# Synovial activation In Post-traumatic arthritis Study

Published: 19-12-2019 Last updated: 19-08-2024

Objective: to investigate calcium containing crystal release in synovial fluid after exercise as drivers of synovitis in post-traumatic versus non-post traumatic osteoarthritis.

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Joint disorders
Study type	Observational invasive

# **Summary**

### ID

NL-OMON48619

**Source** ToetsingOnline

Brief title SYNAPS

## Condition

• Joint disorders

**Synonym** arthrosis, osteoarthritis

**Research involving** Human

## **Sponsors and support**

**Primary sponsor:** reumatologie **Source(s) of monetary or material Support:** Ministerie van OC&W,Reumanederland

## Intervention

Keyword: mesenchymal stem cell therapy, post-traumatic osteoarthritis, Synovial activation

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## **Outcome measures**

#### **Primary outcome**

Baseline concentrations and change in crystal concentration before and after

exercise in post-traumatic arthritis, post-traumatic OA versus non

post-traumatic OA

#### Secondary outcome

Correlation between crystals in blood and synovial fluid with inflammatory

mediators and leucocyte activation

# **Study description**

#### **Background summary**

Calcium containing crystal release in synovial fluid after exercise may drive of synovitis in post-traumatic versus non-post traumatic osteoarthritis. They may also cause arthritis soon after initial joint trauma.

#### **Study objective**

Objective: to investigate calcium containing crystal release in synovial fluid after exercise as drivers of synovitis in post-traumatic versus non-post traumatic osteoarthritis.

#### Study design

Study design: Exploratory biologic analyses in a transversal patient cohort.

#### Study burden and risks

Intervention: blood sampling, synovial fluid sampling before and after physical exercise.

Nature and extent of the burden and risks associated with participation, benefit and group relatedness:

A study visit involving clinical examination, blood and synovial fluid withdrawal. Risk score classification: low.

# Contacts

**Public** Selecteer

Geert Grooteplein-zuid 10 Nijmegen 6525GA NL **Scientific** Selecteer

Geert Grooteplein-zuid 10 Nijmegen 6525GA NL

# **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

- 1. 20 patients with a recent anterior cruciate ligament injury
- 2. 20 patients with a recent meniscal injury
- 3. 20 patients with post-traumatic osteoartrhritis.

Group 1 18 years or older Recently (<2 months) suffered a cruciate ligament injury of the index knee. a swollen joint

Group 2 18 years or older Recently (<2 months) suffered a meniscal injury of the index knee.

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a swollen joint

Group 3 18 years or older Knee OA according to the clinical ACR criteria for knee OA Suffered a knee injury (e.g. ligament rupture with subsequent reconstruction) before development of OA in the index knee a swollen joint

## **Exclusion criteria**

Patients with an active inflammatory or infectious co-morbid disease Knee prosthesis

# Study design

## Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Basic science

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	28-10-2021
Enrollment:	60
Туре:	Actual

# **Ethics review**

Approved WMO Date:

19-12-2019

Application type:	First submission
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)
Approved WMO Date:	29-06-2021
Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register** CCMO ID NL66356.091.18