

# Remote patient Monitoring in adults receiving red blood cell Transfusion for hematological disorders \* a Pilot study of the physIQ Real World Monitoring platform using wearable biosensors

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Primary objectives:- to explore transfusion induced differences in vital (activity) parameters such as heart rate, respiratory rate and activity before and after RBC transfusions in regularly transfused patients using the pinpointIQ\* system.- To...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Red blood cell disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON50160

### Source

ToetsingOnline

### Brief title

ReMoT

### Condition

- Red blood cell disorders

### Synonym

chronic anemia, myelodysplastic syndrome

### Research involving

Human

## Sponsors and support

**Primary sponsor:** HagaZiekenhuis

**Source(s) of monetary or material Support:** Research pot van de hematologieafdeling  
hagaziekenhuis

## Intervention

**Keyword:** Biosensor, Continuous monitoring, Transfusion

## Outcome measures

### Primary outcome

- Processed data sets collected from continuous monitoring with the VitalPatch including, but not limited to: heart rate; respiratory rate and activity.
- A significant difference in mean heartrate per day before and after transfusion, large enough in comparison to the standard deviation of the mean to power a study with a reasonable sample size (<150pt).

### Secondary outcome

- Processed data sets collected from continuous monitoring with the Withings steel HR including, but not limited to: heart rate; respiratory rate and activity.
- PROMIS SF Questionnaire
- QUALMS Questionnaire
- CANTAB RVP Cognitive tool
- Amount of RBC units transfused

## Study description

### Background summary

Patients with haematological diseases receive more than half of the total volume of transfused red blood cells (RBCs) in The Netherlands. Apart from prediagnostics, storage and transportation, the total costs for RBCs for this group are about 60 million euros a year. In spite of these costs, there is a lack of evidence to support a specific or optimal transfusion strategy. Adverse events of RBC transfusions, like transfusion reactions, iron overload and poor clinical outcomes in studies with a liberal transfusion thresholds are reasons for considering a restrictive transfusion strategy. One parameter for determining transfusion timing could be the patient vital signs and activity. Measuring decrease in activity/deterioration in vital signs due to chronic anaemia and subsequent gain in activity/vital signs after RBC transfusions objectively through continuous vital parameter measurements, with a device like PhysiQTM's VitalPatch®, is therefore of vital importance to be able to create evidence-based guidelines on when and how to transfuse as restrictively as possible without compromising quality of life(QoL). Effectively determining this would mean a lower transfusion rate and a significant decrease in healthcare costs. Furthermore, we are interested to see whether transfusion and transfusion-induced changes in vital signs/activity change QoL and cognition, and whether data derived through the pinpointIQ\* system could be used to indicate the need for transfusion. Lastly, we want to assess whether data captured by a Withings Steel Smartwatch is as usable as that captured by the VitalPatchTM, for possible improvement of wearability in the future.

## **Study objective**

Primary objectives:

- to explore transfusion induced differences in vital (activity) parameters such as heart rate, respiratory rate and activity before and after RBC transfusions in regularly transfused patients using the pinpointIQ\* system.
- To find a significant difference in mean heartrate per day before and after transfusion, large enough in comparison to the standard deviation of the mean to power a study with a reasonable sample size.

Secondary objectives:

- compare the transfusion induced effect on vital signs to the number of transfused units;
- assess correlations between biosensor data and patient-reported physical function collected via ePRO;
- in case of a transfusion reaction: capture vital signs during the transfusion reaction using the pinpointIQ\* system;
- compare data collected by the VitalPatch® and the Withings Steel Smartwatch;

## **Study design**

This is an observational single-arm open label pilot study in which 5 patients

will be enrolled.

### **Study burden and risks**

Risks: Possible irritation of skin at placement site of VitalPatch™ or at the wrist.

Burden: Patients wear a VitalPatch® and a Smartwatch for 28 days and a second smartwatch for 7 days, fill out an eight-question PROMIS short form 14 times, complete a 33-item QUALMS-questionnaire 5 times and complete a 5 minute cognitive CANTAB tool 5 times.

Benefits: continuous monitoring which allows for a quick reaction to serious adverse events; possible improvement of QoL due to patients knowledge that they are being monitored; the VitalPatch™ will free up time for the clinician and nurse and provide flexibility when to see a patient, in case time-specific traditional measurement of vital signs (at the bedside) is no longer required.

## **Contacts**

### **Public**

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## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

18 years old or above

in need of at least 1 red blood cell transfusion each month

### Exclusion criteria

Cardiological conductivity disorder

Severe pulmonary comorbidities

Known skin allergies

Participating in another clinical study

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 17-12-2019

Enrollment: 5

Type: Actual

### Medical products/devices used

Generic name: VitalPatch

Registration: Yes - CE intended use

## Ethics review

Approved WMO

Date: 24-09-2019

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 27-11-2019

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

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Approved WMO

Date: 14-05-2020

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

**In other registers**

Register	ID
CCMO	NL70534.098.19