# Patients with Angina and MicrOvaScular Dysfunction treaTed with cardiac non-InVasivE SHOCK wave therapy, a first in man pioneering trial -POSITIVE SHOCK-

Published: 20-06-2023 Last updated: 22-02-2025

Problem definition and objectivesThe microcirculation can only be measured by coronary blood flow parameters during catheterization. Patients with MVD will be offered an unique first in man non-invasive therapy namely: external low intensity shock...

Ethical review	Approved WMO
Status	Pending
Health condition type	Coronary artery disorders
Study type	Observational invasive

# Summary

## ID

NL-OMON53243

**Source** ToetsingOnline

Brief title POSITIVE SHOCK trial

# Condition

Coronary artery disorders

### Synonym

Microvascular dysfunction, small vessel disease

#### **Research involving**

Human

1 - Patients with Angina and MicrOvaScular Dysfunction treaTed with cardiac non-InVa ... 6-05-2025

# **Sponsors and support**

**Primary sponsor:** cardiologie **Source(s) of monetary or material Support:** Zuyderland Medisch Centrum beurs en eventueel nog andere beurzen indien toegekend

### Intervention

**Keyword:** coronary physiology, Female predisposition, Low intensity Externe Shockwave therapy, Microvascular dysfunction

### **Outcome measures**

#### **Primary outcome**

Primary endpoint

The primary endpoint at 6 months is:

- Improvement of the index of microvascular resistance (IMR)

#### Secondary outcome

The secondary outcomes at 6 months are:

- Improvement in invasive parameter of MVD measured as coronary flow reserve

(CFR)

- Self (patient)-assessed angina score and quality of life, assessed with the

Seattle Angina and SF-36 Questionnaire

- Improvement of exercise capacity measured in metabolic equivalents (MET)

scores during bicycle test

- Use of short-acting nitrates

# **Study description**

#### **Background summary**

Angina is generally ascribed to obstructive coronary artery disease (CAD, but

2 - Patients with Angina and MicrOvaScular Dysfunction treaTed with cardiac non-InVa  $\dots$  6-05-2025

40% does not have CAD on catheterization. For a long time these patients were not recognized in their symptoms with a predominance in female patients. However, there is much more to coronary circulation beyond epicardial arteries namely the microvasculature which is a complex and structured system of small vessels (<400µm) which adapt their function in order to sustain the myocardium\*s physiological needs. The clinical importance of this vascular compartment has become apparent in light of the significant proportion of patients presenting signs and symptoms of myocardial ischemia, despite the absence of epicardial disease. Patients with coronary microvascular dysfunction (MVD) have increased cardiovascular risk, high morbidity and impaired quality of life. Therefore they are a source of considerable health resource utilization as no interventional therapies exist. The only treatment option is an extensive mix of medication which is often inadequate and hampered by its side-effects.

### **Study objective**

#### Problem definition and objectives

The microcirculation can only be measured by coronary blood flow parameters during catheterization. Patients with MVD will be offered an unique first in man non-invasive therapy namely: external low intensity shock wave (LiSW). This therapy has been shown to be effective in small trials, which have been done in patients with refractory angina and severe coronary artery disease beyond repair. LiSW therapy improves blood flow by promoting neovascularization and ameliorating inflammatory processes. We will test whether LiSW improves microvascular dysfunction by measuring coronary blood flow parameters before and after therapy and if it improves angina status.

### Study design

Patients with mivrovascular dysfunciton are identified during their initial coronary angiogram.

After informed consent they will receive the Low intensity Shock Wave treatment. The protocol consist of 3 treatment er week at baseline, 1 months and 2 months (in total 9 sessions). Per session 3-10 areas are treated with the Cardiospec shockwave. 4 months thereafter a new coronary angigoram will be repeated to asses if improvement of microvascular dysfunction has occured.

Furthermore, patients will undergo a bicycle test and a health care questionnaire at baseline en follow-up.

#### Study burden and risks

No adverse events are to be expected from the CE marked medical product namely low-intensity shockwave therapy which has been studied in >1000 patients. After shock wave therapy patients will receive another coronary angiogram with invasive measurements for microvascular function. The first investigation was performed for clinical needs, the second one during follow-up for research purposes. The potential risks are the same, namely rhythm disorder, chest pain, allergic reaction to the contrast fluid, hematoma or infection. There are several potential severe complications such as wire perforation, injury to heart or brain by thrombo- or cholesterol embolism which is estimated to be less than 1 in 1000 patients

# Contacts

**Public** Selecteer

Henri dunantstraat 5 Heerlen 6419 PC NL **Scientific** Selecteer

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# **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

1. Stable Angina, defined as: - Angina with exercise or rest - Exertional dyspnea 2. Age >=18 years 3. Angina without flow limiting CAD defined as

4 - Patients with Angina and MicrOvaScular Dysfunction treaTed with cardiac non-InVa ... 6-05-2025

epicardial stenosis <50% or FFR >0.80 4. presence of MVD defined as IMR> 30

# **Exclusion criteria**

\* noncardiac origin of chest pain, such as gastrointestinal or musculoskeletal \* Recent (<3 months) myocardial infarction \* Severe aortic valve stenosis/ elevated LVEDP \* History of coronary artery bypass graft \* Known cardiomyopathy or myocarditis \* Bad acoustic windows in supine position \* LV thrombus \* ICD/ pacemaker \* Extra-cardiac illness that is expected to limit survival to less than 1 years \* Active participation in another trial \* Unable to give informed consent or potential for noncompliance with the study protocol in the judgment of the investigator \* Pregnant at the time of screening or unwilling to use effective birth control measures

# Study design

## Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

## Recruitment

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NL	
Recruitment status:	Pending
Start date (anticipated):	01-09-2023
Enrollment:	40
Туре:	Anticipated

## Medical products/devices used

Generic name:	Cardiospec
Registration:	Yes - CE intended use

# **Ethics review**

Approved WMO	
Date:	20-06-2023
Application type:	First submission
Review commission:	METC Z: Zuyderland-Zuyd (Heerlen)
Approved WMO	
Date:	30-01-2025
Application type:	Amendment
Review commission:	METC Z: Zuyderland-Zuyd (Heerlen)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register CCMO ID NL84092.096.23