# The impact of gender differences in Pglycoprotein function measured with [18F]MC225 and PET

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The main objective of this study is to investigate gender differences in P-gp function at the blood brain barrier, in order to gain further insight into the impact of these differences on the action of pharmaceuticals (antidepressants and...

Ethical review	Approved WMO
Status	Pending
Health condition type	Other condition
Study type	Observational invasive

# Summary

### ID

NL-OMON53850

**Source** ToetsingOnline

**Brief title** Genderdifferences in P-gp function

### Condition

Other condition

**Synonym** genderdifferences

#### **Health condition**

transporterfunctie op de bloed-hersenbarriere

#### **Research involving**

Human

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### **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen **Source(s) of monetary or material Support:** Ministerie van OC&W,Gratama Subsidie;PUSH Siemens Healthineers,Siemens Healthineers

#### Intervention

**Keyword:** - Blood-brain barrier, - Gender differences, - Neuropsychiatric disease, - P-glycoprotein

### **Outcome measures**

#### **Primary outcome**

PET images will be analysed using PMOD software (PMOD technologies, Zurich,

Switzerland, version 4.1). Predefined brain regions based on a maximum

probability map are selected as volumes of interest (VOIs). Tracer kinetics of

[18F]MC225 reflect the BBB P-gp function and will be assessed as outcome

measure for P-gp efflux function. Those will be compared in between the groups

of male and female subjects.

#### Secondary outcome

not applicable

# **Study description**

#### **Background summary**

P-gp is one of the main efflux transporters at the blood-brain barrier and is responsible for the transport of a variety of neurotoxic substances, including pharmaceuticals. Multiple studies report gender differences in therapeutic outcomes, toxicity and side effects for many drug agents. P-gp plays an important role in the bio-availability, drug distribution, metabolism and elimination of pharmaceuticals labelled as P-gp substrates (e.g. the majority of antidepressants and antipsychotics). A difference in P-gp function was already reported in hepatic P-gp expression. The aim of the current study is to evaluate the influence of gender on cerebral P-gp function. Outcomes of this

study can be of great importance in gender-based prescription of P-gp substrate pharmaceuticals.

#### **Study objective**

The main objective of this study is to investigate gender differences in P-gp function at the blood brain barrier, in order to gain further insight into the impact of these differences on the action of pharmaceuticals (antidepressants and antipsychotics) in the brain.

### Study design

10 healthy volunteers (5 male, 5 female subjects) will undergo a 60 minute dynamic [18F]MC225 PET scan with arterial sampling. Design: observational study.

#### Study burden and risks

[18F]MC225, a weak P-gp substrate, proved a suitable tracer for PET imaging and quantification of the P-gp transporter in animal (rat and NHP) studies. Since [18F]MC225 is a PET tracer, the mass of the injected drug is very low (<=100  $\mu$ g) and no pharmacological effect of [18F]MC225 is expected. In recent human studies in healthy volunteers no side effects were reported. Study subjects will receive a low dose of radiation during the PET scans. The total effective dose is established by a radiation expert and is 3.3 mSv, which is below the effective annual radiation dose limit of 20 mSv/y.

# Contacts

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# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Age: 50-80 years
MMSE: 28-30
No history of any neuropsychiatric disorders that might affect the P-gp function or blood-brain barrier integrity

# **Exclusion criteria**

Use of medication with known P-gp affinity
History of neuropsychiatric disorders affecting the P-gp function or blood-brain barrier integrity

# Study design

# Design

Study type: Observational invasive	
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Treatment

### Recruitment

NL

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Recruitment status:	Pending
Start date (anticipated):	01-01-2023
Enrollment:	10
Туре:	Anticipated

# Medical products/devices used

Product type:	Medicine
Brand name:	[18F]MC225
Generic name:	[18F]MC225

# **Ethics review**

Approved WMO	
Date:	12-04-2023
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	23-11-2023
Application type:	Amendment
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)
Approved WMO	
Date:	21-12-2023
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

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# In other registers

**Register** EudraCT CCMO

ID EUCTR2022-003664-25-NL NL83060.042.22