

# Basophil Activation Test cow's milk for replacement of the food challenge test

Published: 13-09-2021

Last updated: 04-04-2024

Determination of the (cost)effectiveness of the replacement of the expensive, risky and time-consuming food challenge test by the Basophil Activation Test (BAT) for the diagnosis of an IgE-mediated cow's milk allergy in children.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Allergic conditions
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON52026

### Source

ToetsingOnline

### Brief title

BAT cow's milk for replacement of the food challenge test.

### Condition

- Allergic conditions

### Synonym

cow's milk allergy

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Rijnstate Ziekenhuis

**Source(s) of monetary or material Support:** Veelbelovende Zorg;ZIN

## Intervention

**Keyword:** Basophil Activatie Test, cow's milk, oral food challenge

## Outcome measures

### Primary outcome

The sensitivity, specificity, negative- and positive predictive value of the BAT. Effectiveness of replacement of the food challenge test by the BAT in diagnostic delay (and consequently quality of life) and in costs of diagnostics and prescription of hypoallergenic formula.

### Secondary outcome

- 1) Cost reduction in diagnostics (replacement of the food challenge test by the BAT) and cost reduction in prescription of hypoallergenic formula due to reduction in diagnostic delay.
- 2) Effect of reduction in diagnostic delay and burden of diagnostics on patient quality of life.

## Study description

### Background summary

Until now, cow's milk allergy diagnosis is based on a food challenge test. However, this food challenge test is expensive, time consuming (2-day hospital stay), risky, stressful for children and their parents, with waiting lists of several (2-6) months. This waiting time results in unnecessarily long-term use of expensive hypoallergenic milk formula (reimbursed by the health insurance). Therefore, there is a great need to introduce a better and faster diagnostic test for cow's milk allergy diagnosis in standard care. The in vitro Basophil Activation Test (BAT) is cheap, quick (result < 1 day, no waiting list), safe for the child and is a reliable alternative for the food challenge test to

diagnose an IgE-mediated allergy. Although the potential added value of the BAT is known for years, this test has not been implemented in guidelines yet. This is due to the fact that more insight is required into the (cost-)effectiveness regarding a) reduction in food challenge tests, b) prescription of hypoallergenic milk formula and c) health gain due to a shorter diagnostic work-up and reduction in risky food challenge tests.

### **Study objective**

Determination of the (cost)effectiveness of the replacement of the expensive, risky and time-consuming food challenge test by the Basophil Activation Test (BAT) for the diagnosis of an IgE-mediated cow\*s milk allergy in children.

### **Study design**

The study design is a multicentre (n=17), prospective, cohort study. In this study for all children both a BAT cow\*s milk (index test) and a food challenge test (reference test) will be performed. The results of both tests are compared per individual and used for determination of the sensitivity, specificity, PPV and NPV of the BAT. Change in quality of life of child/parents due to knowledge of the allergic status of the child will be assessed by taking (Food Allergy) Quality of Life Questionnaires before and after the food challenge test. The period (in weeks) between the date of inclusion and the result of the food challenge test will be recorded and used to calculate the theoretically reduction in use of hypoallergenic cow\*s milk formula.

### **Study burden and risks**

The burden and risks of participating in this study are low as it only concerns one extra blood collection and two times completing a short questionnaire.

## **Contacts**

### **Public**

Rijnstate Ziekenhuis

Wagnerlaan 55  
Arnhem 6815 AD  
NL

### **Scientific**

Rijnstate Ziekenhuis

Wagnerlaan 55  
Arnhem 6815 AD  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Children (2-11 years)

Babies and toddlers (28 days-23 months)

### **Inclusion criteria**

Inclusion criteria (all criteria must be met with in b. one or more symptoms):

a. Age 0-12 years

b. Suspected of cow's milk allergy with one or more of the following complaints after intake of cow's milk:

- angioedema
  - urticaria
  - sneezing and rhinitis <2 hours after feeding
  - sensation of swelling in the throat and/or difficulty swallowing <2 hours after feeding
  - voice change/hoarseness <2 hours after feeding
  - cough <2 hours after feeding
  - wheezing and/or shortness of breath <2 hours after feeding
  - loss of consciousness <2 hours after feeding
  - vomiting or abdominal pain or diarrhoea <2 hours after feeding in children <4 years only in combination with IgE-mediated complaints in other tracts
- c. Placed on a waiting list for a hospital food challenge test
- d. Blood draw for cow's milk sIgE and BAT < 3 months before the food challenge test
- e. Signed informed consent parents/guardians

### **Exclusion criteria**

Exclusion criteria (if one or more criteria are met, the child will be

excluded):

- a. Age > 12 years
- b. Suspicion of Food Protein-Induced Enterocolitis Syndrome (FPIES)
- c. Eosinophilic esophagitis due to a cow's milk allergy
- d. Suspected cow's milk allergy <4 years with crying and/or agitation and/or eczema and/or abdominal pain and/or failure to thrive and/or blood loss per anum and/or diarrhoea and/or reflux and/or vomiting as the only manifestation of the allergy without IgE-mediated symptoms in another organ system
- e. Systemic immunosuppressant use
- f. Other underlying chronic conditions (immunological, oncological, chromosomal abnormalities).

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 21-04-2022

Enrollment: 700

Type: Actual

## Ethics review

Approved WMO

Date: 13-09-2021

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

Approved WMO

Date: 22-11-2021

Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)
Approved WMO Date:	14-12-2021
Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)
Approved WMO Date:	11-07-2022
Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)
Approved WMO Date:	29-09-2022
Application type:	Amendment
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL76893.091.21