

# Triage of Elderly Needing Treatment

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON54793

### Source

ToetsingOnline

### Brief title

The TENT-study

### Condition

- Other condition

### Synonym

Ageing, geriatric screening

### Health condition

Veroudering, invasieve therapie en de uitkomsten

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Leids Universitair Medisch Centrum

**Source(s) of monetary or material Support:** Projectgeld (samenwerking IEMO)

## Intervention

**Keyword:** Aged patients, Geriatric assessment, Invasive treatment, Outcomes

## Outcome measures

### Primary outcome

Main study end points are:

The following data will be collected from the medical record after the treatment of the patient is finished:

- i) duration of admittance
- ii) days on intensive care or medium care
- iii) clinical diagnosis of delirium during hospitalization
- iv) complications during admittance (infections, falls)
- v) unplanned hospital admittance

After a Follow-up of 6 and 12 months after procedure we will collect the following data by a telephone call:

- i) Mortality will be followed through the registry of the municipality (in Dutch: Gemeentelijke Basis Administratie).
- ii) Functional decline by Katz-ADL
- iii) Quality of life will be assessed using EuroQOL-5D.
- iv) Living arrangement (independent, institutionalized, hospitalized) and level of support (number of days home-care)

### Secondary outcome

not applicable

# Study description

## Background summary

Aging is accompanied by an increased vulnerability with a consequently higher risk of disease and death. However, older patients are characterized by a high degree of heterogeneity and calendar age alone is a poor marker of individual vulnerability or vitality. A solid measurement of this vitality is especially essential in decision-making in older patients needing invasive treatments like surgery, radiation or chemotherapy.

Conventional geriatric assessment of physical, psychological and social function likely yields valuable predictors, but validated predictors have not been firmly established in the clinical setting. Furthermore, novel makers of biological age and vitality have been identified in various studies (serum biomarkers and measurement of physical activity using accelerometers) and hold great promise, but have sparsely been tested in in the clinical setting.

The Department of Gerontology and Geriatrics of the LUMC has implanted several care pathways on different departments to improve the care for older patients. The geriatric screening is done on those departments and patients are only referred to geriatric doctors in case of abnormalities.

The current study is using the baseline parameters derived from the routine clinical work-up. After a follow-up of 6 and 12 months after procedure we will collect data by reaching out to the patients. Additionally, for this study a blood sample will be collected in context of a WMO-protocol, DNA isolation and for storage. This will be used for future research.

The working hypothesis will be that vulnerable older patients will have worse outcomes in compare with their less vulnerable comparable peers. Besides that we think that geriatric measurements can be an important predictor for the outcomes of treatment.

## Study objective

The aim of this study is to see if there is an association between geriatric screening and outcomes. This could lead to a prediction of clinical outcomes in older patients visiting the hospital, using a mix of routine clinical parameters and biomarker-derived measurements.

## Study design

For the present study, the data are collected as part of routine clinical practice and additionally 1) follow-up data will be collected from the medical

record regarding the treatment and 6 and 12 months after contacting the patients, 2) baseline blood samples will be collected in context of a WMO-protocol and be stored in a biobank for later analysis. 3) a selection of patients will be asked to participate in the resilience study, for which they will carry a wrist band for 12 weeks that measures their physical capacity.

### **Study burden and risks**

After the patient gives informed consent, the extra burden in this study will be drawing of one extra blood sample for purposes of the WMO-protocol including DNA isolation and for storage in the \*biobank\* (mostly in combination with routine clinical blood drawing) and twice contact by telephone, once after 6 months and once after 12 months. The maximum time spent on the extra burden is one hour per participant for the total study. All other baseline and follow-up data can be collected from the medical record and Municipality Records ("gemeentelijke basis-administratie").

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

## Age

Elderly (65 years and older)

## Inclusion criteria

1. Aged 70 years or older at day of presentation or younger than 70 with indication for frailty
2. Indication intention to treat for:
  - Malign process in which a treatment (operation, chemotherapy or radiotherapy) is considered
  - Vascular disease in which a treatment (operation) is considered
  - Benign processes in which a treatment (operation, chemotherapy or radiotherapy) is considered
  - Referral to the outpatient department of gerontology and geriatrics for (neuropsychological) screening or any other reason, subjects older than 70 years could also be included when they are considered vulnerable

## Exclusion criteria

1. Participant not willing to provide informed consent
2. Participant not able to provide informed consent and no proxy available

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 01-12-2015

Enrollment: 2180

Type: Actual

## Ethics review

Approved WMO

Date: 11-08-2015

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

Approved WMO

Date: 15-02-2018

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

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Approved WMO

Date: 29-03-2018

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

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Approved WMO

Date: 10-04-2019

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

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Approved WMO

Date: 12-10-2020

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)

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Approved WMO

Date: 15-12-2021

Application type: Amendment

Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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Approved WMO  
Date: 10-07-2023  
Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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Approved WMO  
Date: 05-06-2024  
Application type: Amendment  
Review commission: METC Leiden-Den Haag-Delft (Leiden)  
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## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 28769  
Source: NTR  
Title:

### In other registers

Register	ID
CCMO	NL53575.058.15
OMON	NL-OMON28769