

# A randomised, double blind, placebo-controlled cross-over study to investigate the effects of intravenous S(+)-ketamine on brain activation in three groups of women: healthy participants, healthy participants prone to depression and patients with fibromyalgia.

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Objective 1: To determine the effects of S-ketamine on brain activation in healthy women, healthy women prone to depression and fibromyalgia patients. Objective 2: To determine the effects of S-ketamine on mood and other depression-related behavioral...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Mood disorders and disturbances NEC
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON49216

### Source

ToetsingOnline

### Brief title

SoKET

### Condition

- Mood disorders and disturbances NEC

**Synonym**

Depression, unhappiness

**Research involving**

Human

**Sponsors and support**

**Primary sponsor:** Leids Universitair Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

**Intervention**

**Keyword:** Depression, Ketamine, MRI

**Outcome measures****Primary outcome**

Brain activation: degree of increase or decrease by ketamine.

**Secondary outcome**

Psychological measures to assess depression.

**Study description****Background summary**

The NMDA receptor antagonist ketamine is used as an anesthetic, painkiller and, more recently, also as an antidepressant, even though the neural mechanism of its antidepressant action is still unknown. Ketamine causes rapid improvements in mood and suicidality in treatment-resistant patients (Berman et al., 2000; Caddy, Giaroli, White, Shergill, & Tracy, 2014; Krystal, Sanacora, & Duman, 2013; Murrough et al., 2013; Singh et al., 2016; Zarate et al., 2006). However, the effects of ketamine in groups of depressed patients other than treatment-resistant / severely depressed, are still unknown. Previously, we investigated the effects of S(+)-ketamine on brain activation in healthy male participants (protocol nr P10.136) but the results are difficult to extrapolate to depressed patients as well as to women. To further elucidate the (neural) mechanisms of ketamine, which may underlie its (rapid) antidepressant response, we will investigate the effects of ketamine on brain activation in healthy women, women prone to depression and fibromyalgia patients.

## Study objective

Objective 1: To determine the effects of S-ketamine on brain activation in healthy women, healthy women prone to depression and fibromyalgia patients.

Objective 2: To determine the effects of S-ketamine on mood and other depression-related behavioral measures.

## Study design

Placebo-controlled crossover.

## Intervention

Intravenous administration of S(+)-ketamine (0.4 mg/kg) and placebo.

## Study burden and risks

Mild to moderate: psychomimetic side effects during exposure to ketamine.

## Contacts

### Public

Leids Universitair Medisch Centrum

Albinusdreef 2  
Leiden 2333 ZA  
NL

### Scientific

Leids Universitair Medisch Centrum

Albinusdreef 2  
Leiden 2333 ZA  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Right-handed female participants 18-45 years old, naive to ketamine and pre-screened using the M.I.N.I (Mini International Neuropsychiatric Interview version 5.0.0) and BDI-II (Beck Depression Inventory second edition). Group 1: healthy, no history of depression as indicated by the M.I.N.I. and BDI score < 5. Group 2: prone to depression: currently only sub-clinical symptoms indicated by a BDI score ranging from 5 to 17, but previous episode (1 or 2) of clinical depression as indicated by the M.I.N.I. Group 3: pain patients diagnosed with fibromyalgia (meet the 2010 American College of Rheumatology diagnostic criteria), who also show sub-clinical symptoms of depression as indicated by the M.I.N.I. and a BDI score ranging from 5 to 17.

### Exclusion criteria

Currently clinically depressed and/or on antidepressant medication; obesity (BMI > 30); significant history of any cardiac or vascular disorder, asthma or other pulmonary disease, major gastrointestinal abnormalities, peptic ulceration, hepatic, neurological, psychiatric, haematological (including bleeding disorders), endocrine, renal, or major genitourinary disease.

History of chronic alcohol or illicit drug use; the contraindications for MRI as defined by the MR safety committee of the department of Radiology, LUMC; claustrophobia; the presence of pain syndromes other than fibromyalgia.

## Study design

### Design

Study type:	Interventional
Intervention model:	Crossover
Masking:	Double blinded (masking used)
Control:	Uncontrolled
Primary purpose:	Treatment

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 07-11-2017  
Enrollment: 63  
Type: Actual

## Medical products/devices used

Product type: Medicine  
Brand name: Ketamine  
Generic name: Esketamine  
Registration: Yes - NL outside intended use

## Ethics review

Approved WMO  
Date: 10-11-2016  
Application type: First submission  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
metc-ldd@lumc.nl

Approved WMO  
Date: 30-03-2017  
Application type: First submission  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
metc-ldd@lumc.nl

Approved WMO  
Date: 21-01-2019  
Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
metc-ldd@lumc.nl

Approved WMO  
Date: 28-01-2021

Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
metc-ldd@lumc.nl

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
EudraCT	EUCTR2016-003913-91-NL
CCMO	NL59356.058.16