

# C1-inhibitor improves efficacy of red blood cell transfusion in patients suffering from autoimmune hemolytic anemia \* an open-labeled pilot trial

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Immune system disorders congenital
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON55361

### Source

ToetsingOnline

### Brief title

C1-Inh in AIHA

### Condition

- Immune system disorders congenital

### Synonym

Anemia, Autoimmune Hemolytic Anemia

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W, Takeda

## Intervention

**Keyword:** AIHA, C1-inhibitor, red cell Transfusion

## Outcome measures

### Primary outcome

- \* improvement of the recovery of RBC transfusion- as defined as a decrease of hemoglobin  $<1$  g/dl (0.6 mmol/L) /24 hrs
- \* inhibition of complement activation and deposition on RBC via the classical pathway of complement
- \* safety

### Secondary outcome

- \* Inhibition of the pro-inflammatory response

## Study description

### Background summary

Autoimmune hemolytic anemia (AIHA) is characterized by premature destruction of red blood cell (RBC) due to autoantibodies directed to RBC antigens with or without activation of the classical pathway of complement. Activation of the classical pathway of complement by autoantibodies of the IgM isotype can lead to life-threatening intravascular hemolysis with an acute consumption of oxygen carriers, resulting in acute tissue hypoxia. However, the efficacy of life-saving transfusion is severely compromised since the RBC autoantibodies react with both recipient and donor RBCs, leading to a rapid destruction of donor RBCs as well. C1-esterase inhibitor (C1-inh) is an efficient inhibitor of the classical pathway of complement. C1-inh is being used for 30 years to treat patients with hereditary angioedema. In addition, C1-inh is successfully used in diseases caused by ischemia-reperfusion injury and sepsis. In all these applications C1-inh turned out to have an excellent safety profile. Because C1-inh is an efficient inhibitor of the classical pathway of complement with an excellent safety profile we hypothesized that C1-inh might inhibit autoantibody mediated destruction of donor RBCs in order to improve efficacy of

RBC transfusion.

### **Study objective**

The aim of the present \*proof-of-principle\* study is to test in patients suffering from AIHA whether co-administration of C1-inh improves the recovery of RBC transfusion by the inhibition of the activation of the classical pathway of complement. In addition, the effects of C1-inh on the pro-inflammatory response in AIHA patients will be investigated.

### **Study design**

This is a prospective, multicenter, national open label study to test the efficacy of C1-inh to improve the efficacy of RBC transfusion in patients with AIHA

### **Intervention**

Patients will receive C1-inh: 6000 Units before the transfusion and thereafter 3000U, 2000U and 1000U every 12 hours

### **Study burden and risks**

-

## **Contacts**

### **Public**

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### **Scientific**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- \* Positive (\*1+) monospecific antiglobulin test for C3b and/or C3d with/without positivity for IgM OR strongly positive (\*3+) monospecific antiglobulin test for C3b and/or C3d with positivity for IgG
- \* Indication for a transfusion with at least 2 red packed cell concentrates based on the clinical assessment by the hematologist in charge
- \* Hemoglobin value at least  $< 3$  mmol/L (5 g/dl) with/without clinical symptoms
- \* Clinical signs of hemolysis: not-detectable haptoglobin (mandatory) and increased lactate dehydrogenase (LDH) eventually combined with hyperbilirubinemia (increased direct and/or indirect bilirubin), lactate.
- \* Age  $\geq 18$  years
- \* Written informed consent
- \* Women of child bearing potential must have had a negative serum pregnancy test 7 days prior to the start of study drug

### Exclusion criteria

- \* History of arterial and/or venous thromboembolic events in the absence of an actual treatment with Vitamin K-antagonists
- \* Concomitant use of therapeutic doses of heparin
- \* Female patients who are pregnant or breast feeding or adults of reproductive potential who are not using effective birth control methods. If barrier contraceptives are being used, these must be continued throughout the trial by both sexes. Oral contraceptives only are not acceptable.
- \* Patients with known HIV seropositivity or chronic active hepatitis
- \* Patients who have any severe and/or uncontrolled medical condition

## Study design

## Design

Study phase:	2
Study type:	Interventional
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Treatment

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	04-06-2014
Enrollment:	10
Type:	Actual

## Medical products/devices used

Product type:	Medicine
Brand name:	C1 esterase inhibitor
Generic name:	cinryze
Registration:	Yes - NL outside intended use

## Ethics review

Approved WMO	
Date:	27-11-2012
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	08-01-2013
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	21-03-2013
Application type:	First submission
Review commission:	METC Amsterdam UMC
Approved WMO	

Date:	26-03-2013
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	24-01-2014
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	28-01-2014
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	08-04-2020
Application type:	Amendment
Review commission:	METC Amsterdam UMC
Approved WMO	
Date:	23-04-2020
Application type:	Amendment
Review commission:	METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
EudraCT	EUCTR2012-003710-13-NL
CCMO	NL41820.018.12

**Register**

Other

**ID**

NL8164