

# \*Evaluation of biomarkers in VTE study with capillary blood sample; the EVA-II study\*

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Embolism and thrombosis
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON55145

### Source

ToetsingOnline

### Brief title

EVA-II

### Condition

- Embolism and thrombosis

### Synonym

pulmonary embolism, venous thrombosis

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Jeroen Bosch Ziekenhuis

**Source(s) of monetary or material Support:** Aksa Medical, Udenhout, The Netherlands, Axon Lab B.V., Zaltbommel, The Netherlands, Boditech Med Inc. Gangwong-do.

Republic of Korea, Het onderzoek wordt door de verrichter (JBZ) en drie sponsoren., LumiraDx, Allos, United Kingdom Ltd, Mediphos, Renkum, The Netherlands

## Intervention

**Keyword:** D-dimer, General practice, Point-of-Care, Venous Thrombo Embolism

## Outcome measures

### Primary outcome

D-dimer result

### Secondary outcome

Clinical outcome of VTE diagnosis

## Study description

### Background summary

Deep vein thrombosis (DVT) and pulmonary embolism (PE) are two manifestations of Venous Thrombo-Embolism (VTE), is the third most common cause of cardiovascular death, after myocardial infarction and stroke, and has an annual incidence rate of about 1 per 1000 person-years in general population. Rapid diagnosis and treatment of VTE is important to restrict disease progression and to lower the risk of fatal events.

The GP cannot trust on patient history, symptoms and signs for diagnosis, for signs and symptoms can be non-specific and frequently nearly absent, e.g. mimicking a simple leg or respiratory tract infection.

Therefore, the use of a Clinical Decision Rule (CDR) score combined with a D-dimer test in primary care is recommended. However, referral for imaging in a hospital setting is only recommended for those with a high CDR score, as well as those with a positive D-dimer test (regardless of the CDR-score). This approach is validated as a safe diagnostic strategy in suspected patients to refrain from referring nearly half of the patients and is written in current guidelines.

Very recently, novel Point-of-Care test devices have been introduced using a blood sample from a finger prick enabling appropriate use in GP practice. An additional advantage is that different frequently-ordered tests in primary care can be carried out on the same device (CRP, HbA1c etc).

Plasma samples of five devices under study have already been compared with a routine laboratory assay, STA-R Max, by the members of our study group (the EVA

study). Results of POC measurements have been shown to be comparable with the routine laboratory results. Before these devices can be introduced for usage in GP practice, validation of the sensitive D-dimer test using whole blood drawn by a finger prick procedure in primary care setting is needed.

## **Study objective**

The primary objective of this study is an analytic validation of D-dimer tests with capillary whole blood of five different, recently introduced POC laboratory devices compared with a central routine lab D-dimer assay. Secondary objective is a clinical validation according to VTE diagnosis, as a Gold Standard is lacking for D-dimer measurement.

## **Study design**

Prospective cohort study in patients suspected of having a VTE who are referred to a laboratory for a lab D-dimer testing. After written Informed Consent, an additional blood sample will be extracted from the venipuncture that will be used for routine D-dimer testing in order to prepare plasma for a central D-dimer measurement at the Jeroen Bosch Hospital at 's-Hertogenbosch. In addition, a POC D-dimer test will be done using a capillary blood sample drawn from a finger prick.

Three months after the blood draw, the GP will be enquired for the diagnosis of the anonymized patient. The experimental intervention under study is limited to a 11 mL blood draw in addition to the routine-care blood sample drawn from the same venipuncture, and a POC D-dimer test using capillary blood drawn from a finger prick.

For each different POC device, 70 patients will undergo additional testing, which amounts to  $5 \times 70 = 350$  patients in total.

Inclusion period will consist of 2 months at 10 laboratories with a follow-up of 3 months.

## **Intervention**

There is a minimal burden and risk for patients participating in the study, as the only intervention is to take an additional blood sample of 11 mL from the same venipuncture as a regular D-dimer test. Patient management will be completely guided by care as usual and current guidelines under responsibility of the treating physician.

## **Study burden and risks**

Het kost de patiënt 20 minutes extra tijd en het risico bij een capillaire bloedafname is nihil.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

-Patients with suspected Venous ThromboEmbolism, in whom the GP orders a D-dimer test

-Life expectancy more than 3 months

### Exclusion criteria

Exclusion criteria are age below 18; anticoagulant treatment (vitamin K, NOAC, low molecular-weight heparin) for other causes than VTE; pregnancy or a life expectancy less than three months. Unwilling to participate in this study.

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 26-10-2020

Enrollment: 300

Type: Actual

## Ethics review

Approved WMO

Date: 03-02-2020

Application type: First submission

Review commission: METC Brabant (Tilburg)

Approved WMO

Date: 04-06-2020

Application type: Amendment

Review commission: METC Brabant (Tilburg)

Approved WMO

Date: 09-11-2020

Application type: Amendment

Review commission: METC Brabant (Tilburg)

Approved WMO

Date: 28-06-2021

Application type: Amendment

Review commission: METC Brabant (Tilburg)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 26166

Source: NTR

Title:

### In other registers

Register	ID
CCMO	NL71809.028.19
OMON	NL-OMON26166