# Treatment of Hemorrhoids: Rubber band ligation Or Sclerotherapy

Published: 29-09-2020 Last updated: 08-02-2025

We want to compare the effectiveness of sclerotherapy and rubberband ligation when it comes to symptoms. We will secondarily consider patient satisfaction, complications and recurrences. We hypothesize that both treatments are equally effective.

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Gastrointestinal therapeutic procedures

Study type Interventional

## **Summary**

## ID

NL-OMON52967

#### Source

**ToetsingOnline** 

**Brief title**THROS trial

## **Condition**

Gastrointestinal therapeutic procedures

#### **Synonym**

hemorrhoids, piles

## Research involving

Human

## **Sponsors and support**

Primary sponsor: Flevoziekenhuis

Source(s) of monetary or material Support: Flevoziekenhuis

## Intervention

**Keyword:** hemorrhoids, rubber band ligation, sclerotherapy

## **Outcome measures**

## **Primary outcome**

symptoms (ESCP core outcomes): pain, bloodloss, itchiness, prolapse

## **Secondary outcome**

satisfaction, treatment numbers, cross-over, work-leave

# **Study description**

## **Background summary**

Hemorrhoids are a frequent problem in society; it is a problem that can be treated with rubberband ligation or sclerotherapy. Until now there has not been a randomised controlled trial which looks at effectiveness and patient satisfaction of these treatments.

## **Study objective**

We want to compare the effectiveness of sclerotherapy and rubberband ligation when it comes to symptoms. We will secondarily consider patient satisfaction, complications and recurrences. We hypothesize that both treatments are equally effective.

## Study design

randomised controlled trial, multicenter

#### Intervention

Intervention: Sclerotherapy - 2 injections aethoxysklerol 3% (polidocanol)

(Control: Rubberband ligation, 3 rubberbands per session)

## Study burden and risks

3 moments to fill in questionnaires; roughly 10-20min per session.

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The rest of the treatment is the usual protocol

## **Contacts**

#### **Public**

Flevoziekenhuis

Hospitaalweg 1 Almere 1315RA NL

**Scientific** 

Flevoziekenhuis

Hospitaalweg 1 Almere 1315RA NL

## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years)

## **Inclusion criteria**

grade 1 or 2 hemorrhoids, >18 years old

## **Exclusion criteria**

grade 3-4 hemorrhoids, treatment for hemorrhoids in the last year

# Study design

## **Design**

Study type: Interventional

Intervention model: Other

Allocation: Randomized controlled trial

Masking: Single blinded (masking used)

Control: Active

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 20-11-2020

Enrollment: 660

Type: Actual

## **Ethics review**

Approved WMO

Date: 29-09-2020

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 27-05-2021

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 30-06-2022

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL73111.018.20

Other NL8377