# An Exploratory Phase 2, open-label, single-arm, efficacy and imaging Study of Oral Enzalutamide (MDV3100) Androgen Receptor (AR)-Directed Therapy in Hormono-Sensitive patients with Metastatic Prostate Cancer.

Published: 30-03-2015 Last updated: 15-04-2024

1. To evaluate the feasibility of 18F-FDG PET/CT, or WB MRI or both to determine metastatic tumour load before and after treatmentwith Enzalutamide in patients with metastatic prostate cancer.2. To evaluate how these 2 imaging modalities perform...

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Renal and urinary tract neoplasms malignant and unspecified
Study type	Interventional

# Summary

### ID

NL-OMON50224

**Source** ToetsingOnline

Brief title NA

# Condition

• Renal and urinary tract neoplasms malignant and unspecified

#### Synonym

metastatic prostate cancer

#### **Research involving**

1 - An Exploratory Phase 2, open-label, single-arm, efficacy and imaging Study of Or ... 3-05-2025

Human

### **Sponsors and support**

**Primary sponsor:** Leids Universitair Medisch Centrum **Source(s) of monetary or material Support:** Dit investigator-initiated onderzoek wordt gedeeltelijk ondersteund door een grant van Astellas

### Intervention

Keyword: Enzalutamide, Imaging, Metastatic Prostate Cancer

#### **Outcome measures**

#### **Primary outcome**

Progression-Free Survival (PFS) at 6 and 12 months: defined as the time from

the date of randomization to the date of radiological

progression or death (patients will be followed beyond the fixed time point of

12 months for continued response cq recurrence, but 12

month\*s is the last fixed primary endpoint assessment). Radiological

progression is defined by any of the following criteria: Soft tissue

lesions: Progressive disease on 18F-choline PET/CT or MRI by RECIST 1.1.

Bone or bone marrow lesions: Progressive disease on PET/CT or MRI as evidenced

by new lesions or an increase in size of 25% of

the sum of target lesions.

Conversion of the PET signal of the metastases at 2 weeks, 2 or 6 months

compared to baseline PET which by comparing

it to PFS at 6 and 12 months may be an indicator or drug response. Radiological

PFS at 6 and 12 months will be compared to a) PET

signal conversion and to b) PSA measurements, and changes in number of lesions

on the bone scan (conventional work up).

#### Secondary outcome

Biochemical (PSA) response defined as prostate-specific antigen (PSA) nadir.

PSA progression. PSA kinetics measured by PSA

doubling time (regular PSA measurements).

Progression of bone lesions detected with bone scan according to Prostate

Cancer Working Group 2 (PCWG2) criteria.

Radiologically confirmed spinal cord compression or pathological fracture due

to malignant progression. A Symptomatic Skeletal

Event (SSE) is defined as external beam radiation therapy (EBRT) to relieve

skeletal pain, new symptomatic pathologic bone

fracture, occurrence of spinal cord compression or tumour-related orthopedic

surgical intervention, or change of anti-neoplastic

therapy to treat bone pain.

CTC measurements and comparison with radiological PFS at 6 and 12 months.

Circulating testosterone (T), dihydrotestosterone (DHT), sex hormone binding

globulin (SHBG), androstenedione, DHEA, luteinizing

hormone (LH), follicle stimulating hormone (FSH), prolactin and estradiol

assessed as temporal changes of absolute values and

temporal percentage changes of baseline values. Biomarker assessment /

correlative: (next to PSA) biomarkers of bone turnover,

Alkaline Phosphatase, PTH, Ca, Phosphate, 25 (OH)Vitamin D, beta-CTX

(beta-crosslaps), P1NP.

The safety of Enzalutamide as assessed by serious adverse events (SAEs),

3 - An Exploratory Phase 2, open-label, single-arm, efficacy and imaging Study of Or ... 3-05-2025

severity of adverse events (AEs) graded by National Cancer Institute\*s Common Terminology Criteria for Adverse Events (NCI-CTCAE), discontinuation due to AEs. as well as new clinically significant changes in physical exam findings, vital signs, laboratory values, and ECGs. Time to symptomatic progression (including death due to prostate cancer) Time to first radiological or symptomatic progression Time to initiation of salvage systemic therapy, including chemotherapy, or palliative radiation Quality of life measured by the Functional Assessment of Cancer Therapy-Prostate (FACT-P) questionnaire and by the EuroQol 5-Dimension QoL Instrument (EQ-5D) Changes in Karnofsky score/ECOG score Changes in visual analogue scale (VAS) for tumour-related pain Changes in BMD as measured by DXA scan

# **Study description**

#### **Background summary**

The detection of tumour deposits/metastatic sites in metastatic prostate cancer is notoriously difficult and the conventionally used PSA (reflecting tumour mass and differentiation grade of prostate cancer cells scored as Gleason score in primary tumours) and bone scintigraphy do not provide accurate information with regard to responses to treatment. There is an unmet need for robust and reproducible imaging technology allowing accurate quantification and qualification of bone plus soft tissue metastases and which are useful to early predict responses and early detect progressive disease cq. heterogeneity in tumour responses to novel agents. Importantly, emerging imaging modalities such as PET/CT or WB MRI theoretically offer advantage over traditional PSA

measurements plus bone scan, but this has never been established in a prospective study. Therefore, we aim to perform an

exploratory study in which both modalities will be evaluated and compared head-to-head.

Clinical practice is hampered by the poor methods and criteria to assess progression with the risk of prematurely discontinuing

effective therapy in patients with metastatic prostate cancer because of apparent initial progression on

bone scan. Ineffective treatment may be stopped earlier if we have methodology to accurately predict favourable or lack of favourable

responses, whereas early prediction of favourable responses will allow better patient selection and true patient-tailored treatment.

This will be an asset for drug development programmes and result in decreased costs.

### Study objective

1. To evaluate the feasibility of 18F-FDG PET/CT, or WB MRI or both to

determine metastatic tumour load before and after treatment with Enzalutamide in patients with metastatic prostate cancer.

2. To evaluate how these 2 imaging modalities perform compared to traditional

serial PSA measurements and bone scan in

assessing metastatic tumour load, progressive disease and response to treatment in metastatic prostate cancer.

### Study design

Prospective Open-label Observational Cohort Study

### Intervention

Oral Enzalutamide

### Study burden and risks

The study will be performed mainly using routine treatment practice with the addition of Enzalutamide, which has been shown safe and efficacious in large trials. Also, the patients will be requested to undergo more imaging sessions which are basically non-invasive and virtually without risk.

# Contacts

**Public** Leids Universitair Medisch Centrum

Albinusdreef 2 na Leiden 2333 ZA NL **Scientific** Leids Universitair Medisch Centrum

Albinusdreef 2 na Leiden 2333 ZA NL

# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Adult metastatic hormone-sensitive prostate cancer patients with progressive metastatic disease requiring treatment and who have at least one measurable metastasis on either PET/CT or WB MRI or both.

# **Exclusion criteria**

Previous androgen deprivation therapy within the last 6 months / Known or suspected brain metastasis or active leptomeningeal disease / Evidence of clinically relevant liver/kidney disease/bone marrow failure / history of seizure or any condition that may predispose to seizure / history of loss of consciousness or transient ischemic attack within 12 months of enrollment /

# Study design

# Design

Study phase:	2
Study type:	Interventional
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	25-06-2015
Enrollment:	60
Туре:	Actual

## Medical products/devices used

Product type:	Medicine
Brand name:	Xtandi
Generic name:	Enzalutamide
Registration:	Yes - NL outside intended use

# **Ethics review**

Approved WMO Date:	30-03-2015
Application type:	First submission
Review commission:	METC Leiden-Den Haag-Delft (Leiden)
	metc-ldd@lumc.nl

#### Approved WMO

7 - An Exploratory Phase 2, open-label, single-arm, efficacy and imaging Study of Or ... 3-05-2025

Date: Application type: Review commission:	06-05-2015 First submission METC Leiden-Den Haag-Delft (Leiden)
	metc-ldd@lumc.nl
Approved WMO Date:	23-03-2016
Application type:	Amendment
Review commission:	METC Leiden-Den Haag-Delft (Leiden)
	metc-ldd@lumc.nl
Approved WMO	
Date:	18-04-2018
Application type:	Amendment
Review commission:	METC Leiden-Den Haag-Delft (Leiden)
	metc-ldd@lumc.nl

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

#### Register

EudraCT ClinicalTrials.gov CCMO ID EUCTR2014-001162-10-NL NCT02815033 NL52114.058.15