# Effects of a single denosumab injection on reduction of total contact cast treatment and consolidation of bonefractures caused by acute Charcotfoot in patients with diabetes mellitus (CHARCOT study)

Published: 22-11-2016 Last updated: 10-01-2025

This study has been transitioned to CTIS with ID 2024-518637-28-00 check the CTIS register for the current data. Does single subcutaneous injection with denosumab or placebo (NACL 0.9%) induces a shorter Total contact cast treatment duration and...

**Ethical review** Approved WMO **Status** Completed

**Health condition type** Diabetic complications

**Study type** Interventional

# **Summary**

#### ID

NL-OMON50445

**Source** 

**ToetsingOnline** 

**Brief title** 

Charcot study

#### Condition

Diabetic complications

#### **Synonym**

charcot foot, diabetes

#### Research involving

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** charcot foot, denosumab, diabetes, treatment

#### **Outcome measures**

#### **Primary outcome**

Primary endpoints are time to cession of total contact cast boot (Days) in combination with curation of foot fractures.

#### **Secondary outcome**

Secondary outcomes are prevention of footdeformation (as determined by plantar pressure measurements before and after TCC) as well as changes in plasma RANKL levels before and after treatment.

# **Study description**

#### **Background summary**

Previous research has shown 0.1-5% of all subjects with diabetes mellitus and concomitant neuropathy develop a Charcot foot , which is a sterile inflammation driving increased osteoclastic actictivity within the bones in the foot. This results in spontaneous and painful fractures of these bones with subsequent deformation of the foot and increased risk of ulcer formation and lower leg amputation. Besides long term treatment with total contact casts (TCC) boot of the affected leg, no treatment is available despite the fact that Charcot foot is associated with increased morbidity and reduced quality of life (not able to work or drive a car and limitied movement due to total contact cast). Although the pathophysiology is largely unknown, a study using bonebiopsies showed increased production of RANKL in the affected bones of the Charcot foot. In the last few years, a subcutaneously injectable RANKL antibody (denosumab) was registered for the treatment of osteoporosis. We therefore would like to

investigate whether denosumab compared to saline placebo has a beneficial effects on bonefracture healing and preventing deformation of the foot in patients with Charcot foot.

#### **Study objective**

This study has been transitioned to CTIS with ID 2024-518637-28-00 check the CTIS register for the current data.

Does single subcutaneous injection with denosumab or placebo (NACL 0.9%) induces a shorter Total contact cast treatment duration and faster bonefracture healing (days) and does it prevent deformation of the foot in patients with Charcot foot

#### Study design

single center randomized dubbel blinded placebo controlled study

#### Intervention

one 1ml of either denosumab 60mg or 1 ml NACL 0.9% subcutaneous injection

#### Study burden and risks

Patients will receive one injection with an already registered studydrug (denosumab) or placebo (NACL 0.9%), which can induce temporary discomfort (bruises and muscle aches). The only side effects known to date of denosumab are itching after injection and temporary gastrointestinal side effects (often) and very rarely osteonecrosis of the jaw upon dental treatment (molar extraction). Subjects are therefore advised not to participate if they have molar extraction planned and cannot undergo this treatment in first year after treatment. Nevertheless the overall risk of this studydrug is low. After injection, patient will be treated according to standard clinical care protocol including daily intake of caclichew tablets (for optimalisation of Calcium and vitamin D) as well as the same routine visits (weekly TCC changes and monthly clinic vists including temperature and foot volume measurements and (standing) x-ray of the affected foot until consolidation of the bonefractures is observed). Two extra visits to AMC are requested for 1) for informed consent by PI and baseline bloodsample + injection and 2) bloodsample at end of study.

## **Contacts**

#### **Public**

Academisch Medisch Centrum

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Meibergdreef 9 kamer D3-316 Amsterdam 1105 AZ NL

#### Scientific

Academisch Medisch Centrum

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# **Trial sites**

#### **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- -Radiologically proven Charcot foot (x ray or MRI of the foot)
- Male/female gender
- Confirmed diagnosis of either type 1 or type 2 diabetes with neuropathy

#### **Exclusion criteria**

- Scheduled dental treatment (molar extraction) in the next year
- Not able to give informed consent

# Study design

## **Design**

Study phase: 2

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Completed Start date (anticipated): 05-09-2017

Enrollment: 30

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: prolia

Generic name: denosumab

Registration: Yes - NL outside intended use

# **Ethics review**

Approved WMO

Date: 22-11-2016

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 26-09-2017

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 28-05-2018

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 08-01-2021

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 20-01-2021

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

EU-CTR CTIS2024-518637-28-00 EudraCT EUCTR2016-003594-17-NL

CCMO NL59077.018.16