# BREAK COVID: COVID-19 breakthrough infections and correlates of protection

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**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Viral infectious disorders **Study type** Observational invasive

## **Summary**

#### ID

NL-OMON53358

#### Source

**ToetsingOnline** 

**Brief title**BREAK COVID

#### **Condition**

Viral infectious disorders

### **Synonym**

coronavirus, COVID-19

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Leids Universitair Medisch Centrum **Source(s) of monetary or material Support:** ZonMW

#### Intervention

**Keyword:** Breakthrough infection, Coronavirus vaccination, Correlate of protection, Immune response

#### **Outcome measures**

#### **Primary outcome**

- 1. Cellular and humoral correlates of protection from symptomatic and asymptomatic SARS-CoV-2 breakthrough infection after vaccination
- 2, Cellular and humoral correlates of protection from symptomatic and asymptomatic infection after natural infection

#### **Secondary outcome**

- 1. Risk of symptomatic BTI after booster vaccination, and after natural infection, with the in 2023 predominating SARS-CoV-2 variant.
- 2. Risk of asymptomatic BTI after booster vaccination, and after natural infection, with the in 2023 predominating SARS-CoV-2 variant
- 3. Other factors associated with BTI (variants, vaccine regimen;monovalent/bivalent, nasal transcriptome findings over time prior, during and14 days after infection, immune status)

# **Study description**

#### **Background summary**

Vaccination against coronavirus disease-2019 (COVID-19) remains a key strategy to control the COVID-19 pandemic. Waning protection and the emergence of antigenically distinct variants with increased transmissibility increase the likelihood of breakthrough infections with severe acute respiratory distress syndrome coronavirus-2 (SARS-CoV-2). Breakthrough infections can be transmitted and pose a risk for vulnerable subpopulations and long COVID. Recent data demonstrate that even high levels of anti-Wuhan-Spike IgG have limited impact

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on reducing the risk of breakthrough infection with viruses from Omicron sub-lineages. The presence of other components of the immune response, such as specific cellular subsets on the risk of breakthrough infections remains understudied to date. Importantly, polyclonal T-cell responses do not seem to be affected by mutations detected in the S protein, whereas these mutations do lead to at least partial escape from neutralizing antibodies, making standardised T-cell assessments even more important. National data, incorporating national measurements, vaccine regimens, and vaccine take-up are essential for data-guided vaccine policy making.

#### Study objective

In this study, we aim to identify cellular and humoral immune correlates of protection against breakthrough infections after either vaccination or natural infection in representative subjects from the Dutch population. We want to understand what the key immune markers are that determine the risk of a breakthrough infection. In addition, the virus variant causing breakthrough infections will be identified in order to answer the question: is it the bug or is it the host. The top 3-5 markers with the strongest correlation will be selected to be included in a risk-profiling algorithm. This algorithm can be used by policy makers on a representative sample of the population for risk stratification, optimalisation of the timing of vaccination and assigning vaccines to the subgroups that will benefit most.

## Study design

In this observational longitudinal cohort study, we will perform an in-depth analysis of in total 48 cellular and humoral immune parameters in combination with the SARS-CoV-2 variants involved in breakthrough infections. The study will start using previously collected samples and will prospectively follow participants for 9 months, monitoring for breakthrough infections. Risk at breakthrough infections, and the levels of the 48 candidate markers for protection will be compared in cases with breakthrough infections versus those without a breakthrough infection. Novel virus variants identified from nasal-throat samples will be sequenced and studied also in a humanized mouse model.

## Study burden and risks

The burden to participants consists of 3-5 routine venipunctures, one per visit, and a mid-turbinate swab for combined throat and nasal sampling at inclusion. Three visits will be scheduled about 3 months apart. In between scheduled visits, participants are self-monitored for infections. They will be asked to perform a standard COVID-19 home antigen test when displaying COVID-19-associated symptoms. If the home test is positive, a mid-turbinate swab will be taken by the subject at day 1, 5, and 14, and send to LUMC. About

2 weeks after infection a follow-up blood sample will be taken to determine antibodies, T cell activity at Innatoss and biomarker-measurements at LUMC. There is no immediate benefit for participants, besides contributing to a better understanding of the immune response to SARS-CoV-2. The burden is limited. Overall participation will take about 1 hour for 3 routine tests and 1 more hour in case of a breakthrough.

## **Contacts**

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#### Scientific

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Over 18 years of age
Willing to share vaccination and infection records with the investigators

## **Exclusion criteria**

Not fulfilling the inclusing criteria

# Study design

## **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 30-03-2023

Enrollment: 550

Type: Actual

## **Ethics review**

Approved WMO

Date: 22-02-2023

Application type: First submission

Review commission: METC Brabant (Tilburg)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL83587.028.23