The First Bratelle study, a prospective, single-arm, pilot study to confirm the efficacy of the Bratelle breast-pads, that has been experienced by a small group of individual patients, in a larger group and in a controlled setting.

Published: 20-01-2020 Last updated: 04-07-2024

Primary, improvement of the quality of life. Secondary, reduction of pain and a decrease of the number of treatments by a breast oedema therapist.

**Ethical review** Approved WMO

**Status** Recruitment stopped

**Health condition type** Injuries by physical agents

**Study type** Interventional

## **Summary**

#### ID

NL-OMON48727

#### Source

ToetsingOnline

#### **Brief title**

FILLE study

#### **Condition**

- Injuries by physical agents
- Skin and subcutaneous tissue disorders NEC
- Lymphatic vessel disorders

#### **Synonym**

'breast edema', 'fluid in a breast'

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Meander Medisch Centrum

**Source(s) of monetary or material Support:** Didert B.V., Financiering door de sponsor en

vanuit bedrijven.,Lacidem,Lohmann & Rauscher

#### Intervention

Keyword: Bratelle, Breast, Cancer, Oedema

### **Outcome measures**

#### **Primary outcome**

Improvement of the Quality of Life score assessed using the EORTC QLQ-CR30 en

QLQ-BR23 questionnaires.

### **Secondary outcome**

Improvement of the Pain NRS.

Reduction of the number of necessary treatments by a breast oedema therapist

# **Study description**

#### **Background summary**

Use of the Bratelle breast-pads by a few, individual patients has resulted in an improvement of symptoms resulting from breast oedema. The Fille study aims to confirm this anecdotal efficacy in a larger group of patients, 30 in total, in a controlled setting.

#### Study objective

Primary, improvement of the quality of life.

Secondary, reduction of pain and a decrease of the number of treatments by a breast oedema therapist.

#### Study design

Prospective, feasibility study

#### Intervention

The Bratelle breast-pads are used whenever the patient is wearing a bra for a period of 3 months (study duration).

### Study burden and risks

Participation in the Fille study is associated with a relative mild burden for a period of 3 months. The Bratelle breast-pads can be easily positioned in the bra and have a soft surface so that wearing the pads is not inconvenient or painful.

There are no specific risks associated with the use of the Bratelle breast-pads.

## **Contacts**

#### **Public**

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#### **Scientific**

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# **Trial sites**

### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

### Age

Adults (18-64 years) Elderly (65 years and older)

### Inclusion criteria

Female with breast edema, existing for more than 1 year, as a result of treatment for breast cancer with breast conserving surgery and radiotherapy.

### **Exclusion criteria**

Ongoing radiotherapy, open skin lesions and not able to wear the Bratelle breast-pads, previous treatment with the Bratelle.

# Study design

## **Design**

Study type: Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 03-04-2021

Enrollment: 30

Type: Actual

## Medical products/devices used

Generic name: Komprex II

Registration: Yes - CE intended use

# **Ethics review**

Approved WMO

Date: 20-01-2020

Application type: First submission

Review commission: MEC-U: Medical Research Ethics Committees United

(Nieuwegein)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL64992.100.19