# Vitamin K status in Children with Osteogenesis Imperfecta

Published: 21-03-2018 Last updated: 18-07-2024

We want to investigate whether blood levels of vitamin K are lower in children with O.I. compared to children without O.I.

**Ethical review** Approved WMO **Status** Recruitment stopped

Health condition type Musculoskeletal and connective tissue disorders congenital

**Study type** Observational invasive

### **Summary**

#### ID

NL-OMON48934

Source

**ToetsingOnline** 

**Brief title** 

KinOl

#### **Condition**

• Musculoskeletal and connective tissue disorders congenital

#### **Synonym**

Brittle bone disease

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht

Source(s) of monetary or material Support: Innovatiefonds zorgverzekeraars; stichting

care for brittle bones en UMCU divisie kinderen cluster algemeen pediatrie

#### Intervention

**Keyword:** Bone, Children, Osteogenesis Imperfecta, Vitamin K

### **Outcome measures**

### **Primary outcome**

- vitamin K levels in blood
- osteocalcin levels in blood
- bone turnover markers in blood (i.e. Ntx (N-terminal telopeptide) & BAP

(Bone Alkaline Phosphatase))

#### **Secondary outcome**

N/A

### **Study description**

#### **Background summary**

Children with the rare genetic disease Osteogenesis Imperfecta (O.I.) are prone to fracture bones. This latter is caused by a defect or decreased production of the protein in the bone that accounts for their strength, collagen-1. Because of this defective collagen, bones are degraded and build again faster compared to children without O.I. Optimal vitamin K levels are vital for bone quality and growth, however, the vitamin K status in children with O.I. it is currently unknown. Therefore, to investigate whether blood levels of vitamin K are lower in children with O.I. compared to children without O.I can provide new insights of bone quality and growth in this population. If levels are indeed lower compared to children with O.I. this could provide a relative simple window of opportunity to improve quality and growth of bone in these children as well as lowering the amount of fractures. Vitamin K can easily and safely be suppleted, but however has never been investigated in children with O.I. Therefore, the primary aim of the current study is to determine the vitamin K levels in children with O.I. and compare these compared to children without O.I.. If the vitamin K levels are decreased, we have sound scientific grounds to start a new study on the effects of vitamin K suppletion on bone strength and growth in children with O.I., which might result in fewer bone fractures, better growth, and quality of life.

### Study objective

We want to investigate whether blood levels of vitamin K are lower in children with O.I. compared to children without O.I.

### Study design

During 1 year children (0-18 y) with O.I. who regularly get bisphosphonate infusions at UMCU will be included in our study. We will use informed consent to ask for permission to take 1x a blood sample via the intravenous line. Parallel children who need to undergo surgery within the UMC Utrecht will be included in our study. The blood samples will be analyzed for Vitamin K and bone markers (by means of ELISA-like tests). Each blood sample that is collected, will be used to measure the named markers and results will be analyzed. At the end of project all data will be put together and a final analysis will be done Then, these results will be published in an international scientific journal and communicated to the OI patients via the patient support group (VOI)

### Study burden and risks

We are interested in the vitamin K status of children with O.I., since they still grow and this is the period in life fractures are most common and the effect of possible vitamin K suppletion will be highest, when we find a vitamin K deficiency.

Blood (9 ml) is drawn once from the infuse line that is necessary for planned treatment during a regular visit to the center. This will therefore not induce extra pain or stress to the child. We expect that possible negative effects of blood withdrawal will be negligible: the child in every case will be lying down for some time after withdrawal because of the regular treatment that is started after our sampling.

The results will give direct indications about the possible deficiency of vitamin K in participating children. When a vitamin K deficiency is found in children with O.I., we will be able to start an intervention study with vitamin K shortly, since this supplement has been found already to be safe in adults as well as in children. When eventually would be proven that vitamin K has a positive effect on growth and amount of fractures in O.I., it will improve quality of life of children with O.I., possibly already the children that take part in our study.

### **Contacts**

#### **Public**

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#### **Scientific**

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### **Trial sites**

### **Listed location countries**

Netherlands

### **Eligibility criteria**

### Age

Adolescents (12-15 years) Adolescents (16-17 years) Children (2-11 years)

### Inclusion criteria

#### Patients:

- Genetically confirmed Osteogensis Imperfecta (O.I.) type I-IV
- age 0-18 years
- at least once a year bisphosphonate infusions as part of regular care,

### Controls:

- no O.I.
- age 0-18 years
- needing orthopaedic or ear, nose, throat surgery so that they will already get an infusion line.

### **Exclusion criteria**

#### Patients:

- Not genetically confirmed O.I. type I-IV
- using vitamin K supplementation, Controls:
- known disease affecting vitamin K or bone turnover
  - 4 Vitamin K status in Children with Osteogenesis Imperfecta 30-05-2025

### Study design

### **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 23-05-2018

Enrollment: 80

Type: Actual

### **Ethics review**

Approved WMO

Date: 21-03-2018

Application type: First submission

Review commission: METC NedMec

Approved WMO

Date: 12-09-2018

Application type: Amendment

Review commission: METC NedMec

Approved WMO

Date: 01-11-2019

Application type: Amendment

Review commission: METC NedMec

## **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register ID

CCMO NL62582.041.17