

# Tracking Young Adults: wave eight of the TRAILS study

Published: 10-05-2019

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\* To examine the effects and interactions of individual and environmental factors on the onset and course of mental health problems in adolescents and young adults. \* To examine the effects and interactions of individual and environmental factors on...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON52754

### Source

ToetsingOnline

### Brief title

TRAILS

### Condition

- Other condition
- Psychiatric disorders NEC
- Lifestyle issues

### Synonym

(mental) health and social development

### Health condition

lichamelijke gezondheidsproblemen, bijv. pijnklachten, astma

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Ministerie van OC&W,NWO

## Intervention

**Keyword:** adolescence, cohort study, etiology, mental health

## Outcome measures

### Primary outcome

not applicable

### Secondary outcome

not applicable

## Study description

### Background summary

Psychiatric disorders are common among adolescents and young adults, and constitute a major burden for the individuals involved as well as for their families and society as a whole. Still little is known about the etiological mechanisms underlying the development of psychiatric disorders and pathways leading to chronic problems. TRAILS offers a unique opportunity to study the interplay of biological, psychological, and social factors with respect to trajectories of (mental) health.

### Study objective

- \* To examine the effects and interactions of individual and environmental factors on the onset and course of mental health problems in adolescents and young adults.
- \* To examine the effects and interactions of individual and environmental factors on the onset and course of physical health problems.
- \* To identify cues for the development of more effective prevention and intervention strategies.
- \* To extend and disseminate knowledge about these topics.

### Study design

TRAILS (TRacking Adolescents\* Individual Lives Survey) is a longitudinal multidisciplinary cohort survey. The participants were 10-12 years old at the start of the study in 2001. During the eight' assessment wave, they will be about 33 years old. Comparable to prior assessments waves, they will be requested to fill out a questionnaire. This wave consists only online questionnaires.

Partners (i.e., person with whom the participant has a romantic relationship for at least a month) will be asked to fill out a questionnaire as well.

The data collection phase is scheduled from January 2023 to December 2024.

### **Study burden and risks**

There are no risks involved in filling out questionnaires.

## **Contacts**

### **Public**

Universitair Medisch Centrum Groningen

Hanzeplein 1  
Groningen 9713 GZ  
NL

### **Scientific**

Universitair Medisch Centrum Groningen

Hanzeplein 1  
Groningen 9713 GZ  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

## Inclusion criteria

Participation in at least one wave of TRAILS

## Exclusion criteria

For participants: no participation in one of the previous seven waves of TRAILS. Any partner can participate.

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 15-02-2023

Enrollment: 2230

Type: Actual

## Ethics review

Approved WMO

Date: 10-05-2019

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Approved WMO

Date: 06-10-2022

Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL67411.042.18