

# Clinical feasibility of ROBERT-SAS in severely affected stroke patients

Published: 22-06-2022

Last updated: 06-04-2024

The primary objective of the current study is to assess the feasibility of ROBERT® -SAS training in clinical setting, in acute stroke patients, including patient and therapist perspectives

|                              |   |
|------------------------------|---|
| <b>Ethical review</b>        | Approved WMO                              |
| <b>Status</b>                | Recruitment stopped                       |
| <b>Health condition type</b> | Central nervous system vascular disorders |
| <b>Study type</b>            | Observational non invasive                |

## Summary

### ID

NL-OMON51596

### Source

ToetsingOnline

### Brief title

Clinical feasibility ROBERT-SAS

### Condition

- Central nervous system vascular disorders

### Synonym

Cerebrovascular accident, Stroke

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Revalidatiecentrum Het Roessingh

**Source(s) of monetary or material Support:** EUREKA;europese subsidie

## Intervention

**Keyword:** electrical stimulation (ES), Robotic, Stroke

## Outcome measures

### Primary outcome

The main outcome parameter is the SUS score from both the patients and the therapists.

### Secondary outcome

In addition to the primary outcome, the surface EMG and resulting force will be noted with the ROBERT® -SAS system. Furthermore, the selected mode of ROBERT® -support, SAS parameter settings (including amplitude, frequency and pulse width of ES) and the treatment settings on the screen will be stored. The trajectory completion rate will be determined between the different AAN stages. Exercises specific settings such as repetitions and resistances settings, are collected. Clinical measurements like the Fugl-Meyer assessment, Motricity index and forces measured with the MRC test will be recorded over time. Furthermore, information about the clinical applicability will be gathered. This information contains information like, the settings that will be used, the movement that are trained, the time the training and set-up takes (separately timed) and lastly the training duration (in case of continuing training beyond 3 weeks) and its reasons as reported by therapists (e.g. which aspects were considered in deciding to prolong the training beyond three weeks).

## Study description

## **Background summary**

Stroke is one of the leading causes of disability of adults in the European Union. Around 80% of stroke survivors experience deficits in motor control, resulting in problems with keeping balance and walking, for instance. The extent and amount of deficits differ per individual. Interventions to train the lower extremity almost always consist of walking exercises. However, patients in the acute phase or with severely affected lower extremity function are often unable to walk or to walk independently. Therefore, the combination of a robot (ROBERT® ) and functional electrical stimulation (ES) is being developed to provide a training tool for early rehabilitation. In the current study a combination of robot and ES will be evaluated in clinical setting.

## **Study objective**

The primary objective of the current study is to assess the feasibility of ROBERT® -SAS training in clinical setting, in acute stroke patients, including patient and therapist perspectives

## **Study design**

The current study is an observational study.

## **Study burden and risks**

The current study consists of several measurement sessions in Roessingh rehabilitation centre, during the normal rehabilitation time. The robot, ROBERT® is CE-certified. However, the combination ROBERT® -SAS, combining both ES and robot support, is not, although previous tests have shown this approach is possible and tolerable by healthy persons and stroke patients. The risks are regarded as minimal because it is without invasive procedures, with room for rest in between trial sets as required by the participant, and application of individual stimulation profiles to not exceed tolerance levels or inflict pain during electrostimulation.

## **Contacts**

### **Public**

Revalidatiecentrum Het Roessingh

Roessinghbleekweg 33b  
Enschede 7522AH  
NL

### **Scientific**

Revalidatiecentrum Het Roessingh

Roessinghbleekweg 33b  
Enschede 7522AH  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

- Sub(acute) stroke (< 6 months post-stroke)
- Above 18 years
- Able to provide informed consent
- An ischemic or haemorrhagic stroke
- Hemiparetic lower extremity

### **Exclusion criteria**

- Premorbid disability of lower extremity
- Severe cognitive impairment, unable to follow simple instructions and unable to understand Dutch.
- Skin lesions at the hemiparetic leg
- Progressive neurological diseases (i.e. Parkinson, dementia, etc.)
- Contraindication for mobilization like lower limb fracture
- Use of pacemaker
- Pregnancy

## Study design

### Design

|                     |                                 |
|---------------------|---------------------------------|
| Study type:         | Observational non invasive      |
| Intervention model: | Other                           |
| Allocation:         | Non-randomized controlled trial |
| Masking:            | Open (masking not used)         |
| Control:            | Active                          |
| Primary purpose:    | Other                           |

### Recruitment

|                           |                     |
|---------------------------|---------------------|
| NL                        |                     |
| Recruitment status:       | Recruitment stopped |
| Start date (anticipated): | 11-07-2022          |
| Enrollment:               | 10                  |
| Type:                     | Actual              |

### Medical products/devices used

|               |            |
|---------------|------------|
| Generic name: | ROBERT-SAS |
| Registration: | No         |

## Ethics review

|                    |                                      |
|--------------------|--------------------------------------|
| Approved WMO       |                                      |
| Date:              | 22-06-2022                           |
| Application type:  | First submission                     |
| Review commission: | CMO regio Arnhem-Nijmegen (Nijmegen) |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL80574.000.22 |