

# Prospective study into the relation between bodyweight en the effect of thrombosis prophylaxis in patients admitted to hospital

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Embolism and thrombosis
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON48903

### Source

ToetsingOnline

### Brief title

PRIORITY

### Condition

- Embolism and thrombosis

### Synonym

deep vein thrombosis, venous thromboembolism

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Diaconessenhuis Utrecht

**Source(s) of monetary or material Support:** Stichting Cornelis Visser

## **Intervention**

**Keyword:** Anti-Xa levels, Bodyweight, Kidney function, Thrombosis prophylaxis

## **Outcome measures**

### **Primary outcome**

Determinants:

1. Body weight will be expressed as lean body weight (measured with an impedance-measurement), BMI and the absolute body weight in kilograms. This will be analyzed continuously as well as in categories of <50kg; 50-100kg; and >100kg.
2. Kidney function will be expressed as the creatinine clearance in ml/min/1.73m<sup>2</sup> calculated with the CKD-EPI en Cockcroft and Gault formulas.

Primaire outcome:

Anti-Xa levels 4 hours after administration of a standard prophylactic dose of nadroparin 2850 IE .

### **Secondary outcome**

1. Anti-Xa levels <0.2 IU/ml or >0.5 IU/ml (=outside prophylactic range).
2. Anti-Xa levels 4 days after administration of the standard nadroparin dose of 2850 IE in 4 subgroups i.e. bodyweight<50kg; >150kg; creatinine clearance 30-60 ml/min/1.73m<sup>2</sup>; and <30 ml/min/1.73m<sup>2</sup>.
3. Any occurrence of deep venous thrombosis, pulmonary embolism or bleeding

within 8 weeks after nadroparine 2850 IE administration.

## Study description

### Background summary

Prophylactic low-molecular-weight heparin (LMWH) is effective in preventing venous thromboembolism in patients with high risk, such as patients admitted to a hospital. Furthermore, the effectivity of therapeutic LMWH is reduced in overweight patients or patients with reduced kidney function. However, it is not known whether this is also the case for the effectivity of prophylactic LMWH.

### Study objective

The objective of the study is to evaluate in a prospective setting the effect of body weight on anti-Xa levels in the blood after administration of prophylactic nadroparin 2850 IE to patients admitted to the hospital. Second, we want to see what the effect is of kidney function on anti-Xa levels.

### Study design

Prospective study, in which we will measure anti-Xa levels in 220 patients admitted to the hospital that have an indication for thrombosis prophylaxis with nadroparin 2850 IE. Anti-Xa levels will be measured 4 hours after administration of the nadroparin. Furthermore, in all patients body weight, body-mass index, lean-body mass and kidney function will be measured. Finally we will contact the patients by mail to ask whether a VTE or bleeding event has occurred.

### Study burden and risks

The treatment is standard procedure that will not contain any additional risk for the study participants.

The burden concerns approximately 30 minutes of time, additional measurements including impedance measurement and an extra blood withdrawal of 3 mL. For the second secondary study outcome, 4 subgroups of patients will be identified in whom we will do a second anti-Xa level measurement 4 days after the first (in case a patient is still admitted). This will require another blood withdrawal of 3 mL.

## Contacts

### Public

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NL

### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

admission to the hospital for at least 1 night  
indication for nadroparine 2850 IE prophylaxis  
age > 18 years  
signed informed consent

### Exclusion criteria

presence of deep venous thrombosis or pulmonary embolism  
use of Vitamin K antagonist or DOAC  
trombocytes < 50 10<sup>9</sup>/L

any other contra-indication for nadroparine 2850 IE

## Study design

### Design

Study phase:	4
Study type:	Observational non invasive
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Prevention

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	05-11-2018
Enrollment:	220
Type:	Actual

## Ethics review

Approved WMO	
Date:	22-10-2018
Application type:	First submission
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)
Approved WMO	
Date:	20-08-2019
Application type:	Amendment
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)

## Study registrations

**Followed up by the following (possibly more current) registration**

No registrations found.

**Other (possibly less up-to-date) registrations in this register**

ID: 29346  
Source: Nationaal Trial Register  
Title:

**In other registers**

Register	ID
CCMO	NL65998.100.18
OMON	NL-OMON29346