# Sexual dysfunction and need for help voor sexual problems in patients with mental disorders

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To answer the following questions: a. Do male and female patients receiving treatment or recently treated for mental problems experience more sexual dysfunction compared to an age-matched control group from the general population? b. What is the...

**Ethical review** Approved WMO **Status** Recruiting

Health condition type Sexual dysfunctions, disturbances and gender identity disorders

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON55247

#### Source

**ToetsingOnline** 

#### **Brief title**

Sexual dysfunction in patients with mental disorders

#### **Condition**

Sexual dysfunctions, disturbances and gender identity disorders

#### **Synonym**

sexual disorders, Sexual problems

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Leids Universitair Medisch Centrum

Source(s) of monetary or material Support: Onderzoeksgeld van de polikliniek

Psychosomatische Gynaecologie en Seksuologie LUMC

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#### Intervention

**Keyword:** Hulpbehoefte, Mental disorders, Sexual abuse, Sexual dysfunction

#### **Outcome measures**

#### **Primary outcome**

Self-reported sexual function assessed by validated questionnaires that are completed using a protected online questionnaire software system.

#### **Secondary outcome**

Need for help for sexual problems. Relational functioning, psychiatric symptoms, and sexual and physical trauma assessed by validated questionnaires. Information about the patients diagnosis, the character and duration of the treatment and the medication used, will be derived from the patient files at Rivierduinen.

# **Study description**

#### **Background summary**

Despite data indication a high prevalence of sexual problems among victims of sexual abuse, an association of childhood sexual abuse with psychiatric disorders, and an association of psychiatric problems and sexual dysfunction, there seems to be limited attention in mental health care for sexual functioning of patients with psychiatric disorders including post-traumatic stress disorder. Studies indicate however that psychotherapy for sexual trauma related PTSD has positive effects on mental health, but that sexual problems may not be alleviated and ask for specific care. Research on the prevalence of sexual dysfunction in patients treated for psychiatric problems, the association with sexual trauma, and the need for help for sexual problems is however very scarce, while it may help to determine whether more attention for sexual functioning in mental health care may be valuable.

### **Study objective**

To answer the following questions:

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- a. Do male and female patients receiving treatment or recently treated for mental problems experience more sexual dysfunction compared to an age-matched control group from the general population?
- b. What is the association of type and magnitude of psychiatric symptoms and sexual abuse experience with sexual dysfunction?
- c. To what extend experience patients a need for help for sexual dysfunction?

#### Study design

Observational matched cohort study

#### Study burden and risks

Completion of the online questionnaire will take 40 minutes. There is minimal risks associated with participation; answering questions on sexual function, psychiatric symptoms, and sexual and physical trauma may be experienced as emotionally burdensome.

## **Contacts**

#### **Public**

Leids Universitair Medisch Centrum

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

#### **Patients**

- Age 18 years or older
- Being a patient registered at the outpatient clinic of GGZ Rivierduinen Leiden
- Currently receiving or having recently (at maximum 6 months ago) completed therapy at the outpatient clinic of GGZ Rivierduinen. Therapy means at least 1 appointment with a health professional at GGZ Rivierduinen.

#### Controls:

- Age 18 years or older
- Currently not receiving treatment for psychological or psychiatric complaints.
- No recent (less than 18 months ago) treatment for psychological or psychiatric complaints.

#### **Exclusion criteria**

A potential subject who meets any of the following criteria will be excluded from participation in this study:

- Known intellectual disability (IQ < 80) (Information derived from the psychiatric file)

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

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Control: Active

Primary purpose: Other

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 28-09-2021

Enrollment: 188

Type: Actual

## **Ethics review**

Approved WMO

Date: 03-03-2021

Application type: First submission

Review commission: METC Leiden-Den Haag-Delft (Leiden)

metc-ldd@lumc.nl

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL74823.058.20