# Biomarkers and cardiovascular risk in disease models of non-alcoholic fatty liver disease

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1. To identify a biomarker of hepatic DNL in different disease models of NAFLD. 2. To assess the cardiovascular risk profile in the different disease models of NAFLD.

**Ethical review** Approved WMO **Status** Recruitment stopped

**Health condition type** Hepatic and hepatobiliary disorders

**Study type** Observational invasive

# **Summary**

#### ID

NL-OMON48654

#### Source

ToetsingOnline

#### **Brief title**

Cardiovascular risk in NAFLD

## **Condition**

- Hepatic and hepatobiliary disorders
- Inborn errors of metabolism
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

## **Synonym**

fatty liver, nonalcoholic fatty liver disease (NAFLD)

## Research involving

Human

# **Sponsors and support**

**Primary sponsor:** Medisch Universitair Ziekenhuis Maastricht

Source(s) of monetary or material Support: European Foundation for the Study of

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Diabetes (EFSD)

#### Intervention

Keyword: biomarkers, cardiovascular disease, de novo lipogenesis, NAFLD

#### **Outcome measures**

## **Primary outcome**

a set of candidate biomarkers of DNL measured in plasma

## **Secondary outcome**

Secondary outcome: endothelial function (reactive hyperaemia peripheral applanation tonometry, laser doppler flowmetry and plasma biomarkers)

Other parameters: hepatic fat accumulation (magnetic resonance spectroscopy) and fat distribution (MRI)

# **Study description**

# **Background summary**

Epidemiological studies have demonstrated that non-alcoholic fatty liver disease (NAFLD) is associated with cardiovascular disease. Subsequent studies have suggested that hepatic de novo lipogenesis (DNL), i.e. de conversion of glucose to fat, is responsible for this association. However, there is currently no good biomarker of DNL that can be used to confirm this hypothesis in large epidemiological cohorts.

# **Study objective**

- 1. To identify a biomarker of hepatic DNL in different disease models of NAFLD.
- 2. To assess the cardiovascular risk profile in the different disease models of NAFLD.

## Study design

Observational study with a cross-sectional design.

## Study burden and risks

The risks of this study are minimal, since no interventions are imposed. The only invasive test is blood withdrawal (150 ml in total; 165 ml for GSD1a patients), which is associated with minimal health risk. Subjects will undergo a screening for NAFLD, type 2 diabetes mellitus and cardiovascular risk, which may be of potential benefit.

# **Contacts**

#### **Public**

Medisch Universitair Ziekenhuis Maastricht

P Debyelaan 25 Maastricht 6229 HX NL

#### **Scientific**

Medisch Universitair Ziekenhuis Maastricht

P Debyelaan 25 Maastricht 6229 HX NL

# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

Healthy individuals:

- age ><= 18 years, NAFLD disease models (n<=15 per group):
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- diagnosis of glycogen storage disease 1a (GSD1a), familial partial lipodystrophy (FPL), maturity-onset diabetes of the young type 2 (MODY2) or abetalipoproteniemia/familial hypobetalipoproteinemia
- age ><= 18 years

## **Exclusion criteria**

- Contraindications for MRI (i.e. claustrophobia, heart pacemaker or other electronic devices implanted in the body, history of collapse or seizure, or pregnancies < 12 weeks)
- Inability to give inform consent

# Study design

# **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Basic science

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 25-05-2018

Enrollment: 85

Type: Actual

# **Ethics review**

Approved WMO

Date: 08-11-2017

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 19-04-2018

Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL63134.068.17