# Fitness-to-Drive and Risk acceptance in Huntington's disease

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We aim to develop three cognitive profiles to assess FTDr in HD patients; 1) Fit to drive, 2) No longer fit to drive, and 3) Dubious fit to drive and no longer fit to drive. The profiles will be determined with classic neuropsychological tests,...

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Chromosomal abnormalities, gene alterations and gene variants
Study type	Observational non invasive

## Summary

#### ID

NL-OMON54606

**Source** ToetsingOnline

**Brief title** FTDr in HD

## Condition

- Chromosomal abnormalities, gene alterations and gene variants
- Movement disorders (incl parkinsonism)

**Synonym** Huntington's disease

**Research involving** Human

## **Sponsors and support**

Primary sponsor: Universitair Medisch Centrum Groningen Source(s) of monetary or material Support: Ministerie van OC&W

### Intervention

Keyword: FTDr, Huntington, Simulator, Social cognition

#### **Outcome measures**

#### **Primary outcome**

Development of cognitive profiles to assess FTDr in HD patients determined by an regression analysis.

For each variable z-scores will be calculated. These z-scores will then be combined into four categories:

1. Cognitive speed and attention including the following test variables: Rey complex figure, TMT-A, Stroop I-III, SDMT, Category fluency, ATAVT, and RT

S1-S2.

2. Executive functions, including the following test variables: TMT-B, Letter fluency, and SWOV.

3. Social cognitive functions, including the following test variables: FEEST and IGT.

4. Procedural driving skills, including the following test variables:

Swingdrives fixed and free, Intersections, and Merging.

With these categories we will perform a regression analysis to determine the predictive value of each category for FTDr in HD.

#### Secondary outcome

Other questions that will be addressed during the course of the study are:

• Is there a relationship between levels of self-awareness, as measured by

tests that call upon self-awareness (i.e. the SWOV, WRBTV, and Swingdrive), and 2 - Fitness-to-Drive and Risk acceptance in Huntington's disease 25-05-2025 • What is the relationship between UHDRS motor score and FTDr?

## **Study description**

#### **Background summary**

Huntington\*s disease (HD) is an autosomal dominant neurodegenerative disorder which is characterised by a triad of symptoms: motor, cognitive and behavioural. These symptoms in HD eventually lead to significant decline in (instrumental) activities of daily living ((i)ADL). The cognitive, motor, and visual functions that are required for adequate procedural driving skills in a motor vehicle show a progressive decline in HD as well. Patients with HD are at a greater risk of overestimating their driving skills and fitness-to-drive (FTDr) because of impaired self-awareness, which may already be present in presymptomatic gene carriers. Overestimating FTDr could lead to potential dangerous situations for HD patients\* self and others.

With the proposed study we plan to establish cognitive profiles with classic neuropsychological tests that correlate with FTDr in HD patients; 1) Fit to drive, 2) No longer fit to drive, and 3) Dubious fit to drive. For HD patients who fall into the dubious category, additional testing is required to provide a more decisive answer regarding their FTDr. In these situations a driving simulator test, to assess procedural driving skills, in conjunction with the cognitive profile could clarify the remaining ambiguities. When we are able to correctly identify patients\* FTDr on base of classic neuropsychological tests and driving simulators assessments, on-road driving tests can be implemented more specific. This in turn, makes FTDr assessment more cost-effective, safer and expeditious.

#### **Study objective**

We aim to develop three cognitive profiles to assess FTDr in HD patients; 1) Fit to drive, 2) No longer fit to drive, and 3) Dubious fit to drive and no longer fit to drive. The profiles will be determined with classic neuropsychological tests, complemented with tests that focus specifically on FTDr, and driving simulator tests.

#### Study design

We propose a cohort study of a population of HD patients.

#### Study burden and risks

All participants will attend one test session at the University Medical Center Groningen (UMCG) for the neuropsychological assessments and the driving simulator tests. The duration of this session is approximately 4 hours, excluding intermissions (which are set at the participants\* request). The on-road driving test will be scheduled on a later date at the participant\*s local office of the Dutch driver licensing association; Centraal Bureau Rijvaardigheidsbewijzen (CBR). The driving test has a maximum duration of 60 minutes. Participants will receive feedback of their performance on the driving test by the examiner of the CBR.

Benefits of participation in the study are a free extensive assessment of driving ability. A fail on the driving test has no immediate consequences for the participant\*s drivers\* license. Participants who have failed the driving test are advised to cease driving. However, this advice is not binding. Participants may experience simulator sickness (similar to car sickness) during the driving simulator test. Participants are notified of this possibility beforehand and they will be monitored during the test. They will also be informed of their right to stop the test at any time.

## Contacts

#### Public

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Confirmed diagnosis of Huntington\*s Disease via CAG-repeat length analysis Between 18 and 74 years of age. Dutch speaking. Hold a drivers\* licence.

### **Exclusion criteria**

Individuals who do not meet the inclusion criteria

## Study design

### Design

Study type: Observational non invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Health services research	

#### Recruitment

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NL	
Recruitment status:	Recruiting
Start date (anticipated):	18-01-2016
Enrollment:	50
Туре:	Actual

## **Ethics review**

13-11-2015
First submission
METC Universitair Medisch Centrum Groningen (Groningen)
25-01-2022
Amendment
METC Universitair Medisch Centrum Groningen (Groningen)
07-04-2023
Amendment
METC Universitair Medisch Centrum Groningen (Groningen)

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register** CCMO ID NL53660.042.15