

# Prostate cancer Research International: Active Surveillance (PRIAS) MRI study

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To study the value of mpMRI with subsequent targeted biopsies after inclusion to more accurately grade prostate cancers of men on active surveillance. Furthermore, the value of mpMRI in reducing the number and amount of biopsies will be studied.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Reproductive and genitourinary neoplasms gender unspecified NEC
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON50734

### Source

ToetsingOnline

### Brief title

PRIAS + MRI

### Condition

- Reproductive and genitourinary neoplasms gender unspecified NEC
- Prostatic disorders (excl infections and inflammations)

### Synonym

Prostate cancer, prostate carcinoma

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Active Surveillance, MRI, PRIAS, Prostate Cancer

## Outcome measures

### Primary outcome

The main endpoint is the percentage of men upgraded (Gleason score  $\geq 7$ ) at inclusion and at repeat biopsies.

### Secondary outcome

Secondary endpoints are the therapy free survival rate, number of biopsies performed, biopsy complications, results after deferred radical treatment, development of metastasis and prostate cancer specific mortality.

## Study description

### Background summary

Prostate cancer often has an indolent growth pattern. Radical treatment of these cancers therefore results in unnecessary side-effects and deterioration of quality of life. Active surveillance aims at postponing or even avoiding this radical treatment, without affecting oncological outcome.

The at the Erasmus MC initiated study \*Active surveillance: Een afwachtend beleid met de mogelijkheid tot uitgestelde curatieve behandeling bij mannen met prostaatkanker; richtlijn en studie in de regio Rotterdam (PRIAS)\* is currently the largest active surveillance study worldwide. Although short term results are promising, the selection of men with truly \*indolent\* prostate cancer could be improved. Furthermore the criteria to switch to radical treatment are not optimal, with some men being treated unnecessary and for some men treatment is deferred to long.

MpMRI of the prostate with subsequent targeted biopsies could improve Gleason grading of the prostate cancer and therefore improve upfront selection and follow-up of men on active surveillance, further reducing the number of men with intermediate risk instead of low risk cancers selected initially for active surveillance. If mpMRI with targeted biopsies improves Gleason grading, surrogate measures of Gleason progression currently used in the PRIAS study

(more than 2 cores positive, PSA-DT <3 year) could be improved and replaced.

This side study of the PRIAS study aims at investigating the value of mpMRI at inclusion and during follow-up of men on active surveillance.

### **Study objective**

To study the value of mpMRI with subsequent targeted biopsies after inclusion to more accurately grade prostate cancers of men on active surveillance. Furthermore, the value of mpMRI in reducing the number and amount of biopsies will be studied.

### **Study design**

This side study of the PRIAS study is a prospective cohort study. Comparisons will be made with historically matched PRIAS participants.

### **Study burden and risks**

The additional burden consist of a maximum of 7 mpMRIs during 7 years of follow-up and a maximum of 6 additional biopsies per repeat biopsy visit. Risk of MRI include allergy to contrast media. This risk is reduced as much as possible by excluding participants with a known contrast allergy. Studies have shown that taking additional biopsies during a biopsy procedure does not increase the risk of complications, except the pain that can be associated with the extra biopsies taken. On the other hand mpMRI could reduce the amount of repeat biopsy visits for some men with low PSA-DT. Furthermore it could improve the Gleason grading of the prostate cancer at inclusion, therefore better selecting men with true \*indolent\* prostate cancer, and at follow-up reducing the amount of unnecessary radical treatments.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- 1) Included into the PRIAS study <7 years ago
- 2) Men should be fit for curative treatment
- 3) Participants must be willing to attend the follow-up visits
- 4) Participants must be willing and able to attend follow-up MRIs and targeted biopsies

### Exclusion criteria

- 1) Men who cannot or do not want to be irradiated or operated
- 2) A former therapy for prostate cancer
- 3) Men with a contraindication for MR

## Study design

### Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)

Control:	Active
Primary purpose:	Diagnostic

## Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	17-03-2014
Enrollment:	30
Type:	Actual

## Ethics review

Approved WMO	
Date:	23-10-2013
Application type:	First submission
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)
Approved WMO	
Date:	27-10-2020
Application type:	Amendment
Review commission:	METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

**In other registers**

Register	ID
CCMO	NL45884.078.13