

From thought to attempt: Understanding the suicidal proces

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Gain insight into the process through which suicidal thoughts lead to an attempt, and into the factors, considerations and preparations that play a role in this process

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Suicidal and self-injurious behaviours NEC
Study type	Observational non invasive

Summary

ID

NL-OMON51531

Source

ToetsingOnline

Brief title

Understanding the suicidal process

Condition

- Suicidal and self-injurious behaviours NEC

Synonym

suicidal behavior, Suicidality

Research involving

Human

Sponsors and support

Primary sponsor: 113 Zelfmoordpreventie

Source(s) of monetary or material Support: ProRail

Intervention

Keyword: decisionmaking, railway, suicide, suicide attempt

Outcome measures

Primary outcome

Detailed information regarding the induction, planning, preparation and decision-making of suicide attempts, and the motivation to choose a specific method of suicide.

Secondary outcome

Protective factors that could contribute to the improvement of prevention strategies.

Study description

Background summary

Over 1800 suicide deaths occur in The Netherlands every year, 200 of which are railway suicides. The prevalence of non-fatal suicide attempts is estimated to be 25 times greater than that of suicides. Although there is much qualitative data available about the suicidal process, through which suicidal thoughts may result in a suicide attempt, there is little detailed information known about this process. Such knowledge about the steps taken by a suicidal person throughout this process, and the related barriers and triggers, can provide much insight about the planning, realization, and execution of suicide plans. Furthermore, it is valuable to gain insight with regards to the decision-making that leads to railway suicide plans, specifically. Knowledge gained may contribute to suicide prevention in general, and railway suicide prevention specifically.

Study objective

Gain insight into the process through which suicidal thoughts lead to an attempt, and into the factors, considerations and preparations that play a role in this process

Study design

This is a mixed methods study which features structured interviews. Interviewees are people who recently carried out a suicide attempt with the

specific intent of passing away, which they survived or was disrupted by external factors. The study distinguishes between two groups: A) people who carried out a railway suicide attempt (N=20) and B) people who carried out a suicide attempt involving any different method, with the specific intent to pass away (N=20).

Study burden and risks

The risk associated with participating in this study is considered moderate, given the relatively small burden of one interview and one questionnaire. Various international and national studies have demonstrated that asking questions about suicidality does not have harmful effects. This is the case for both those that have suicidal thoughts, and those who do not. Severely suicidal people may actually become less suicidal after being asked questions about suicidality. It is probable that this is the result of discussions about suicidality *airing out* suicidal sentiments, making the experience of having suicidal thoughts less tense. Research has also demonstrated that a previous suicide attempt is a predictor for future fatal suicide attempt. Thus, the research population is a vulnerable group, requiring careful research conduct for this group to be involved in this study responsibly. This is ensured by screening participants, specific requirements for interviewers, additional training for interviewers, and establishing a care protocol post-participation.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Inclusion criteria

- Age: 18 years or older
- The most recent suicide attempt occurred less than one year ago

Exclusion criteria

- Acute suicidality is present
- Severe psychiatric problems are present, such that the person is unable to be an interviewee.

Study design

Design

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Prevention

Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 06-10-2022

Enrollment: 40

Type: Actual

Ethics review

Approved WMO

Date: 27-09-2022

Application type: First submission

Review commission: METC Amsterdam UMC

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL80293.029.22