

# Diagnosis and Management of Febrile Illness using RNA Personalised Molecular Signature Diagnosis

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|                              |   |
|------------------------------|---|
| <b>Ethical review</b>        | Approved WMO                                      |
| <b>Status</b>                | Recruiting  |
| <b>Health condition type</b> | Hepatobiliary neoplasms malignant and unspecified |
| <b>Study type</b>            | Observational invasive                            |

## Summary

### ID

NL-OMON54367

### Source

ToetsingOnline

### Brief title

DIAMONDS

### Condition

- Hepatobiliary neoplasms malignant and unspecified

### Synonym

Febrile illness, fever

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Imperial College London

**Source(s) of monetary or material Support:** Europese Unie; Grant agreement ID: 848196

## Intervention

**Keyword:** Diagnosis, Febrile illness, Infectious diseases, Molecular testing

## Outcome measures

### Primary outcome

#### DIAMONDS SEARCH

We will discover and validate RNA-based biomarkers that distinguish children and adults with infectious and inflammatory conditions.

#### DIAMONDS PILOT DEMONSTRATION

Practicality of personalised molecular signature diagnosis in clinical departments.

### Secondary outcome

#### DIAMONDS SEARCH

We will collect detailed resource-use data on patients presenting to healthcare services with infectious and inflammatory illness. We will capture detailed information on the clinical presentation, patient management and final outcome, and we will correlate this information with biomarker findings.

#### DIAMONDS PILOT DEMONSTRATION

1. Demonstrate the practical utility of a prototype PMSD device in a real clinical setting, and its robustness

(sensitivity, specificity, predictive value).

2. Demonstrate the potential clinical impact of a PMSD device on time to

diagnosis, accuracy of diagnosis,

resource use, or inappropriate antibiotic use in the patients recruited.

3. Gather pilot data to support the introduction of PMSD testing as part of

clinical care in European countries.

WP9 will use these data to model the impact of PMSD on replacement of current

diagnostics, decision-making

for initial treatment, and admission, thus calculating patient and societal

benefits.

## Study description

### Background summary

Current management of patients presenting with fever is problematic due to the difficulty in identifying the relatively small number of patients with severe and life-threatening bacterial infections or inflammatory diseases amongst the more common self-limited viral illnesses. The current approach, based on exclusion of bacterial infection using microbiological cultures, presumptive treatment with antibiotics while results are awaited, and consideration of inflammatory conditions only after infection has been treated or excluded, results in delayed and incorrect diagnosis, excessive use of hospital beds and resources during prolonged periods of investigation, and inappropriate administration of antibiotics, contributing to the growing problem of antimicrobial resistance.

We propose a new Personalised Medicine approach to diagnosis of infectious and inflammatory diseases, based on individual RNA signatures detected in blood and will demonstrate the benefit of this approach to individuals and healthcare systems and its economic viability. The study is mainly focused on the pediatric population, but because we aim to also use the newly developed test to diagnose adults and because febrile illness in children often has a different etiology than in adults, we will include children as well as adults.

### Study objective

Our proposal builds on 12 years of sustained EU funding, a consortium covering 11 European countries and 27 partners (with non-EU sites in African and two Asian populations to provide a global perspective) and our cuttingedge new research, which has demonstrated that molecular signatures can be used to diagnose a wide variety of infectious and inflammatory diseases. In this proposal, we extend this work beyond state-of-the-art by developing a novel molecular taxonomy of infectious and inflammatory disease, which will be used as the basis for personalised diagnosis by identifying the specific \*signature\* of each disease using a novel approach, which we term \*Personalised Molecular Signature Diagnosis (PMSD)\*. This approach uses each individual patient's blood gene expression to identify RNA signatures, which are specific to individual infectious or inflammatory diseases. In collaboration with biotechnology and industrial partners, we will develop novel devices to rapidly detect the set of gene transcripts required for PMSD, and evaluate their impact on improved patient diagnosis and treatment. We will evaluate in a pilot demonstration the effect of the PMSD approach on health care resource utilization, costs, prediction of disease severity and outcomes of febrile illness to provide the evidence base for introduction of PMSD in European health systems.

We will address the following specific objectives:

1. To establish the European Diagnostic Transcriptomic Library based on data from over 15,000 patients with infectious and inflammatory conditions. This curated RNA expression library will include data on clinical phenotype, presentation, severity of illness and outcome and will include all ages, sexes, ethnicities, co-morbidities and include the wide range of infectious and inflammatory conditions.
2. To use the data in the European Diagnostic Transcriptomic Library to develop a comprehensive molecular taxonomy of infectious and inflammatory diseases based on RNA expression.
3. To use novel computational dimensionality reduction techniques, multinomial variable selection methods and costsensitive approaches to identify a minimal transcript signature for all common infectious and inflammatory diseases as the basis for PMSD.
4. To evaluate the diagnostic performance of the transcripts required for PMSD using a high throughput transcriptomic approach in an independent validation cohort of patients presenting with fever and inflammatory conditions, and including challenging patient subgroups at the extremes of age, and patients with underlying co morbidities.
5. To develop test platforms for rapid detection of PMSD transcripts in

collaboration with academic, industrial and small and medium-sized enterprises (SME) partners, and to compare the detection performance of these devices to existing RNA-detection technologies.

6. To select the best performing device for evaluation in a large-scale pilot demonstration of PMSD as compared with current diagnostic practices in multiple EU health care settings.

7. To describe current diagnostic practices for febrile patients and preferences of end-users in multiple EU countries as well as the economic and societal costs and to assess the acceptability and likely uptake of PMSD.

8. To use the data from the pilot demonstration and current practice (objective 7) to model the potential clinical and health economic impact of PMSD in different EU national health care settings, and determine the impact of PMSD implementation on health systems across Europe.

9. To disseminate the findings to regional, national and EU policy makers to demonstrate the benefits of a healthcare model based on PMSD and advocate for widespread implementation of PM.

## **Study design**

DIAMONDS consists of 2 parts using clinical data and/or samples of patients:

### **DIAMONDS SEARCH**

The DIAMONDS consortium will acquire clinical data and RNA samples from subjects with febrile or inflammatory disease through prospective recruitment of patients attending at the DIAMONDS clinical sites (inpatient and outpatient settings), as part of an observational study. We will supplement new patient recruitment with use of samples from well-curated collections held by collaborators. In total, an estimated 5,000 samples from adults and children will be added to the DIAMONDS sample biobank. The main objective of this clinical study is to obtain all necessary RNA samples and clinical data required for the prototype PMSD device configuration and design.

For the recruiting study, subjects will have samples collected at presentation, at 48 hours and at convalescence taken for research, taken at the same blood draw alongside their usual clinical tests. Other samples for diagnosis including nasal secretions and urine will be collected as appropriate. Written consent and assent (if applicable) will be obtained for all subjects taking part. The prospective data and samples will be merged with existing RNA expression library and Biobank from previous studies performed by the consortium in which future research has been agreed by participants, parents or guardian (EUCLIDS, PERFORM, EU-TB,

IRIS, GENDRES).

#### DIAMONDS PILOT DEMONSTRATION

A pilot demonstration study to evaluate the performance and impact of PMSD on the management of febrile

patients in EU healthcare settings. An observational study will be performed to evaluate whether introduction of

PMSD tests might influence time to diagnosis, accuracy of diagnosis, resource use, or inappropriate antibiotic use.

2,000 febrile patients at 8 selected high-enrolling hospitals, reflecting the spectrum of healthcare settings of the EU

partners will be recruited to test the PMSD platform in real clinical and diagnostic settings, and results will compare

with the standard of care for the diagnosis of febrile diseases.

Patients will have a single set of samples taken for research, taken at the same blood draw alongside their usual

clinical tests. Written consent and assent (if applicable) will be obtained for all subjects taking part.

#### Study burden and risks

Blood samples will be collected during a routine diagnostic blood sampling from a venapuncture or central line. Capillary sampling is not possible. In addition a nasopharyngeal swab or throat swab will be obtained. When urine or stool sampling is indicated, this will also be collected if leftover material is available. It is estimated that this way the burden for the child is very low and without any risks.

In the majority of the inclusions there will only be one timepoint for blood collection. But, if at 48-72 hours or at 28 days after the hospital visit or at discharge a routine diagnostic blood sampling will be done, then we also want to collect blood for this study. It is possible that a patient develops multiple separate episodes of fever during admission or treatment, we would like to collect additional blood samples from these episodes, as there may be different underlying causes of fever. In case of early discharge, the patient or patients caregiver will be contacted after a maximum of 28 days to ask about the well-being of the patient.

From patients admitted to the ICU additional blood samples will be collected at  $t=24$ ;  $t=48$  and once a week after that with a maximum of 5 samples per patient.

## Contacts

#### Public

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adolescents (12-15 years)

Adolescents (16-17 years)

Adults (18-64 years)

Children (2-11 years)

Babies and toddlers (28 days-23 months)

Newborns

Premature newborns (<37 weeks pregnancy)

### Inclusion criteria

Patients admitted to clinical ward or presenting to the emergency room of one of the participating hospitals presenting with fever or clinical suspicion of infection in whom the attending clinician determines the need for blood sampling.

### Exclusion criteria

Patients who do not give consent

## Study design

### Design

|                     |                                 |
|---------------------|---------------------------------|
| Study type:         | Observational invasive          |
| Intervention model: | Other                           |
| Allocation:         | Non-randomized controlled trial |
| Masking:            | Open (masking not used)         |
| Control:            | Active                          |
| Primary purpose:    | Diagnostic                      |

### Recruitment

|                           |            |
|---------------------------|------------|
| NL                        |            |
| Recruitment status:       | Recruiting |
| Start date (anticipated): | 01-03-2021 |
| Enrollment:               | 1800       |
| Type:                     | Actual     |

## Ethics review

|                    |                  |
|--------------------|------------------|
| Approved WMO       |                  |
| Date:              | 19-01-2021       |
| Application type:  | First submission |
| Review commission: | METC NedMec      |
| Approved WMO       |                  |
| Date:              | 30-06-2021       |
| Application type:  | Amendment        |
| Review commission: | METC NedMec      |
| Approved WMO       |                  |
| Date:              | 15-07-2021       |
| Application type:  | Amendment        |
| Review commission: | METC NedMec      |
| Approved WMO       |                  |
| Date:              | 20-07-2022       |
| Application type:  | Amendment        |



|                    |             |
|--------------------|-------------|
| Review commission: | METC NedMec |
| Approved WMO       |             |
| Date:              | 23-08-2023  |
| Application type:  | Amendment   |
| Review commission: | METC NedMec |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

| Register           | ID             |
|--------------------|----------------|
| ClinicalTrials.gov | NCT03502993    |
| CCMO               | NL75190.041.20 |