Mental recovery after interpersonal trauma - A descriptive pilot study

Published: 23-11-2018
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The aim of this study is to describe factors that contribute or threaten mental recovery and the needs of the target population to inform the development of (early) psychosocial support interventions.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Adjustment disorders (incl subtypes)
Study type	Observational non invasive

Summary

ID

NL-OMON48990

Source
ToetsingOnline

Brief title
MINT

Condition

- Adjustment disorders (incl subtypes)

Synonym
needs for psychosocial support, psychosocial problems

Research involving
Human

Sponsors and support

Primary sponsor: Academisch Medisch Centrum
Source(s) of monetary or material Support: Nationale Politie

Intervention

Keyword: mental recovery, psychosocial support, psychotrauma

Outcome measures

Primary outcome

Main study endpoint is factors that contribute or threaten the process of

mental recovery.

Secondary outcome

Secondary study parameters are: history of traumatic experiences, current

mental health problems and psychological resilience, and the needs of the study

population regarding (early) psychosocial support.

Study description

Background summary

Individuals that have experienced interpersonal trauma, such as physical abuse or being intimidated, may experience long-lasting psychological problems. There is scarce information on the needs of victims and on factors that contribute to mental recovery.

Study objective

The aim of this study is to describe factors that contribute or threaten mental recovery and the needs of the target population to inform the development of (early) psychosocial support interventions.

Study design

This is a cross-sectional mixed-methods study using a single semi-structured interview and four standardized questionnaires.

Study burden and risks

Participation involves a single semi-structured interview of approximately 90

minutes. To our knowledge and experience, participating in studies on traumatic stress may be associated with some transient discomfort. There are however no known risks of participation in such studies. The study can only be done with this population because of their specific experiences.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age
Adults (18-64 years)
Elderly (65 years and older)

Inclusion criteria

- Female
- Age 18 years or older
- Experienced interpersonal trauma
- Psychosocial problems related to the interpersonal trauma experience(s)

Exclusion criteria

Not applicable

Study design

Design

Study type: Observational non invasive

Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Basic science

Recruitment

NL

Recruitment status:	Recruitment stopped
Start date (anticipated):	09-01-2019
Enrollment:	20
Type:	Actual

Ethics review

Approved WMO Date:	23-11-2018
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO Date:	05-02-2019
Application type:	Amendment
Review commission:	METC Amsterdam UMC

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL66745.018.18