

# Metabolic MRI in brain cancer and epilepsy

Published: 19-07-2023

Last updated: 29-04-2024

Develop a fast metabolic MRI protocol, based on DMI and 31P-MRSI at ultra-high field MRI, to investigate the Warburg effect and phospholipid metabolism in glioblastoma and to assess metabolic disruption in epilepsy.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Nervous system neoplasms malignant and unspecified NEC
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON53308

### Source

ToetsingOnline

### Brief title

MINT

### Condition

- Nervous system neoplasms malignant and unspecified NEC
- Cranial nerve disorders (excl neoplasms)

### Synonym

glioma; brain tumor

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Utrecht

**Source(s) of monetary or material Support:** namelijk VENI beurs

## Intervention

**Keyword:** 31P, Deuterium, Glioma, Metabolic MRI

## Outcome measures

### Primary outcome

Part 1: Quantified rates of brain glucose metabolism; a scan is successful if an SNR>5 for 2H-Glx is reached

Part 2a: Quantified levels of phospholipid metabolites and glucose metabolism in the tumor compared to those levels in healthy brain tissue from the same subject

Part 2b: Quantified levels of glucose metabolism in the epileptogenic cortex (determined by either a structural lesion, PET or neurophysiology) compared to healthy brain tissue from the same subject

### Secondary outcome

Part 1:

Optimal dose of [6,6\*-2H2]-glucose

Optimal timing between administration of [6,6\*-2H2]-glucose and static DMI

Plasma glucose levels

Deuterium enrichment of plasma water, lactate and glucose

Part 2a:

Change in glucose metabolism and phospholipid levels in response to treatment

pH levels of the tissue, assessed by 31P MRSI

redox status of the tissue, assessed by 31P MRSI

Change in tumor volume, measured on conventional imaging according to RECIST criteria

Part 2b:

Glucose metabolism compared to FDG-PET metabolism

Glucose metabolism in areas with invasive neurophysiological abnormalities

## Study description

### Background summary

Glioblastoma is the most common brain tumor in adults. Glioblastoma patients face a dismal prognosis, with a median overall survival of only 12-18 months after diagnosis. Despite extensive research on new therapies, this survival rate has not changed significantly over decades. Better understanding of glioblastoma pathophysiology is of utmost importance.

Metabolic reprogramming is the central hallmark of cancer, and it is thought that metabolic alterations precede morphological tissue changes in cancerous tissue. Imaging tumor metabolism will give insights in brain tumor pathophysiology. Here we aim to develop a fast, repeatable and non-invasive metabolic MRI protocol to detect two important aspects of metabolic reprogramming in glioblastoma: (1) the Warburg effect and (2) altered phospholipid metabolism. The metabolic MRI protocol will be dedicated to image these altered metabolic pathways, using two complementary techniques: deuterium metabolic imaging (DMI) and 31P-MR spectroscopic imaging (31P-MRSI), respectively.

In order to assess the extent of measurable metabolic disruption, we will also include patients with epilepsy in this study. Epilepsy results in disrupted brain metabolism (glutamate, glutamine, GABA), but likely in a more subtle way than in glioblastomas. Furthermore, epilepsy patients with PET hypometabolism exhibit a disturbance in glucose metabolism and epilepsy often occurs as a symptom of glioblastomas. Therefore, it is useful to have an idea of the degree of (measurable) metabolic disruption resulting from epilepsy alone.

### Study objective

Develop a fast metabolic MRI protocol, based on DMI and 31P-MRSI at ultra-high field MRI, to investigate the Warburg effect and phospholipid metabolism in glioblastoma and to assess metabolic disruption in epilepsy.

## **Study design**

Observational study. The study consists of two parts. First scan parameters will be evaluated, optimized and validated in an optimization study (part 1). Then we will characterize brain tumor metabolism and evaluate treatment effects (part 2a) and characterize metabolic disruptions in epilepsy (part 2b).

## **Study burden and risks**

Subjects participating in part 1 will visit the UMC Utrecht once or twice. Subjects will be subjected to 4-hour fast and upon arrival an intravenous access site will be installed in a vein in the arm for frequent blood sampling (i.e. every 10 min, 5-10 ml). Only in part 1 the metabolic MRI scan will take 120-150 min.

Glioblastoma patients participating in part 2 will visit the UMC Utrecht three times. Epilepsy patients in part 2 will visit the UMC Utrecht once. Subjects will be subjected to 4-hour fast. During each visit they will undergo a 7T metabolic MRI scan of ~60 minutes. Before each scan, they will receive an oral dose of deuterated glucose (max 0.75 g/kg, with a maximum of 60 g) dissolved in water (0.2 g/ml).

The intake of above mentioned amounts of deuterated glucose, and drawing of the above mentioned amount of blood (only in part 1) does not affect the health of participants. Deuterium ( $^2\text{H}$ ) is a stable, non-radioactive, isotope of hydrogen, and biologically, deuterated glucose behaves similarly to normal glucose. No adverse effects have been observed with oral administration of deuterated glucose at the dosage which will be used in this study.

MRI is a safe and reliable technique for subjects without contra-indications for undergoing MRI and is widely used in clinical examinations and scientific research. Subjects included in the study will have no contra-indications for MRI and they will be screened again for standard contra-indications before undergoing the MRI examination(s).

Patients will not have a direct benefit from participating. However, the outcome of this study will aid in better understanding of tumor physiology, which may improve diagnosis and treatment evaluation and the consequent individual treatment decisions.

## Contacts

### Public

Universitair Medisch Centrum Utrecht

Heidelberglaan 100

Utrecht 3584 CX

NL

### Scientific

Universitair Medisch Centrum Utrecht

Heidelberglaan 100

Utrecht 3584 CX

NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

### Inclusion criteria

All subjects: - Aged >18 years

- Ability to give informed consent

- Ability to follow test instructions

- Sufficient understanding of the Dutch or English language

Glioblastoma Patients in part 2a

- Patients who are newly diagnosed with a (suspected) glioblastoma IDH wild type and with a relevant lesion (>1 cm<sup>3</sup>; prior to surgery) on conventional MRI

- Patients who will start treatment according to the Stupp regimen (for part 2a only)

Epilepsy Patients in part 1

- Patients diagnosed with epilepsy with a relevant lesion detected by FDG PET

Epilepsy Patients in part 2b

- Patients diagnosed with epilepsy with or without a lesion on conventional MRI

## Exclusion criteria

- The presence of claustrophobia;
- MRI-specific exclusion criteria, such as metal implants.
- Refusal or inability to provide informed consent
- Pregnant or lactating

The presence of diabetes mellitus type 1 and 2;

The presence of a medical condition which influences brain metabolism

## Study design

### Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	12-09-2023
Enrollment:	56
Type:	Actual

### Medical products/devices used

Generic name:	7T MRI with 2H1H head coil and 31P2H borecoil
Registration:	No

## Ethics review

Approved WMO

Date: 19-07-2023

Application type: First submission

Review commission: METC NedMec

Approved WMO

Date: 17-04-2024

Application type: Amendment

Review commission: METC NedMec

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL83501.041.23