# Pharmacokinetic cross-over study of compounded chenodeoxycholic acid

Published: 01-11-2021 Last updated: 15-05-2024

To investigate the pharmacokinetics of hospital pharmacy compounded CDCA capsules,

compared to the commercial alternative.

**Ethical review** Approved WMO **Status** Recruitment stopped

Health condition type Inborn errors of metabolism

Study type Interventional

## **Summary**

#### ID

**NL-OMON49918** 

Source

ToetsingOnline

**Brief title** CDCA-PK

#### **Condition**

Inborn errors of metabolism

#### **Synonym**

cerebrotendinous xanthomatosis, CTX

#### Research involving

Human

### **Sponsors and support**

**Primary sponsor:** Amsterdam UMC

Source(s) of monetary or material Support: Vriendenloterij

#### Intervention

Keyword: CDCA, chenodeoxycholic acid, compounding

1 - Pharmacokinetic cross-over study of compounded chenodeoxycholic acid 25-05-2025

#### **Outcome measures**

#### **Primary outcome**

Pharmacokinetic parameters of hospital pharmacy compounded CDCA capsules,

compared to those of the commercial alternative.

#### **Secondary outcome**

Impact on other bile acids.

# **Study description**

#### **Background summary**

Amsterdam UMC is treating its own patients with hospital pharmacy compounded CDCA capsules.

#### **Study objective**

To investigate the pharmacokinetics of hospital pharmacy compounded CDCA capsules, compared to the commercial alternative.

#### Study design

Single center, open label, cross-over study.

#### Intervention

CDCA 250 mg capsule.

#### Study burden and risks

Burden: 2 visits, 2 capsule-intakes, 2 times blood withdrawal

Estimated risk: minimal

## **Contacts**

#### **Public**

Amsterdam UMC

2 - Pharmacokinetic cross-over study of compounded chenodeoxycholic acid 25-05-2025

Meibergdreef 9 Amsterdam 1105 AZ NL

Scientific

Amsterdam UMC

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- Be 18 years of age or older
- Be a male
- Have a BMI between 18,5 and 30 kg/m2
- Able and willing to swallow the capsules
- Able to undergo blood sampling for PK analysis
- Able and willing to give written informed consent
- Willing to follow the dietary restrictions
- Able to complete the study

#### **Exclusion criteria**

- Inability to give informed consent
- Hypersensitivity to one of the components in either product
- moking or use of other tobacco products
- History of alcohol or drug abuse
- Use of co-medication
- Gastrointestinal disease that may impact the absorption
  - 3 Pharmacokinetic cross-over study of compounded chenodeoxycholic acid 25-05-2025

- Metabolic or endocrine disease
- Gallbladder disease and/or removal
- Liver disease
- Participation in another clinical trial during or in the 3 months prior to the study

# Study design

## **Design**

Study phase: 4

Study type: Interventional

Intervention model: Crossover

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 27-09-2022

Enrollment: 12

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: CDCA

Generic name: CDCA

Product type: Medicine

Brand name: CDCA

Generic name: CDCA

Registration: Yes - NL intended use

## **Ethics review**

Approved WMO

Date: 01-11-2021

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 16-11-2021

Application type: First submission

Review commission: METC Amsterdam UMC

# Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

ID: 23443

Source: Nationaal Trial Register

Title:

## In other registers

Register ID

EudraCT EUCTR2021-003823-14-NL

CCMO NL78477.018.21 OMON NL-OMON23443