# Detection Of Latent Pulmonary Hypertension In Genetically Susceptible Individuals.

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We hypothesize that the development of a follow-up program of unaffected mutation carriers will lead to early identification of disease and in the development of strategies to prevent the development of disease and successful treatment.

Ethical review Approved WMO
Status Recruiting
Health condition type Heart failures

**Study type** Observational invasive

# **Summary**

## ID

NL-OMON53083

#### Source

ToetsingOnline

## **Brief title**

**DOLPHIN-GENESIS** 

# **Condition**

- Heart failures
- Chromosomal abnormalities, gene alterations and gene variants
- Pulmonary vascular disorders

#### Synonym

early disease, pulmonary hypertension

## Research involving

Human

# **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Medisch Centrum

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Source(s) of monetary or material Support: hartstichting

## Intervention

**Keyword:** biomarkers, early detection, genetics, pulmonary hypertension

# **Outcome measures**

# **Primary outcome**

- -Platelet markers (RNA profiles)
- -Metabolites and cytokines markers
- -Exosome markers
- -Change in mean pulmonary artery pressure (mPAP)
- -Change in cardiac output (CO)
- -Change in right atrial pressure (RAP)
- -Change in right ventricular ejection fraction (RVEF) (%)
- -Change in right ventricular end diastolic volume (RVEDV) (ml)
- -Change in right ventricular end systolic volume (RVESV) (ml)
- -Change in CPET markers: maximal work (VE), peak oxygen consumption (VO2), maximal oxygen pulse (O2-pulse), VO2 max, anaerobic threshold (AT), ventilation for a given volume of carbon dioxide production (VE/VCO2-slope) and the end-tidal CO2 tension (PET-CO2).
- -Change in 6 minute walking distance
- Changes in pulmonary vasculature

Density and abscence of pulmonary vasculature

Abnormal or abberant morphology of pulmonary vasculature

# **Secondary outcome**

non

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# **Study description**

# **Background summary**

Idiopathic and heritable forms of PAH (IPAH and HPAH, respectively) are rare diseases that severely limit life expectancy. In recent years, the role of BMPR2 signaling in vascular function and biology has become much better defined. The abnormal pressure response to exercise in BMPR2 mutation carriers suggests that the pulmonary circulation is abnormal even in the subclinical stage. Because of the large vascular reserve capacity of the lung, pulmonary hypertension at rest is thought to develop only after destruction of at least two thirds of the total vascular bed.

# Study objective

We hypothesize that the development of a follow-up program of unaffected mutation carriers will lead to early identification of disease and in the development of strategies to prevent the development of disease and successful treatment.

# Study design

Prospective observational cohort study

# Study burden and risks

#### -RHC (right heart catherization)

Because RHC are part of our routine clinical assessment protocol a baseline and during regular one-year follow-up assessment, the present study requires one RHC measurement per patient and unaffected carrier at baseline. RHC performed in experienced centres has low morbidity (1.1%) and mortality rates (0.055%) [21]. We consider that the additional measurements are justified by an expected improvement of patients clinical symptoms, quality of life and survival by our goal oriented therapeutic approach in order to preserve/improve RV function during long term follow-up. Furthermore, the results of the present study could be of great value in order to improve the treatment strategy for PAH patients worldwide.

## -Liquid biopsy

Venous punction will be done by highly qualified medical doctors of the Department of Pulmonology VUmc. Occasionally punction can cause a hematoma. The total amount of blood withdrawn will be 80 ml per patient for the complete study. The time taken for the procedure will take 10 min.

Drawing of blood by venous punction is a regular diagnostic technique and will be conducted in compliance with the safety guidelines of the department regarding the procedure.

- -Cardiac MRI and cardiac echo are safe procedure with risk associated with participation
- -Cardio Pulmonary exercise testing (CPET) is safe and routinely used at our department for patients with PAH and unaffected carriers. There is a small risk of cardiac ischemia during exercise. Therefore we will use ECG-monitoring during exercise and subjects obtained permission for the CPET after approval by a pulmonologist.
- Contrast CT thorax

The risks associated with contrast fluid are allergic reaction or anaphylaxis in severe cases. Both are very rare and can be treated medicamentally by our expertised research group withouth permanent damage, even in cases of anaphylaxis.

# **Contacts**

#### **Public**

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# **Scientific**

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# **Trial sites**

# **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adolescents (16-17 years) Adults (18-64 years)

# Inclusion criteria

1. Diagnosis of idiopathic PAH, according to ESC/ERS guidelines (ref: Galie ERJ 2015)

Or

Unaffected BMPR2 or other mutation carrier or other mutations associated with PAH

Or

Healthy relative of heritable PAH patient not carrying the disease causing mutation

- 2. Age >18 and <80 years
- 3. Able to understand and willing to sign the Informed Consent Form

# **Exclusion criteria**

- Pregnant subjects
- Claustrophobia
- Inability to provide informed consent
- In case of PAH patients: TLC < 70%pred or radiographic evidence of interstitial lung disease
- In case of BMPR2 mutation carriers and family control subjects, one or more of the following: abnormal spirometry, TLC < 70%, echocardiographic evidence of pulmonary hypertension

# Study design

# **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Primary purpose: Basic science

# Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 11-09-2017

Enrollment: 140

Type: Actual

# **Ethics review**

Approved WMO

Date: 06-09-2017

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 06-02-2018

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 25-06-2018

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 02-08-2018

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 20-06-2022

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL61732.029.17