

# Pulmonary vein isolation or atrioventricular node ablation in patients with heart failure and symptomatic atrial fibrillation diminishing CRT response (PULVERISE-AF-CRT): A randomized study

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Primary objective: to study in patients with heart failure and AF whether PVI or atrioventricular node ablation is non inferior with regard to all-cause mortality, cardiovascular hospitalization or changes in quality of life. Secondary objective: to...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Cardiac arrhythmias
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON52003

### Source

ToetsingOnline

### Brief title

PVI vs AVN ablation: PULVERISE-AF-CRT

### Condition

- Cardiac arrhythmias

### Synonym

Atrial fibrillation, heartfailure

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Ablation, Atrial fibrillation, CRT, Heart failure

## Outcome measures

### Primary outcome

The primary end point is defined as the hierarchical occurrence of all-cause death, cardiovascular hospitalization (heart failure or stroke), and the change in quality of life at 1 year.

### Secondary outcome

Death from any cause, unplanned hospitalization related to heart failure, death from cardiovascular disease, cerebrovascular accident, unplanned hospitalization for cardiovascular disease, and any hospitalization.

Furthermore changes in the Kansas city cardiomyopathy questionnaire were assessed. Also procedure related adverse events and atrial fibrillation-free intervals were assessed.

## Study description

### Background summary

Pulmonary vein isolation (PVI) is currently the cornerstone non pharmacological therapy for drug-refractory atrial fibrillation (AF). Where rhythm control has been shown to be inferior as compared to rate control in older trials. New data suggest that for patients with heart failure and AF PVI may improve prognosis (mortality) as compared to medical rate or rhythm control. Whether optimal rate control as can be achieved with atrioventricular node ablation is comparable with regard to all-cause mortality of heart failure hospitalization to PVI in

patients with heart failure and AF is unknown.

### **Study objective**

Primary objective: to study in patients with heart failure and AF whether PVI or atrioventricular node ablation is non inferior with regard to all-cause mortality, cardiovascular hospitalization or changes in quality of life.

Secondary objective: to study cardiovascular morbidity related to PVI or atrioventricular node ablation.

### **Study design**

Study design: Single centre, randomized study.

### **Intervention**

all patients will undergo either PVI or atrioventricular node ablation.

### **Study burden and risks**

Most investigations during the study are standard clinical care. PVI is shown to be effective to increase left ventricular ejection fraction in patients with heart failure. Also AV node ablation might be beneficial and is recommended by current guidelines to achieve adequate rate control. However, there have been no trials to randomize patient to either of these treatment strategies with relation to major cardiovascular outcomes

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Presence of a cardiac resynchronization therapy device (CRT-D or CRT-P) and optimal medical therapy according to current guidelines.
- Patients with paroxysmal or persistent AF, having AF or HF related symptoms.
- Patient with paroxysmal AF should have >25% burden or inadequate biventricular pacing (<95%) based on device counters.
- The patient is willing and able to comply with the protocol and has provided written informed consent.
- Age  $\geq 18$  years

### Exclusion criteria

- Documented left atrial diameter  $> 6$  cm (parasternal long axis).
- Longstanding persistent AF longer than 2 years.
- Contraindication to chronic anticoagulation therapy or heparin
- Previous left heart ablation procedure for AF
- Acute coronary syndrome, cardiac surgery, angioplasty or stroke within 2 months prior to enrolment
- Untreated hypothyroidism or hyperthyroidism
- Enrolment in another investigational drug or device study.
- Woman currently pregnant or breastfeeding or not using reliable contraceptive measures during fertility age.
- Mental or physical inability to participate in the study.
- Listed for heart transplant.
- Cardiac assist device implanted.
- Planned cardiovascular intervention.
- Life expectancy  $\leq 12$  months.
- Uncontrolled hypertension.

- Requirement for dialysis due to terminal renal failure.
- Participation in another telemonitoring concept

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-05-2021

Enrollment: 100

Type: Anticipated

### Medical products/devices used

Generic name: Ablatie katheters

Registration: Yes - CE intended use

## Ethics review

Approved WMO

Date: 09-05-2022

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

**Followed up by the following (possibly more current) registration**

No registrations found.

**Other (possibly less up-to-date) registrations in this register**

No registrations found.

**In other registers**

Register	ID
CCMO	NL76855.042.21