

# Metabolic syndrome and vascular damage in relation to accelerated aging in survivors of hematopoietic stem cell transplantation for hematological malignancy.

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To study in two national cohorts of HSCT survivors, treated in different time periods, the prevalence and risk factors of metabolic syndrome, endothelial dysfunction (as a sign of vascular damage) and the clinical phenotypes of accelerated aging so...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON53251

### Source

ToetsingOnline

### Brief title

MetVasA

### Condition

- Other condition
- Vascular hypertensive disorders

### Synonym

early aging (lay term: predisposition for cardiovascular disease), Metabolic syndrome, vascular disease

### Health condition

metabool syndroom, veroudering

## **Research involving**

Human

## **Sponsors and support**

**Primary sponsor:** Prinses Máxima Centrum voor Kinderoncologie

**Source(s) of monetary or material Support:** KiKa

## **Intervention**

**Keyword:** Late effects, Metabolic syndrome, Stem cell transplantation

## **Outcome measures**

### **Primary outcome**

Prevalence and risk factors of metabolic syndrome (and it's components) and endothelial dysfunction

### **Secondary outcome**

Prevalence and risk factors of accelerated aging

## **Study description**

### **Background summary**

In previous studies the prevalence of both metabolic and vascular chronic health problems has been shown to be high in survivors of hematopoietic stem cell transplantation (HSCT). Co-existence of these and other aging-related conditions (\*multimorbidity\*) at young adult age, suggests accelerated aging occurs in HSCT survivors, potentially leading to impaired quality of life, disability and early mortality. Previous studies on these chronic health conditions in HSCT survivors only included small patient numbers and did not examine the interrelation between these health problems nor potentially modifiable lifestyle risk factors.

### **Study objective**

To study in two national cohorts of HSCT survivors, treated in different time periods, the prevalence and risk factors of metabolic syndrome, endothelial

dysfunction (as a sign of vascular damage) and the clinical phenotypes of accelerated aging so that high risk survivor groups can be identified and preventive strategies can be developed to improve health related quality of life and prevent early mortality in HSCT survivors.

## **Study design**

Observational prospective study

## **Study burden and risks**

Burden is limited to time investment, but tests are non-invasive except for a blood sample, preferably fasting, (that is also needed voor care) and no risk for participants is anticipated

## **Contacts**

### **Public**

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NL

### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adolescents (12-15 years)

Adolescents (16-17 years)  
Adults (18-64 years)  
Children (2-11 years)

## Inclusion criteria

Survivors of hematopoietic stem cell transplantation in childhood (at age  $\leq 18$  yr) for a hematological malignancy between 01-01-2002 and 01-01-2021, who are 4 years of age or older at inclusion and in follow-up in the late effects clinic of the Princess Maxima Center

## Exclusion criteria

Treatment for second malignancy  
No understanding of the Dutch language or illiterate

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Other

### Recruitment

NL  
Recruitment status: Recruiting  
Start date (anticipated): 25-01-2024  
Enrollment: 120  
Type: Actual

### Medical products/devices used

Registration: No

## Ethics review

Approved WMO

Date: 07-06-2023

Application type: First submission

Review commission: METC NedMec

Approved WMO

Date: 28-12-2023

Application type: Amendment

Review commission: METC NedMec

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL83998.041.23