

# Multimodal Optical-imaging of Retinal manifestations of Alzheimer\*s Disease

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To non-invasively explore the retina for (a) potential biomarker(s) using a multimodal retinal imaging platform (i.a. OCT, OCT-A, ultra-widefield fundus photography and metabolic hyperspectral retinal camera).

|                              |                                   |
|------------------------------|-----------------------------------|
| <b>Ethical review</b>        | Approved WMO                      |
| <b>Status</b>                | Pending                           |
| <b>Health condition type</b> | Neurological disorders of the eye |
| <b>Study type</b>            | Observational non invasive        |

## Summary

### ID

NL-OMON52275

### Source

ToetsingOnline

### Brief title

MORAD

### Condition

- Neurological disorders of the eye

### Synonym

Alzheimer's Disease, dementia

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Vrije Universiteit Medisch Centrum

**Source(s) of monetary or material Support:** NWO,Optos (Nikon)

## Intervention

**Keyword:** Alzheimer's Disease, Biomarker, Imaging, Retina

## Outcome measures

### Primary outcome

1. Differences between AD patients, patients with SMC and healthy controls for all parameters measured by the different retinal imaging techniques (including OCT, OCT-A, ultra-widefield fundus photography and metabolic hyperspectral retinal camera) at baseline and after two years.
2. Comparison of intra-individual differences (change over time) between AD patients, patients with SMC and healthy controls for all parameters measured by the multimodal retinal imaging platform at baseline and after two years.

### Secondary outcome

1. Correlation of the results of the different retinal imaging techniques with established disease biomarkers (CSF concentration of A $\beta$ , Tau, and pTau, hippocampal and cortical atrophy on MRI, and neuropsychological findings).
2. Correlation of possible new AD biomarkers in tear film (in collaboration with Maastricht University Medical Center, MUMC+), to the different retinal imaging

## Study description

### Background summary

Alzheimer's disease (AD) is the most common cause of dementia. The optimal window of opportunity for therapeutic strategies lies in the pre-clinical phase of the disease when patients are asymptomatic. Thus, there is an urgent need for tools to diagnose AD in this pre-clinical stage. A potential candidate for

such a diagnostic tool is optical imaging of the retina, as it is non-invasive, patient friendly, rapid, and inexpensive. In this study, we aim to explore differences in the retina of patients with (pre)clinical AD compared to patients without AD using a multimodal retinal imaging platform (i.a. OCT, OCT-A, ultra-widefield fundus photography and metabolic hyperspectral retinal camera), both transversally and longitudinally.

## **Study objective**

To non-invasively explore the retina for (a) potential biomarker(s) using a multimodal retinal imaging platform (i.a. OCT, OCT-A, ultra-widefield fundus photography and metabolic hyperspectral retinal camera).

## **Study design**

This is a transversal and longitudinal, observational, prospective, monocenter study.

## **Study burden and risks**

The study comprises of two visits (with two years in between) that take place at the outpatient ophthalmology department of the Amsterdam University Medical Center (AUMC), location Vrije Universiteit Medical Center (VUmc) with a duration of approximately 1,5-2 hours each, including a general ophthalmological consultation comprising ophthalmological history, intraocular pressure and refraction/visual acuity measurement, tear collection with a Schirmer strip, and non-invasive optical eye examinations with OCT(-A), widefield fundus photography and metabolic hyperspectral retinal camera. For these examinations, pupil dilatation is necessary and will be achieved with a topical mydriatic (Tropicamide 0.5%), which may cause mild transient photophobia and blurred vision (adverse ocular or systemic side effects are very rare). All study procedures are routine medical procedures; therefore, the potential risks are negligible. Benefits include an extensive ophthalmological examination. In case ophthalmological problems are detected, these will be discussed with the involved ophthalmologist and the participant will receive consultation.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Age  $\geq 50$  years

Mini Mental State Exam (MMSE) greater or equal to 17 (patients who are mentally competent)

Available AD biomarker information

### Exclusion criteria

- Pupil dilation inadequate or contraindicated
  - Presence of glaucoma, retinal vasculopathy (diabetic, hypertensive)
  - Presence of moderate / late-stage age-related macular degeneration
  - Media opacities (cataract) precluding good quality imaging
  - Refractive error outside the range -6D to +6D
  - Inability to obtain good quality images with the OCT(-A), widefield fundus photography and metabolic hyperspectral retinal camera
  - Ocular conditions including eye infection, eye inflammation, eye surgery within the last 28 days or other acute eye conditions.
- Presence of other neurodegenerative disease (i.e. other causes of dementia, MS,

## Study design

### Design

|                     |                                 |
|---------------------|---------------------------------|
| Study type:         | Observational non invasive      |
| Intervention model: | Other                           |
| Allocation:         | Non-randomized controlled trial |
| Masking:            | Open (masking not used)         |
| Control:            | Active                          |
| Primary purpose:    | Diagnostic                      |

### Recruitment

|                           |             |
|---------------------------|-------------|
| NL                        |             |
| Recruitment status:       | Pending     |
| Start date (anticipated): | 01-08-2021  |
| Enrollment:               | 150         |
| Type:                     | Anticipated |

## Ethics review

|                    |                    |
|--------------------|--------------------|
| Approved WMO       |                    |
| Date:              | 16-09-2021         |
| Application type:  | First submission   |
| Review commission: | METC Amsterdam UMC |
| Approved WMO       |                    |
| Date:              | 14-06-2023         |
| Application type:  | Amendment          |
| Review commission: | METC Amsterdam UMC |

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

| <b>Register</b> | <b>ID</b>      |
|-----------------|----------------|
| CCMO            | NL76737.029.21 |