# NUtritional Assessment in Non-small Cell lung cancer patients

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**Ethical review** Approved WMO **Status** Recruitment stopped

**Health condition type** Respiratory and mediastinal neoplasms malignant and unspecified

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON50451

#### Source

**ToetsingOnline** 

**Brief title**NUANCE study

#### **Condition**

Respiratory and mediastinal neoplasms malignant and unspecified

#### **Synonym**

lungcancer, Non Small Cell Lung Cancer

#### Research involving

Human

## **Sponsors and support**

Primary sponsor: Antoni van Leeuwenhoek Ziekenhuis

Source(s) of monetary or material Support: Nutricia, Nutricia Medical Nederland B.V.

#### Intervention

**Keyword:** lung cancer, nutritional assessment, Oncology, physical functioning

#### **Outcome measures**

#### **Primary outcome**

Nutritional status measured with the PG-SGA, bio-impedance, CT and self reported physical functioning, physical activity and functional status (SPPB score).

#### **Secondary outcome**

- Quality of life, aversion and nausea, measured with the EORTC QLQc30 and

**EORTC QLQ - LC13** 

- Number of unscheduled appointments with the dietitian.

# **Study description**

#### **Background summary**

Lung cancer is the fourth most common type of cancer in The Netherlands, of which 80% is Non Small Cell Lung Cancer (NSCLC). NSCLC Patiënts are treated with chemoradiation or radiotherapy alone. At diagnosis, 20-45% of all patients have unintented weightloss, which can be even worse during treatment. Weightloss and undernutrition associated with complications and treatment outcome, worse physical functioning and decreased quality of life. Decreased physical functioning and decreased functional capacity are also related to a higher mortality.

Research on physical functioning, nutritional status and functional capacity and the relation between these variables in lung cancer patients is lacking.

#### **Study objective**

The primary goal of this study is to gain insight changes in components of nutritional status and functional capacity over time.

The objective is to improve the multidisciplinary health care for lung cancer patients.

Secundary goals are to investigate:

- 1. Wich components of nutritional status measured at baseline are related to functional capacity at the end of medical treatment (chemoradiation of radiation)
- 2. Which components of nutritional status and functional capacity measured at the end of the medical treatment with chemoradiation or radiation are related to self-reported physical functioning and quality of life at 3 and 6 months after initial medical treatment.
- 3. The number of unscheduled appointments with the dietitian with patients treated for NSCLC with chemo(radiation).

#### Study design

This study is a prospective observational study.

#### Study burden and risks

Completing of questionnaires and undergoing non-invasive measurements.

## **Contacts**

#### **Public**

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#### Scientific

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

All patients 18 years or older with stage II or III NSCLC

### **Exclusion criteria**

Patients with a pacemaker
Patients that don't speak Dutch
Patients with physical limitations who cannot be measured

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Health services research

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 10-07-2018

Enrollment: 100

Type: Actual

## **Ethics review**

Approved WMO

Date: 14-06-2018

Application type: First submission

Review commission: METC NedMec

Approved WMO

Date: 02-05-2019

Application type: Amendment

Review commission: METC NedMec

Approved WMO

Date: 14-08-2020

Application type: Amendment

Review commission: METC NedMec

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL64289.031.17