

# Esketamine Oral Thin Film (OTF) administration \* a pharmacokinetic pharmacodynamic study in healthy participants

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Objective: Primary objective: To determine pharmacokinetic profiles of an esketamine oral thin film with 50 or 100 mg esketamine; Secondary objective: (1) To determine the pharmacodynamic profile of an esketamine oral thin film containing 50 or 100...

|                              |                     |
|------------------------------|---------------------|
| <b>Ethical review</b>        | Approved WMO        |
| <b>Status</b>                | Recruitment stopped |
| <b>Health condition type</b> | Other condition     |
| <b>Study type</b>            | Interventional      |

## Summary

### ID

NL-OMON51122

### Source

ToetsingOnline

### Brief title

ESKOT

### Condition

- Other condition

### Synonym

neuropathic pain, pain, PK/PD

### Health condition

pijnbehandeling

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Leids Universitair Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W, LTS Lohmann Therapie-Systeme AG, Duitsland

## Intervention

**Keyword:** esketamine, ketamine, PK/PD study

## Outcome measures

### Primary outcome

-Plasma concentrations esketamine and esnorketamine;

-Antinociceptive responses to pressure pain, electrical pain and heat pain.

### Secondary outcome

Response to Bowdle and Bond & Lader questionnaires.

## Study description

### Background summary

The N-methyl-D-aspartate receptor antagonist ketamine is a potent anesthetic, analgesic and antidepressant, increasingly used at subanesthetic doses to treat different forms of pain, as well as depression. Currently the intravenous route is the predominant form of ketamine delivery with inherent need for a successful, sterile venipuncture by skilled healthcare personnel. This prevents the use of ketamine in the out-hospital setting, particularly in case of acute pain treatment (e.g., breakthrough pain). In the current study we will perform a pharmacokinetic-pharmacodynamic study on the efficacy of an esketamine oral thin film (OTF) in 20 healthy volunteers at a dose of 50 and 100 mg using a cross-over design. We will obtain the following end-points: arterial plasma concentrations of S-ketamine and S-norketamine, antinociceptive responses to pressure pain, electrical pain and heat pain, psychomimetic side effects (measured by the Bowdle and Bond & Lader questionnaires). Additionally, to get an indication of the bioavailability of the esketamine OTF, we will infuse a

low dose esketamine via the intravenous route and measure plasma S-ketamine and S-norketamine concentrations at the end of each experimental session. We hypothesize that esketamine in OTF formulation will produce plasma S-ketamine and S-norketamine concentrations that are associated with antinociception.

## **Study objective**

Objective: Primary objective: To determine pharmacokinetic profiles of an esketamine oral thin film with 50 or 100 mg esketamine; Secondary objective: (1) To determine the pharmacodynamic profile of an esketamine oral thin film containing 50 or 100 mg esketamine with endpoints antinociception and psychomimetic side effects; (2) To determine safety and tolerability of the esketamine oral thin film.

## **Study design**

This study has an exploratory, open-label, crossover and randomized design.

## **Intervention**

Administration of S-ketamine mucosal patch (50 mg and 100 mg)

## **Study burden and risks**

In this open label study, we will assess the pharmacokinetic profile of two doses of an esketamine oral thin film in healthy volunteers. We expect few if any adverse effect but will gain valuable data on the plasma concentration effect profile of this novel form of esketamine administration. Such a formulation will be suitable for treatment of acute and chronic (breakthrough) pain. As such we believe this to be a valid study with a positive risk benefit balance.

## **Contacts**

### **Public**

Leids Universitair Medisch Centrum

Albinusdreef 2  
Leiden 2333 ZA  
NL

### **Scientific**

Leids Universitair Medisch Centrum

Albinusdreef 2

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

- aged 18-45 years,
- body mass index  $> 19$  and  $< 30$  kg/m<sup>2</sup>,
- able to understand the written informed consent form,
- able to communicate with the staff,
- able and willing to complete the study procedures,
- signed the informed consent form,
- deemed suitable by the investigators.
- nonsmoking for the last 3 months.

### **Exclusion criteria**

- Presence or history of any medical or psychiatric disease (incl. a history of substance abuse, anxiety, or the presence of a painful syndrome);
- Use of any medication in the three months prior to the study (incl. paracetamol or other pain killers);
- Use of more than 21 alcohol units per week;
- Use of illegal substances, including cannabis, in the 4 weeks prior to the study;
- A positive urinary drug test or a breath alcohol test at screening or on the morning of the experiment;
- Pregnancy, lactating or a positive pregnancy test on the morning of the experiment;
- Participation in another drug trial in the 60 days prior to dosing.

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 27-01-2021

Enrollment: 20

Type: Actual

### Medical products/devices used

Product type: Medicine

Brand name: Esketamine

Generic name: S-ketamine

Registration: Yes - NL intended use

## Ethics review

Approved WMO

Date: 18-11-2020

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 13-01-2021

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 06-03-2021

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 12-03-2021

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 18-03-2021

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

EudraCT

**ID**

EUCTR2020-005185-33-NL

**Register**

CCMO

**ID**

NL75727.058.20

## Study results

Date completed: 27-05-2021

Actual enrolment: 20