# A multicenter, randomized, double-blind, active-controlled study to evaluate the effects of LCZ696 compared to valsartan on cognitive function in patients with chronic heart failure and preserved ejection fraction

Published: 01-05-2017 Last updated: 15-04-2024

To evaluate the effects of LCZ696 compared to valsartan on cognitive function over 3 years in patients with HFpEF as assessed by the CogState cognitive assessment battery.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Heart failures
Study type	Interventional

# **Summary**

# ID

NL-OMON50528

**Source** ToetsingOnline

Brief title CLCZ696B2320 (PERSPECTIVE)

# Condition

- Heart failures
- Structural brain disorders

**Synonym** heart failure

#### **Research involving**

Human

### **Sponsors and support**

**Primary sponsor:** Novartis **Source(s) of monetary or material Support:** Novartis Pharma B.V. (sponsor/verrichter van dit onderzoek)

### Intervention

Keyword: cognitive function, heart failure, LCZ696, preserved ejection fraction

### **Outcome measures**

#### **Primary outcome**

To evaluate the effects of LCZ696 compared to valsartan on cognitive function over 3 years in patients with HFpEF as assessed by the CogState cognitive assessment battery.

#### Secondary outcome

To evaluate the effect of LCZ696 compared to valsartan on amyloid deposition in

the brain in a subset of patients using positron emission Tomography amyloid

(PET) imaging over 3 years.

To evaluate the effects of LCZ696 compared to valsartan on individual cognitive

domains (memory, executive function, and attention) as assessed by the

individual components of the CogState battery over 3 years

To compare LCZ696 to valsartan in evaluating changes in instrumental activities

of daily living (IADL) as assessed with Functional Activity Questionnaire (FAQ)

over 3 years.

# **Study description**

#### **Background summary**

Cognitive impairment has been reported in patients with heart failure in several studies. Prevalence observed ranged from 25-75% within these studies. Changes in cognition due to improved hart function has not yet been evaluated extensively. In observational studies a connection was shown between congitive impairment and elevated blood pressure. Also correlation between cognitive impairment at the age of 70 and the development of dementia 10-20 years later was shown.

It would be possible that improvement of the heart function and blood pressure, due to a long term treatment of LCZ696 can result in a improvement of the cognition.

Also, in this study the effect of the NEP-inhibitor component to the existence of Amyloid-beta, which might be a factor in developing Alzheimers' disease. This has not been found in the Paradigm-HFstudy.

In this study beta-amyloid plaquea will be investigated by MRI/PETscans.

### **Study objective**

To evaluate the effects of LCZ696 compared to valsartan on cognitive function over 3 years in patients with HFpEF as assessed by the CogState cognitive assessment battery.

#### Study design

Multi-center, randomized, double-blind, parallel group phase III study with active comparator. Screening period of up to 2 weeks. Single-blind, run-in period 3-8 weeks (treatment with LCZ696 and valsartan separately). Thereafter randomization (1:1) to:

- 1. LCZ696 200 mg bid,
- 2. Valsartan 160 mg bid.
- Back-titration if dose is not tolerated.

Continuation of regular treatment against heart failure (except ACE-,

angiotensin - and renin inhibitors).

Total study duration 38 months (including screening/run-in).

#### Intervention

Treatment with LCZ696 or valsartan.

#### Study burden and risks

Risks are the radiation (3x natural radiation amount), possible AEs due to the

IMP and burden study procedures.

- Physical examination: 10 x
- Vital signs: 12 x
- Weight: 8 x
- Bloodtests: 11 x
- Echocardiogram: 1 x
- MRI: max 3 x
- PET scan: 3 x
- Cogstate: 9 x
- Completion of PROs: 9 x

During study, forbidden co-medication.

# Contacts

### Public

Novartis

Haaksbergweg 16 Amsterdam 1101 BX NL Scientific Novartis

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

# **Inclusion criteria**

- Male or female patients aged >= 60 years of age.

- Chronic heart failure with current symptom(s) (NYHA class II-IV) at Screening visit.

- LVEF >= 40%

a. By any method using most recent assessment within 6 months prior to screening visit OR

b. By an echocardiogram performed during the screening visit, if previous assessment is not available.

- Patiens with at least 1 of the following:

- prior HF hospitalisation in 12 months prior to screening visit

- NT-proBNP > 125 pg/ml at screening visit.

- Patient with evidence of adequate functioning (e.g.: intellectual, motor,

visual and auditory) to complete the study assessments and has elementary education or 6 years of sustained employment.

See protocol for more details.

# **Exclusion criteria**

- Current acute decompensated HF requiring therapy

- Acute coronary syndrome, cardiac surgery, other major CV surgery, urgent PCI, carotid surgery/angioplasty, history of stroke or transient ischemic attack within the 3 months prior to Screening visit or an elective PCI within 30 days prior to Screening visit.

- Patients who require treatment with 2 or more of the following: an ACEi, an ARB or a renin inhibitor.

- MMSE score < 24 at Screening visit

- Patients with a clinical diagnosis of Alzheimer\*s disease or other dementia syndromes or any indication for or current treatment with cholinesterase inhibitors and/or another prescription Alzheimer\*s Disease (AD) treatment (e.g., memantine).

- Inability to perform tests based on significant motor or sensory skill. See protocol for details and more exclusion criteria

# Study design

# Design

Study phase:

3

Study type:

Interventional

Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	25-09-2017
Enrollment:	15
Туре:	Actual

## Medical products/devices used

Product type:	Medicine
Brand name:	Diovan
Generic name:	valsartan
Registration:	Yes - NL intended use
Product type:	Medicine
Brand name:	Entresto
Generic name:	sacubitril/valsartan
Registration:	Yes - NL outside intended use

# **Ethics review**

Approved WMO Date:	01-05-2017
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO Date:	17-08-2017
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO Date:	27-09-2017

Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	29-09-2017
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	25-04-2018
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO Date:	11-05-2018
Application type:	Amendment
Review commission:	METC Amsterdam UMC
	METC AMSLETUAM OMC
Approved WMO Date:	08-06-2018
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	14-08-2018
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	24-08-2018
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	11-10-2018
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO Date:	13-12-2018
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	22-03-2019

Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	02-04-2019
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	25-04-2019
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	00.05.2010
Date:	08-05-2019
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO Date:	23-05-2019
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	24-05-2019
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	09-07-2020
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	10-08-2020
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO Date:	05-10-2020
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	04-01-2021

Amendment
METC Amsterdam UMC
18-01-2021
Amendment
METC Amsterdam UMC
19-02-2021
Amendment
METC Amsterdam UMC

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register

EudraCT ClinicalTrials.gov CCMO ID EUCTR2016-001254-17-NL NCT02884206 NL60363.029.17