

# PREselection of patients at risk for COgnitive DEcline after Radiotherapy using advanced MRI (PRECODE-MRI)

Published: 12-02-2021

Last updated: 08-04-2024

To investigate the dose-response relation between cognitive decline and radiotherapy dose for patients with a benign meningioma WHO I.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Nervous system neoplasms benign
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON52049

### Source

ToetsingOnline

### Brief title

PRECODE-MRI

### Condition

- Nervous system neoplasms benign
- Nervous system neoplasms benign

### Synonym

benign, brain tumour, Meningioma

### Research involving

Human

### Sponsors and support

**Primary sponsor:** MAASTRO clinic

**Source(s) of monetary or material Support:** NWO / ZONMW;programma  
topspecialistische zorg en onderzoek (TZO)

## Intervention

**Keyword:** Meningioma, MRI, Neurocognition, Radiotherapy

## Outcome measures

### Primary outcome

Correlation between the delta cognitive failure score (baseline vs 2 years) and radiotherapy dose in cognition related brain regions (supratentorial brain, hippocampus left/right and anterior/posterior, cerebellum anterior/posterior).

### Secondary outcome

- Correlation between baseline imaging (advanced MRI sequence) and patient specific parameters (e.g. baseline cognitive status, age, Karnofsky index (KPS), co-morbidity, alcohol consumption, smoking, medication)
- RT-induced cognitive decline measured with extensive cognitive testing; specifically looking at: Hopkins verbal learning (HVLT), Trail making test A & B, COWA, Digitspan, LDST, Stroop, Fluency, Dutch wordlist/NLV (IQ-score)
- Correlation of advanced MRI and treatment/dose parameters to PROMS; EQ/5D, QLQ/C30, QLQ/BN20, Cognitive Failure questionnaire (CFQ) , Multidimensional Fatigue Index (MFI/20)
- Identification of radiation susceptibility of individual anatomical and functional central nervous system (CNS) organs (e.g. (hippocampi, frontal lobe, cerebellum, brain) for radiation damage;
- Sensitivity of additional extensive neurocognitive tests.
- Correlation of advanced MRI and treatment/dose parameters and radiotherapy

## Study description

### Background summary

Meningioma are slow growing and frequently occurring intracranial tumors, responsible for 33% of all asymptomatic intracranial tumors and 13-26% of all symptomatic primary brain tumors<sup>1,2</sup>. The 10-year survival rate is 72%.<sup>3</sup> A variety of treatment options is available for symptomatic meningioma including surgical removal with or without radiotherapy or radiotherapy alone. These therapies can have negative impact on cerebral functioning.

After high dose radiotherapy for primary or metastatic brain tumors 50-90% of > 6 months\* survivors develop irreversible disabling cognitive decline leading to premature loss of independence, reduced Quality of Life (QOL) as well as significant economic burden both at the individual as societal level<sup>6</sup>. Especially for patients with a good prognosis like benign meningioma, maintaining neurocognitive function is crucial. Understanding the mechanisms underlying radiation induced cognitive decline is complex and which brain areas to spare are an important subject of research<sup>9,10</sup>.

Evaluation methods to assess cognitive function and predict cognitive decline are urgently needed, this will allow the development of optimized treatment strategies with the aim to preserve or even improve cognitive function in meningioma patients. Improvements in the field of neuroimaging techniques (i.e. advanced MRI techniques) have the possibility to identify areas susceptible to cognitive impairment. This allows in the future a more personalized radiation treatment by identifying patients at risk, by optimizing the radiotherapy dose to specific brain regions, that could eventually reduce or prevent, cognitive decline. Improvements in the field of radiotherapy for example by higher precision treatment such proton therapy have potential in obtaining these more individualized strategies

### Study objective

To investigate the dose-response relation between cognitive decline and radiotherapy dose for patients with a benign meningioma WHO I.

### Study design

The study is designed as a prospective observational cohort study: patients with meningioma WHO I tumours treated with radiotherapy will be included, undergoing extensive cognitive testing combined with advanced brain MRI scans

just before, 3 and 24 months after radiotherapy.

### **Study burden and risks**

The study is non-interventional, we do not expect any risks or benefits for the patients. The burden related to the completion of additional questionnaires, neuro-cognitive testing and advanced MRI acquisition is considered low. There is no individual patient benefit, nevertheless the study will provide new insights and knowledge to improve the radiation treatment of similar patients in the future.

## **Contacts**

### **Public**

MAASTRO clinic

Dr. Tanslaan 12  
Maastricht 6229ET  
NL

### **Scientific**

MAASTRO clinic

Dr. Tanslaan 12  
Maastricht 6229ET  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

- Meningioma WHO I, grading based on pathology or radiological features
- Age  $\geq$  18 years.
- Karnofsky Performance Score 70 or above.
- Ability to comply with the protocol, including neuropsychological testing and imaging.
- Ability to understand the requirements of the study and to give written informed consent, as determined by the treating physician.
- Written informed consent.

## Exclusion criteria

- Resection meningioma  $< 3$ mm
- Age  $< 18$  years
- Pregnancy
- Any prior cranial radiotherapy
- Any prior chemotherapy in the last 5 years
- Contra-indication for MR imaging (i.e. metal implants, claustrophobia)
- Any other serious medical condition that could interfere with follow-up.
- Severe aphasia or language barrier interfering with assessing endpoints (i.e. completion of questionnaires or neurocognitive performance)

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 29-04-2021

Enrollment: 67

Type: Actual

## Ethics review

Approved WMO

Date: 12-02-2021

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
ClinicalTrials.gov	NCT04638478
CCMO	NL75632.068.20