebo for 7 days, and will then crossover to receive the other treatment for 7 days. Subjects who are taking excluded medications must washout all the excluded medications per the prescribed schedule, including any stimulants or alerting agents, sodium oxybate, and sedatives/hypnotics, prior to the first dose of the study drug. On Day 7 of each treatment period, all randomized subjects will have a study visit to undergo two driving performance tests, one at 2 hours (between 1 to 3 hours) and the other at 6 hours (between 5 to 7 hours) after the morning dose. The Psychomotor Vigilance Test (PVT) will be administered at

pre-dose and prior to each driving test. Actigraphy and a sleep diary will be used to assess daily sleep patterns. The Toronto Hospital Alertness Test (THAT) will be administered at the end of each treatment period. A follow-up visit will be performed approximately 7 days after the final treatment. The initial screening visit, and the follow-up visit will be conducted at the Clinical Sites and the remaining Baseline visit and two

driving assessment visits will be conducted at the Driving Test Site. Safety will be assessed throughout the study. Screening procedures will include

physical examination, electrocardiogram (ECG), and clinical laboratory tests. A physical examination will be performed at completion of the study or at early termination and adverse events will be collected and assessed throughout the study. The Columbia-Suicide Severity Rating Scale (C-SSRS) will be completed at screening and each visit.

#### Intervention

7 days of JZP-110 and 7 days of placebo in counterbalanced order.

### Study burden and risks

- As in any study with a new drug known or (still) unknown side effects can manifest themselves
- Very low risk of an accident while conducting the driving test (instructor sits beside the patient during driving test)
- Depending on the drug that the patient is already using for the treatment of narcolepsy it may be necessary that one stops the use of these, before one can start with the intake of the study medication. Phasing out of the existing medications could theoretically lead to risk. However, only a small proportion of patients will have to reduce medication and patients in which in advance it is estimated that this will pose a risk, will not be approached for the study.
- During their participation in the study, participants must wear an actigraph.
- Participants have to complete a sleep diary during the 14 days when the study drug is taken.
- During the medication period of 14 days, participants must not drive a car by themselves.

### **Contacts**

#### **Public**

JAZZ Pharmaceuticals Inc.

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Scientific

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### **Trial sites**

### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

### Age

Adults (18-64 years) Elderly (65 years and older)

### Inclusion criteria

- 1. Male or female, age 21 to 75 years inclusive
- 2. Diagnosis of narcolepsy per ICSD-3 or DSM-5
- 3. BMI 18 to <40 kg/m2
- 4. Use a medically acceptable method of contraception
- 5. Willing and able to provide written informed consent

### **Exclusion criteria**

- 1. Female subjects who are pregnant, nursing, or lactating
- 2. Any other clinically relevant medical, behavioral, or psychiatric disorder other than narcolepsy that is associated with excessive sleepiness
- 3. History or presence of bipolar disorder, bipolar related disorders, schizophrenia, schizophrenia spectrum disorders, or other psychotic disorders according to DSM-5 criteria
- 4. History or presence of any unstable medical condition, behavioral or psychiatric disorder (including active suicidal ideation), or surgical history that could affect the safety of the subject or interfere with study efficacy and/or safety assessments per the judgment of the investigator
- 5. History of bariatric surgery within the past year or a history of any gastric bypass procedure
- 6. Presence of significant cardiovascular disease
- 7. Use of any over-the-counter (OTC) or prescription medications that could affect sleep-wake function

# Study design

### **Design**

Study phase: 2

Study type: Interventional

Intervention model: Crossover

Masking: Double blinded (masking used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 21-07-2016

Enrollment: 33

Type: Actual

### Medical products/devices used

Product type: Medicine

Brand name: JZP-110

Generic name: Solriamfetol

# **Ethics review**

Approved WMO

Date: 18-01-2016

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 02-05-2016

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 14-11-2017
Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 27-11-2017

Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 23-07-2018
Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 05-09-2018

Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 24-09-2018
Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 06-06-2019

Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 12-06-2019
Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

EudraCT EUCTR2015-003931-36-NL

CCMO NL56215.068.16

Other nog niet beschikbaar