# Electromechanical profiling of arrhythmogenic substrates and triggers in the long-QT syndrome

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To identify arrhythmogenic electromechanical risk profiles in LQTS patients; in baseline conditions and during provocation; the recognition of risk profiles will improve risk stratification for sudden cardiac death.

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Cardiac arrhythmias **Study type** Observational invasive

# **Summary**

## ID

NL-OMON54669

#### Source

ToetsingOnline

**Brief title** 

**EMLoQ** study

## **Condition**

- Cardiac arrhythmias
- Cardiac and vascular disorders congenital

## **Synonym**

long-QT syndrome, Romano-Ward syndrome

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Medisch Universitair Ziekenhuis Maastricht **Source(s) of monetary or material Support:** NWO-ZonMw

## Intervention

**Keyword:** Electromechanical mapping, Long-QT syndrome, Provocation, Ventricular tachyarrhythmias

## **Outcome measures**

## **Primary outcome**

Cardiac event risk prediction in LQTS patients using regional electromechanical dispersion.

## **Secondary outcome**

Secondary study points consist of:

- difference in electromechanical dispersion (in ms) between symptomatic and asymptomatic genotyped LQTS patients and controls.
- comparison of electromechanical dispersion (in ms) between LQTS type 1, 2,
   and 3.
- relation between global electromechanical window vs regional electromechanical dispersion in LQTS.
- Comparison of mechanical dispersion using TPM-MRI and cine-MRI.
- Comparison of mechanical dispersion using TPM-MRI and speckle-tracking echocardiography.

# **Study description**

## **Background summary**

Sudden cardiac death (SCD) imposes a large socioeconomic and psychosocial burden, claiming almost a million deaths annually in Western societies. SCD is mostly caused by ventricular fibrillation (VF). In young patients, inherited arrhythmia syndromes including the long-QT syndrome (LQTS) account for 5-10% of victims. The LQTS is traditionally considered a primary electrical disease with

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prolonged repolarization, and spatial and temporal repolarization heterogeneities. However, key publications claiming concomitant mechanical alterations in LQTS induced a paradigm shift: Therefore, some research-field leaders have now proposed LQTS as an electromechanical disease with mechano-electric triggers of arrhythmia.

For the purpose of this study protocol, we hypothesize that 1) Regional dispersion of repolarization and mechanical-strain patterns better depict the proarrhythmic substrate than global electrical parameters; 2) The extent of regional electromechanical heterogeneities and/or discordance of mechanical strain determine the site of abnormal electrical impulse formation prior to arrhythmia, whether or not through the emergence of local aftercontractions; 3) Electromechanical profiling in patients by smart provocation with catecholaminergic stimulation and pharmacological variation of atrioventricular (AV) relations will improve LQTS risk stratification.

## Study objective

To identify arrhythmogenic electromechanical risk profiles in LQTS patients; in baseline conditions and during provocation; the recognition of risk profiles will improve risk stratification for sudden cardiac death.

## Study design

Multicenter, case-control study

#### Intervention

Pharmacological (adenosine, epinephrine) provocation, ECG-imaging and tissue-phase mapping using magnetic resonance imaging (TPM-MRI).

## Study burden and risks

#### LQTS patients:

Standard clinical workup: 12-lead ECG, lab tests, holter, echocardiogram and on indication contrast-enhanced MRI.

Study related: peripheral venous access, ECG-imaging, MRI (TPM-MRI) without contrast, pharmacological provocation.

A low dose CT scan will be performed in case of a contraindication for MRI is present.

The incidence of arrhythmias during smart provocation are expected to be small (<1%).

## Control population:

Standard care: use of preexisting 12-lead ECG, Holter, echocardiogram and contrast-enhanced MRI.

Study related: peripheral venous access, lab tests, 12-lead ECG, Holter,

echocardiogram, ECG-imaging, MRI (TPM-MRI) without contrast, pharmacological provocation.

Using a one-stop-shop set-up, all clinical and study-related investigations will be performed sequentially within two days (no need for additional hospital visits).

Patient benefit resides in an improved risk prediction.

Outpatient visits for LQTS subjects include 12-lead ECG and Holter recording at 3, 12, and 24 months; control subjects will receive a phone call after 3 months.

## **Contacts**

#### **Public**

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## **Scientific**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years)

## Inclusion criteria

LQTS group (Group 1):

- \* Diagnosis of LQTS according to the ESC guidelines.
- \* Genetic testing either already performed or consent to genetic testing (at least 5 major LQTS-related genes tested: KCNQ1, KCNH2, SCN5A, KCNE1, KCNE2). Control group (Group 2):
- \* Control subjects with structurally normal hearts.

## **Exclusion criteria**

- \* Pregnancy, nursing or planning to become pregnant.
- \* Known allergy or strong reaction to skin electrodes or contrast agent.
- \* Inability to give informed consent.
- \* Presence of metal objects in or attached to the body.
- \* Dialysis.
- \* Cardiomyopathy (LVEF < 50%).
- \* Second-degree heart block or higher degrees of block.
- \* Sick sinus syndrome.
- \* Asthma.
- \* Chronic obstructive pulmonary disease.
- \* Left-main coronary artery disease.
- \* Unstable coronary artery disease.
- \* Moderate to severe valvular disease.
- \* Inability to undergo MRI scan (control population).

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Prevention

## Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 03-05-2021

Enrollment: 85

Type: Actual

# **Ethics review**

Approved WMO

Date: 04-12-2019

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 09-02-2022

Application type: Amendment

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL70856.068.19 Other NL70856.068.19