

To what extent do veterans experience higher health-related wellbeing after adding the conversation model based on Huber*s concept on positive health to usual care?

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Primary objective of this study is to gain insight in the effects of adding the conversation model according to positive health to usual care for veterans suffering from PTSD on patients* health-related wellbeing.

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Psychiatric disorders NEC
Study type	Interventional

Summary

ID

NL-OMON54325

Source

ToetsingOnline

Brief title

Health-related wellbeing of veterans after implementing positive health.

Condition

- Psychiatric disorders NEC

Synonym

Post Traumatic Stress Disorder (PTSD)

Research involving

Human

Sponsors and support

Primary sponsor: Reinier van Arkelgroep (Den Bosch)

Source(s) of monetary or material Support: Subsidie van Landelijk Zorgsysteem voor Veteranen (LZV)

Intervention

Keyword: Health-related wellbeing, Positive health, Veterans

Outcome measures

Primary outcome

The primary outcome of this study will be patients* health-related wellbeing.

Secondary outcome

Secondary outcomes are resilience, self-management, positive health, psychological symptoms, quality of life and mental health recovery.

Study description

Background summary

Recently there has been many criticism on the WHO definition of health. Diversity and complexity in healthcare is increasing and with them also patients expectancies. These developments have had impact in defining a new purpose of healthcare. No longer thinking about health as absence of diseases. Huber proposed a new dynamic concept of health with an accompanying conversation model: *Health as the ability to adapt and to self-manage, in the face of social, physical and emotional challenges*. No research is done yet to the effects of using the conversation model according to positive health in treatment of veterans suffering from PTSD.

Study objective

Primary objective of this study is to gain insight in the effects of adding the conversation model according to positive health to usual care for veterans suffering from PTSD on patients* health-related wellbeing.

Study design

Randomized controlled trial.

Intervention

Integration of the conversation model according to positive health in usual care for veterans suffering from PTSD.

Study burden and risks

Patients participating in this study will be requested to complete several questionnaires at three time-points during 12 months. Completion of the questionnaires will take approximately 30-45 minutes for each measurement. There will be no further added burden for the patient when participating in this study nor any risks.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

Veterans diagnosed with PTSD in PTC-ZN of Reinier van Arkel;
Starting ambulatory treatment;
Able to read, write and speak in Dutch;
Minimum age is 18 years.

Exclusion criteria

Alcohol and or drugs dependency;
Dementia;
Acute suicide risk, assessed routinely at intake.

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	25-05-2021
Enrollment:	52
Type:	Actual

Ethics review

Approved WMO

Date: 07-07-2020
Application type: First submission
Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL72664.068.20