Is, in infertile women undergoing a basic fertility work-up, tubal flushing with oilbased contrast medium during hysterosalpingography (HSG) costeffective compared to tubal flushing by hysterosalpingo-foam sonography (HyFoSy)? A randomized controlled trial.

Published: 17-03-2023 Last updated: 21-12-2024

The main objective of this study is to determine whether tubal flushing with oil-based contrast during HSG results into more pregnancies leading to live births when compared to tubal flushing with ExEm-foam during HyFoSy, and whether this approach...

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Ovarian and fallopian tube disorders

**Study type** Observational invasive

# **Summary**

#### ID

NL-OMON53875

Source

ToetsingOnline

**Brief title** FOil Study

#### Condition

• Ovarian and fallopian tube disorders

#### **Synonym**

Tubal flushing, tubal patency testing

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### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W,ZonMw

#### Intervention

**Keyword:** HSG, HyFoSy, Infertility, Oil-based contrast fluid

#### **Outcome measures**

#### **Primary outcome**

The primary outcome is pregnancy leading to live birth within six months after randomization. Pregnancy is defined as a positive pregnancy tests or a pregnancy shown on ultrasonographic examination. Live birth is defined as the birth of live baby born beyond 24 weeks of pregnancy.

### **Secondary outcome**

- Time to pregnancy leading to live birth. Calculated from the day of randomization till the first day of the last menstrual bleeding.
- Number of clinical pregnancies, miscarriages, ectopic pregnancies, multiple pregnancies, still births. All within 6 months after randomization.
- Number of adverse events within one months after tubal patency testing, e.g. infection, intravasation, thyroid dysfunction.
- Procedural pain scores, measured by Visual Analogue Scale (VAS) immediately after tubal patency testing.
- Number of fertility treatment cycles (IUI, IVF, ICSI) within 6 months after randomization.
- Number of pregnancy complications, e.g. pregnancy induced hypertension, fetal
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growth restriction.

- Neonatal outcomes, e.g. date of birth, sexes, birth weight.
- Quality of life, using EQ-5D-5L questionnaire measured 6 months after randomization.
- Cost-effectiveness, the effectiveness (pregnancies leading to live births) compared to the costs (including costs from a healthcare perspective (costs for tubal patency testing and fertility treatment) and costs from a societal perspective using the iMedical Productivity Costs Questionnaire (iMPCQ)) for both tubal flushing strategies.

# **Study description**

## **Background summary**

We hypothesize that tubal flushing with oil-based contrast during HGS leads to more live births compared to tubal flushing with ExEm-Foam during HyFoSy in infertile women with indication for tubal patency testing. If more live births are achieved, expensive fertility treatments will be less needed, which makes tubal flushing with oil-based contrast during HSG a cost-effective strategy.

#### Study objective

The main objective of this study is to determine whether tubal flushing with oil-based contrast during HSG results into more pregnancies leading to live births when compared to tubal flushing with ExEm-foam during HyFoSy, and whether this approach is cost-effective. In this study we will also compare the safety of both strategies.

### Study design

We plan a multicenter randomized controlled trial with an economic analysis alongside it. Women with indication for tubal patency testing will be randomized to tubal flushing with oil-based contrast during HSG and tubal flushing with ExEm Foam during HyFoSy.

## Study burden and risks

As we compare two tubal flushing strategies (tubal flushing with oil-based contrast during HSG and tubal flushing with ExEm-foam during HyFoSy) that are already applied in current practice, no additional risks or burdens are expected from the study. Women are asked to fill in three to five questionnaires. One questionnaire to measure quality of life at baseline (day of randomization) and six months after randomization. One questionnaire to measure indirect (from a societal perspective) costs six months after randomization. Follow-up data can be obtained by a follow-up questionnaire six months after randomization and if applicable two months post-partum, if these data is not reported in their medical files.

## **Contacts**

#### **Public**

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# **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years)

### Inclusion criteria

- Infertile women or women with oligo-or anovulation
- Aged between 18 and 42 years
- With indication for tubal patency testing during the fertility work-up
- Sufficient understanding of the Dutch or English language
- Signed informed consent

## **Exclusion criteria**

- Severe male factor with a total motile sperm count <3x106ml (pre-washed) - Known contrast (iodine) allergy - Women who have had a gynecologic procedure within the last 30 days - Women with known or suspected reproductive tract neoplasia

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 22-09-2023

Enrollment: 1102

Type: Actual

# **Ethics review**

Approved WMO

Date: 17-03-2023

Application type: First submission

Review commission: METC Amsterdam UMC

Approved WMO

Date: 26-07-2023

Application type: Amendment

Review commission: METC Amsterdam UMC

Approved WMO

Date: 09-01-2024

Application type: Amendment

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL83352.018.22