# Pulmonary inflammation and glucocorticoid sensitivity for the prediction of bronchopulmonary dysplasia (PRIDICT-BPD): A multicenter study

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To develop a prediction model for BPD using a range of multimodal predictors assessed in the first two weeks of life.

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Neonatal respiratory disorders
Study type	Observational non invasive

# Summary

### ID

NL-OMON50974

**Source** ToetsingOnline

#### **Brief title**

Pulmonary Inflammation and Glucocorticoid Sensitivity in Preterm Infants

### Condition

• Neonatal respiratory disorders

#### Synonym

Bronchopulmonary dysplasia, chronic lung disease of prematurity

#### **Research involving**

Human

### **Sponsors and support**

**Primary sponsor:** Amsterdam Universitair Medische Centra **Source(s) of monetary or material Support:** Amsterdam Reproduction & Development

### Intervention

**Keyword:** Bronchopulmonary dysplasia, Glucocorticoïds, Premature infants, Pulmonary inflammation

#### **Outcome measures**

#### **Primary outcome**

Primary parameters:

- 1. Pulmonary inflammation, as assessed from volatile organic compounds (VOCs);
- 2. Adrenocortical output, as assessed from levels of cortisol, 17-OH

progesterone and 11-deoxycortisol;

3. Glucocorticoid tissue-sensitivity, as assessed from single-nucleotide

polymorphisms (SNPs) in the glucocorticoid receptor gene and

glucocorticoid-responsive genes involved in lung development.

Primary outcome:

The occurrence and severity of BPD.

#### Secondary outcome

Secondary outcome:

Neurocognitive development at 1 and 2 years of corrected age, as assessed from

eye tracking at the age (if available in participating center) and the Bayley

Scales of Infant Development, respectively.

# **Study description**

#### **Background summary**

Extremely preterm infants (<30 weeks of gestation) who develop bronchopulmonary dysplasia (BPD) are at high risk of serious neurodevelopmental problems. Pulmonary inflammation is a key factor in the development of BPD. The adrenal-cortex hormone cortisol is known for its anti-inflammatory effects. In the first weeks of life preterm infants are unable to produce sufficient cortisol for the degree of inflammation, and due to the relative abundance of the precursor steroids 11-deoxycortisol and 17-OH progesterone, their tissues are relatively resistant to cortisol.

Both can result in insufficient damping of pulmonary inflammation. Prophylactic treatment with systemic corticosteroids is effective for the prevention of BPD, but has been associated with an increased risk of adverse neurocognitive development particularly among infants at low risk of BPD.

These findings warrant a more personal approach in corticosteroid treatment, targeted at high-risk infants. However, implementation of targeted treatment is held back by the poor performance of the available prognostic models for BPD development.

We propose a novel approach for the early identification of infant at risk of BPD by focusing on 3 major players in the development of BPD, namely 1. Pulmonary inflammation; 2. Adrenocortical output; and 3. Glucocorticoid tissue-sensitivity.

With these factors we aim to develop a prediction model for BPD using a multimodal predictors assessed in the first two weeks of life.

### Study objective

To develop a prediction model for BPD using a range of multimodal predictors assessed in the first two weeks of life.

### Study design

Multicenter prospective cohort study.

### Study burden and risks

Improving outcomes in the growing population of preterm infants is one of the major challenges in neonatal care today. There are no burdens or risks associated with participation in this study. Blood will always be drawn at the same time as for routine clinical care, so that no additional vena puncture or heel stick procedures are required for this study. Furthermore, the decision to start treatment with corticosteroids will remain at the discretion of the treating physician. This study is specifically focused on infants born <30

weeks of gestation. Such infants have a very high risk of developing BPD, and generally have a poor prognosis in terms of survival and long-term outcome. Improving their prognosis is of the utmost importance.

# Contacts

#### Public

Amsterdam Universitair Medische Centra

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# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

### **Inclusion criteria**

Newborn infant born <30 weeks of gestation

### **Exclusion criteria**

Major congenital anomalies, such as congenital heart and pulmonary defects, and major genetic anomalies. Major surgery in the first 24 hours after birth

# Study design

### Design

Study type: Observational non invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Diagnostic	

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	02-02-2022
Enrollment:	375
Type:	Actual

# **Ethics review**

Approved WMO Date:	12-07-2021
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO Date:	02-03-2022
Application type:	Amendment
Review commission:	METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register

ССМО

**ID** NL76476.029.21