

# Surveillance of high-risk early postsurgical patients for real-time detection of complications using wireless monitoring

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Completed
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON49433

### Source

ToetsingOnline

### Brief title

SHEPHERD

### Condition

- Other condition
- Gastrointestinal therapeutic procedures

### Synonym

complications after operation, Postoperative complications

### Health condition

Post-operatieve patienten die een intermediar of hoog-risico ingreep ondergaan en-of trauma patienten

## Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Continuous wireless monitoring, Patient Outcome, Postsurgical ward, Vital signs

## Outcome measures

### Primary outcome

Disability-free survival 3 months after surgery (WHODAS 2.0, 12 items)

### Secondary outcome

Parameters evaluated at 1 and 3 month after operation (questionnaires as well preoperatively):

- Disability (WHODAS 2.0, 12-item)
- EQ-5D-5L score
- SF-12 quality of life score (4 week retrospective scorecard)
- In-hospital Mortality, 30-day Mortality, 3-month Mortality

Parameters evaluated during the admission period:

- Patient characteristics (extent of surgery [minor/moderate/major], urgent/elective surgery, duration of surgery, duration of recovery room stay (PACU),)
- Length of hospital stay
- Discharge destination (other hospital, nursing home, rehabilitation facility, home)

- Total number of complications per 100 patients, graded in severity according to Dindo et al.(reference 12 research protocol) and grouped as
  - Respiratory (e.g., Pneumonia)
  - Cardiac (e.g., Arrhythmia, Congestive heart failure)
  - Neurological (e.g., Delirium)
  - Gastrointestinal (e.g., Anastomotic leakage or Ileus)
  - Renal (e.g., acute kidney injury)
  - Other (e.g., Wound dehiscence, Bleeding)
- Number of patients with one or more complications
  - Comprehensive Complication Index 14
  - Cost of treatment for complications
  - Rate of unplanned ICU admissions
  - ICU admission score (APACHE II15)
  - ICU length of stay, ventilator free days, inotrope free days
  - Rate of revision surgery
  - Rate of false positive alarms
  - Number of device failures (battery, signal loss)
  - Rate of alarm responses, grouped according to action
  - Heart rate variability over time, and as early marker of complications
  - Quality of sleep

## Study description

### Background summary

Every year, approximately 1,500,000 surgical procedures are performed in The Netherlands. After major surgery, the complication rate is conservatively estimated at 25%, with a rate of 15% for major complications. In these patients, the most important problems are a failure to timely detect developing complications and a failure to adequately rescue those patients. Currently, measurement of vital signs and standardized assessment of patient wellbeing are routinely performed intermittently for every 8-12 hours, which may lead to a failure to detect of patients with complications.

## **Study objective**

The aim of this study is to test the hypothesis that continuous wireless monitoring on the postsurgical ward will improve patient outcome, measured as disability-free survival at three months after surgery. Further, we hypothesize that this tight control regimen decreases length of hospital stay and treatment costs in patients with complications.

## **Study design**

Interventional, step-wedge, prospective, clinical trial, participating wards will be included using a stepped-wedge design.

## **Study burden and risks**

All patients, regardless of group allocation, will receive standardized perioperative care and assessment of vital functions, pain and wellbeing as is routine clinical patient care in the participating centres. The wards randomized to undergo continuous wireless monitoring will, in addition, receive the benefit of real-time monitoring and automated alerts when vital functions are deviating from baseline. There are no conceivable risks to taking part in this study, and treatment of complications is at the discretion of the responsible physician, and not influenced by this study. Therefore, the risk of study participation is very low.

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Patients undergoing intermediate or high-risk major non-cardiac surgery at the Academic Medical Center Amsterdam (AMC), and the University Medical Center Utrecht (UMCU) or trauma patients

### Exclusion criteria

Inability to give written and informed consent  
Patient refusal.

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)

**Primary purpose:** Health services research

## Recruitment

NL

Recruitment status: Completed

Start date (anticipated): 27-02-2018

Enrollment: 1892

Type: Actual

## Medical products/devices used

Generic name: Sensium Vitals digital patch

Registration: Yes - CE intended use

## Ethics review

Approved WMO

Date: 27-11-2017

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 14-10-2019

Application type: Amendment

Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

ClinicalTrials.gov

CCMO

### ID

NCT02957825

NL59154.018.16