# Oxidative skeletal muscle metabolism in chronic heart failure patients with and without iron deficiency

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To quantify the effect of ID on skeletal oxidative metabolism in patients with chronic HF with either preserved (HFpEF) or reduced (HFrEF) left ventricular ejection fraction.

**Ethical review** Approved WMO **Status** Recruiting **Health condition type** Heart failures

**Study type** Observational invasive

## **Summary**

### ID

NL-OMON52482

#### Source

ToetsingOnline

#### **Brief title**

Oxidative exercise capacity in chronic HF with and without ID

## **Condition**

- Heart failures
- Iron and trace metal metabolism disorders

#### **Synonym**

heart failure, iron deficiency

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen

Source(s) of monetary or material Support: Ministerie van OC&W

### Intervention

**Keyword:** Heart failure, Iron deficiency, Oxidative exercise capacity

## **Outcome measures**

### **Primary outcome**

Bulk change of quadriceps phosphocreatine and inorganic phosphate content during exercise, pH time course during exercise and kinetics of oxidative ATP and phosphocreatine (PCr) resynthesis post-exercise.

## **Secondary outcome**

Not applicable.

# **Study description**

## **Background summary**

Iron deficiency (ID) is comorbidity in heart failure (HF) patients with high prevalence and severe clinical consequences. Multiple studies have shown that ID in HF patients impairs exercise capacity, quality of life and outcome. It is currently unknown whether these detrimental consequences of ID are due to cardiovascular or hematologic effects, or deteriorated peripheral muscle metabolism and function.

## **Study objective**

To quantify the effect of ID on skeletal oxidative metabolism in patients with chronic HF with either preserved (HFpEF) or reduced (HFrEF) left ventricular ejection fraction.

## Study design

Observational study using in vivo noninvasive 31P magnetic resonance spectroscopy to determine oxidative skeletal muscle metabolism at rest and during incremental exercise.

## Study burden and risks

Participating subjects visit the UMCG only once for approximately one and a half hour. Eligible subjects will be screened for contra-indications for either MRI testing and/or (maximal) exercise testing. Subjects with contra-indications for (maximal) exercise MRI testing will not be enrolled in the study. Subjects do not have direct benefits from participating in this study. Previously conducted 31P MRS studies in adult subjects with muscular diseases, cystic fibrosis and chronic heart failure showed no adverse and/or serious adverse events.

## **Contacts**

#### **Public**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

## For HFrEF patients:

- Diagnosis of chronic HF of either ischemic or non-ischemic etiology;
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- Stable, evidence-based medical therapy for HF;
- LVEF <40% measured <5 year prior to inclusion;
- NYHA class II III (symptomatic HF) at moment of inclusion;

## For HFpEF patients:

- Diagnosis of chronic HF of either ischemic or non-ischemic etiology;
- LVEF >40% measured <5 year prior to inclusion;
- Left atrial volume index (LAVI) >34 mL/m2 or left ventricular mass index >=115 g/m2 (for males) or >=95 g/m2 (for females) or E/e\* >=13 or mean e\* (septal and lateral) <9 cm/s, as measured on echocardiography <1 year prior to inclusion;
- NYHA class II III (symptomatic HF) at moment of inclusion;
- Serum NT-proBNP >=125 pg/mL when in sinus rhythm; >300 pg/mL when in atrial fibrillation.

Additional inclusion criterion for subjects with ID:

- Iron deficiency, defined as TSAT <20%.

## For control subjects:

- No diagnosis of heart failure
- No diagnosis of severe vascular or (neuro-)muscular disease

## **Exclusion criteria**

- Age <18 years
- Unable or unwilling to undergo exercise MRI (e.g. pregnancy, physical disabilities, claustrophobia)
- The presence of ferromagnetic material in/on the body which cannot be removed (e.g. non-MRI-compatible cardiac devices, tattoos containing ferrous ink)
- History of erythropoietin stimulating agent, intravenous iron therapy and/or blood transfusion <3 months prior to study enrolment
- Moderate anaemia, defined as Hb <7 mmol/L for both men and women
- Oral iron therapy >100 mg/day <4 weeks prior to study enrollment
- Unable to understand study procedures
- Unable or unwilling to provide informed consent

## Study design

## Design

Study type: Observational invasive

Masking: Open (masking not used)

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Control: Uncontrolled

Primary purpose: Basic science

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 05-10-2021

Enrollment: 40

Type: Actual

## **Ethics review**

Approved WMO

Date: 07-06-2018

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 11-12-2018

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 11-03-2021

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 17-10-2022

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL64308.042.18