

# Spinal Cord Stimulation for intractable chronic lower abdominal neuropathic pain caused by endometriosis

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON50815

### Source

ToetsingOnline

### Brief title

Spinal Cord Stimulation for Endometriosis pain

### Condition

- Other condition

### Synonym

chronic pain, endometriosis

### Health condition

Chronische neuropathische pijn

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Boston Scientific

## Intervention

**Keyword:** Chronic pelvic pain, Endometriosis, Neuropathy, Spinal Cord Stimulation

## Outcome measures

### Primary outcome

Mean pain intensity and patients global impression of change at 6 months

### Secondary outcome

- Mean pain: NRS pain score (3 times a day for 3 days) at baseline and 3-6 and 12 months post implant.
- The number (percentage) of subjects who achieve a reduction in the pain intensity of at least 50%(substantial change) or 30% (moderately important change) at 6 months compared to baseline.(12)
- Patient\*s global impression of change(PGIC): dichotomous (better or improved versus not better or improved) at 3-6- and 12-months post implant.
- Change in quality of life: EHP 30 & SF36 at baseline and at 6- and 12-months post implant.
- Change in fatigue: EHP 30 at baseline and 6- and 12-months post implant
- Pain Catastrophizing assessed with the PCS at baseline, 6- and 12-months post implant.
- Central Sensitization Inventory at baseline and 6- and 12-months post implant.
- Pain medication use at baseline 3- 6- and 12-months post implant
- Lost working days: iPCQ Productivity Cost Questionnaire at baseline and at 6

months post implant

- Number of patients with a failed trial SCS
- Complications and side effects: 3, 6, and 12 months post implant.

## Study description

### Background summary

Endometriosis is a condition characterised by the presence and growth of ectopic endometrial tissue. Definitive diagnosis of endometriosis is by visualization and/or confirmed by histologic examination of excised lesions via laparoscopy. With a prevalence of 6-10%, endometriosis isn't rare. Besides complaints like dysmenorrhea, dyspareunia and infertility, a substantial percentage of these patients complain of chronic pelvic pain. This pain that should be seen as a form of centralised pain is notoriously hard to treat and results in a substantial loss in quality of life and impairment of professional and social functioning.

Spinal cord stimulation is a well accepted treatment for neuropathic pain.

There is some evidence that patients with visceral pain can benefit from treatment with spinal cord stimulation. The question this study seeks to answer is whether spinal cord stimulation is a feasible treatment modality for patients suffering from chronic pelvic pain caused by endometriosis.

### Study objective

The objective of this study is to assess the feasibility of SCS using the Wavewriter Alpha for control of treatment resistant endometriosis-related pain symptoms

### Study design

This is a prospective, multicenter, unblinded feasibility study (pilot study) to assess the hypothesis that the chronic intractable severe pain from patients with endometriosis could be treated with SCS. Patients who failed all treatment options (hormonal, medical and surgical), and fulfil the inclusion criteria, and have signed the approved informed consent form will be enrolled in the study.

For this study 15 patients will receive an implant SCS. After implantation of the system the patients will be followed up for 1 year.

After the test period of 5 patients an interim analysis will be performed to assess if the study should continue, at least 2 patients should benefit from

the treatment with at least 50% pain relief for the study to continue.

### **Intervention**

Implantation of a spinal cord stimulator with accompanying epidural leads (Boston Spectra Wavewriter System).

### **Study burden and risks**

The risks patients are undergoing during implantation in this study are the same as the risks any patient faces undergoing neuromodulation. There is a very small risk of epidural hemorrhage (not higher than any form of regional anesthesia) and a risk of infection of the system. Routinely patients will receive pre operative prophylactic antibiotics and patients are made aware of the symptoms of the infection (pain, redness, fever, stiff neck).

Besides implantation of the neuromodulator the additional burden for the patients comprises of extra hospital visits.

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Patients with endometriosis/ adenomyosis confirmed at surgery and without options for further surgical treatment.
- Premenopausal woman aged  $\geq 18$  years
- Patients with at least one of the endometriosis related pain symptoms: dysmenorrhea, pelvic pain or dyspareunia.
- Mean pain NRS of at least 5 (scale 0-10).
- The pain complaints are therapy resistant (including hormonal, medical and/or surgical options)
- Refractory pain; Before neuromodulation patient has tried: Paracetamol, NSAIDs, Anti neuropathic pain therapy, TENS
- Neurologic exam without marked motor deficit.
- Meets all the inclusion criteria for the implantation of a neurostimulation system as typically utilized in the study center.
- Subject has been screened by a multi-disciplinary panel including a psychologist and deemed suitable for implantation
- Subject is able and willing to comply with the follow-up schedule and protocol
- Subject is able to provide written informed consent

### Exclusion criteria

- Female subject of childbearing potential is pregnant/nursing or plans to become pregnant during the course of the study
- The presence of any malignancy
- BMI  $\geq 35$
- Subject currently has an active implantable device including ICD, pacemaker, spinal cord stimulator or intrathecal drug pump
- Subject is unable to operate the device
- Previous Neurostimulation therapy

## Study design

## Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 21-06-2022

Enrollment: 15

Type: Actual

## Medical products/devices used

Generic name: Spinal Cord Stimulator

Registration: Yes - CE outside intended use

## Ethics review

Approved WMO

Date: 24-12-2021

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 14-03-2022

Application type: Amendment

Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL76287.018.21